

MAIN MENU

SNACKS

S&F TANDOOR NAAN BREAD, MANGO CHUTNEY (V)	6
Calories per 100g 222 kcal	
ROAST CHICKPEAS & WHIPPED FETA (V)	6
Calories per 100g 222 kcal	
NOCELLARA OLIVES (VG) (GF)	6
Calories per 100g 222 kcal	

THE REAL CURE CHARCUTERIE

The Real Cure uses traditional curing, fermenting, air drying & smoking techniques to make exceptional British charcuterie. Based at Hartgrove Farm in Dorset, The Real Cure are pioneers of the British charcuterie movement. Our bespoke processes have been refined over many years, enabling us to create consistently outstanding British charcuterie.

VENISON SALAMI, SLOE & GARLIC	7.25
Calories per 100g 222 kcal	
DORSET BRESAOLA	7.50
Calories per 100g 222 kcal	
DORSET HARTGROVE COPPA	7
Calories per 100g 222 kcal	
THE 'REAL CURE' SHARING BOARD	20
Venison Salami, Bresaola, & Coppa	
Calories per 100g 222 kcal	

STOKES MARSH FARM BEEF

Our outstanding Aberdeen Angus & Hereford crossed herds from Stokes Marsh Farm, create our impeccable choice of beef. Walter Rose & Son are proud to guarantee your steak's superb quality time and again.

Cooked over charcoal and served our roast garlic & herb steak butter
Fries & Dorset watercress
Calories per 100g 225 kcal

35 - DAY DRY AGED BEEF FILLET 200G GF	40
35 - DAY DRY AGED BEEF RIBEYE 300G GF	36
35-DAY DRY AGED BEEF SIRLOIN 300G GF	38
STEAK SAUCES	
SWEET CHILLI & BBQ GF	4
RED WINE & THYME JUS GF	4
PEPPERCORN GF	4

CLIVE COBB DORSET SMOKEHOUSE

Clive uses centuries old techniques of brining, curing and smoking to the often-forgotten cuts of meat creating extraordinary smoked meats from his local smokery here in Dorset. These are ancient arts which take patience and time but are well worth the wait, the true test is in the tasting...

BEEF SHORT RIB GF	30
Soy & Ginger Glaze, Coconut Rice, Sweet Pickled Cucumber, Crispy Onions Calories per 100g 262 kcal	
SMOKED BEEF BRISKET, WILD MUSHROOM RAVIOLI	21
Pecorino, Truffle Oil Calories per 100g 324 kcal	
SMOKED PIG CHEEK CARBONARA	19
Gnocchi, Smoked Pig Cheek, Spinach & Parmesan Calories per 100g 238 kcal	
SMOKED PASTRAMI REUBEN ON SOURDOUGH	19
Smoked Beef Pastrami, Gruyere Cheese, Sauerkraut, Mustard Calories per 100g 238 kcal	

TO START

STOKES MARSH FARM BEEF FILLET CARPACCIO GF	13
Beetroot Puree, Parmesan Shavings, Capers Calories per 100g 161 kcal	
OUR OWN CURED & SMOKED SALMON	13
Wholemeal Tin Loaf, Lemon, Pickles & Gribiche Sauce Calories per 100g 222 kcal	
MASALA SPICED HALLOUMI V	10
Carrot & Coriander Houmous, Poppadom Crisp Calories per 100g 222 kcal	
SMOKED HADDOCK ARANCINI	12
Creamed Leeks Calories per 100g 198 kcal	
DUCK & PORK SAUSAGE ROLL	11
Kimchi, Gouchang Aioli Calories per 100g 324 kcal	
FILLO CIGARILLOS, KALE & HARISSA PESTO VG	10
Butternut Bombay Calories per 100g 183 kcal	
CRISPY COD CHEEKS GF	11
Garlic Aioli Calories per 100g 252 kcal	
WHIPPED CHICKEN LIVER PARFAIT	11
Wholemeal Tin Loaf, Bacon Jam, Crispy Onions Calories per 100g 202 kcal	

FROM THE LAND & SEA

CATCH OF THE DAY	MARKET PRICE
Seasonally changing seafood and shellfish based on local availability. Calories per 100g 189 kcal	
BUTTERNUT SQUASH, GOATS CHEESE & QUINOA CROQUETTE V	17
Spiced Roasted Butternut Squash, Raisins Marinated in Earl Grey Calories per 100g 189 kcal	
FIRE ROASTED & GLAZED ½ CHICKEN GF	24
Piri Piri Fries Calories per 100g 298 kcal	
CRISPY COD CHEEKS, FRIES GF	22
Garlic Aioli Calories per 100g 252 kcal	
GYOZA SHITAKE MUSHROOM, MISO NOODLES VG	17
Stir fry Vegetable & Soy Broth Calories per 100g 302 kcal	
S&F HOUSE BURGER	19
Hoddington Beef Burger, Pretzel Bun, Bacon Jam, Pickles, Fries Calories per 100g 265 kcal	
SUN BLUSH TOMATO & BASIL RISOTTO V GF	18
Parmesan Calories per 100g 198 kcal	

SIDES

COWBOY CHORIZO BEANS	6
Calories per 100g 154 kcal	
BAKED SWEET POTATO, YOGHURT & POMEGRANATE V GF	6
Calories per 100g 149 kcal	
DORSET WATERCRESS, GEM & ROQUETTE VG GF	6
Calories per 100g 117 kcal	
CORN RIBS WITH SWEET CHILLI VG GF	6
Calories per 100g 293 kcal	
ROASTED CARROTS IN MASALA BUTTER V GF	6
Calories per 100g 189 kcal	
TATER TOTS WITH BACON JAM & MOZZARELLA	6
Calories per 100g 122 kcal	
FRIES OR CHUNKY CHIPS VG GF	4.5
Calories per portion 202 kcal	

(V) Vegetarian (VG) Vegan (DF) Dairy Free (GF) Gluten Free

Adults need around 2000 kcal a day.

We can't thank you enough for visiting and we hope that you are staying safe and well.

We welcome everyone into our restaurant but please remember to always inform us of any allergies or intolerances so we can employ additional controls when serving your food or drink. VAT Charged at current market rate



TO FINISH

FINISH OFF YOUR MEAL WITH ONE OF OUR HOMEMADE DESSERTS FROM OUR
PASTRY CHEF ANNA

CHOCOLATE & COFFEE OPERA (V)	10
Coffee Parfait, Chocolate Tuile & Coated Coffee Beans Calories per 100G 275 kcal	
SALTED CARAMEL TART (V)	10
Cornflake Crunch, Raspberry Calories per 100G 322 kcal	
PEACH MELBA CHEESECAKE (VG) (GF)	9
Roast Peaches, Raspberry Coulis & Streusel Crumb Calories per 100G 255 kcal	
'STRAWBERRIES & CREAM' (GF)	9
New Forest Strawberries, Meringue, Black Pepper & Clotted Cream Parfait Calories per 100G 180 kcal	
STICKY TOFFEE PUDDING	9
Vanilla Ice Cream, Salted Caramel Sauce Calories per 100G 135 kcal	
S&F SELECTION OF ICE CREAM	9
Calories per 100G 190 kcal	
BRITISH CHEESE SELECTION	15
TUNWORTH	
Soft, creamy cow's milk cheese from Hampshire	
ISLE OF WIGHT BLUE	
Rinded soft blue cheese is made with pasteurised Guernsey cows' milk	
WESTCOMBE CHEDDAR	
Deep Flavour, mellow tang, and long notes of hazelnut, caramel and citrus	
ROSARY ASH	
A full fat cheese with a clean fresh flavour and no goaty after-taste	
Fudges Crackers, Grapes, Celery & Cherry Tree Chutney Calories per 100G 362 kcal	

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