



Postoperative Instructions for Closed Nasal Reduction

1. This procedure is performed to attempt correction of a recent acquired external nasal deformity. The procedure may be done in the office or require a brief general anesthesia. Sometimes, the injury may be so severe such that future surgeries are needed to try and correct residual deformity.
2. Bloody nasal drainage may last for a few days. Use a nasal drip pad as needed.
3. A cast may be placed over the nose. Leave it in place. It will be removed one week later.
4. There may be splints sutured inside the nose. These are removed 7-14 days after surgery. The nose may be very congested. It will improve with time.
5. Do not blow the nose for 2 weeks.
6. No strenuous activity for 2 weeks. No contact sports for 6 weeks.
7. Antibiotics and pain medications may be prescribed. Advil/Motrin may be taken for pain or fever.
8. Sleep with the head elevated in a recliner or on 3-4 pillows for the first week after surgery.

I, _____, confirm that I have read and understand the information provided before the date of surgery.

Signature

Date