Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	rch 2 sted Living & Memory	2023	9:00 Water painting (MC) 10:00 World Compliment Day (1stFNHL) 11:00 1st Methodist Meeting 2:00 Sensory Boxes (MC) 3:00 Sonshine Visits-Skilled Nursing (Meet in Bailey) 4:00 Worship Service (Chapel)	10:30 Silver Sneakers (Cooper) 11:00 Silver Sneakers (MC) 2:00 Brain Games (MC) 3:00 Hymn Stories w/Chaplain Joey Estes (Cooper)	10:00 Technology Class-Cell Phone Help (Cooper)2:00 Donnie Hurley presents "Elvis"	10:00 Virtual Exercise (Ch. 900) 2:00 Bingo – (Cooper)
8:30 Sunday School - Chapel 9:00 Worship - Chapel 9:15 FBC SS/Pick up 10:15 FBC Worship Pickup 1:00 1st Bapt. Columbia Worship (Channel 6) 4:00 PM Stretches (Ch. 900)	1:30 Book Club – Mitford Book Meeting – 1st Floor N. Library 2:00 Flower Arranging (MC) 3:00 Hydroponic Gardening (Cooper) 4:00 1st Baptist Fellowship meeting	10:30 Silver Sneakers (Cooper) 11:00 Silver Sneakers (MC) 2:00 Garden Walks (weather permitting) (MC) 3:00 Journey to Spain (Cooper) Ann Thompson & Nancy Smith	9:00 Color Therapy (MC) 10:00 Gift Shop Volunteers Training – Meet in Gift Shop 11:00 1st Methodist Meeting (Chapel) 2:00 Sensory Boxes (MC) 3:00 Floral Art – Cooper – see pictures on Count-me-In board 4:00 Worship Service (Chapel) Miriam Corley	10:30 Silver Sneakers (Cooper) 11:00 Silver Sneakers (MC) 2:00 Music & Memory (MC) 3:00 Hymn Stories w/Chaplain Joey Estes (Cooper)	2:00 Ice Cream Social in the	11 10:00 Virtual Exercise (Ch. 900) 2:00 Bingo – (Cooper)
Brain Awareness Week & 12 Celebrating Color Therapy 8:30 Sunday School - Chapel 9:00 Worship - Chapel 9:15 FBC SS/Pick up 10:15 FBC Worship Pickup 1:00 1st Bapt. Columbia Worship (Channel 6) 4:00 PM Stretches (Ch. 900) Daylight Saving Time Begins	9:00 Ball Toss (MC) 10:00 Tile Art (Arts & Crafts Room) 2:30 April Activity Planning Meeting 1st FNHL) 3:30 Flower Arranging (MC) 3:45 Residents on Mission (Cooper)	10:00 Bingo (1stFNHL) 10:30 Silver Sneakers (Cooper) 11:00 Silver Sneakers (MC) 1:30 Irene Murphy will be doing Handcials (Facial on the hands) – Cooper – please sign up 2:00 Garden Walks (weather permitting) (MC)	Wear Blue 9:00 Water Painting (MC) 10:00 Brain Games & Color Therapy - 1st Flr N Library 11:00 1st Methodist Meeting (Chapel) 2:00 Walmart Trip – sign up 4:00 Worship Service (Chapel)	Wear Orange or Yellow 10:30 Silver Sneakers (Cooper) 11:00 Silver Sneakers (MC) 12:00 March Birthday Bash (AL DR) 2:00 Music & Memory (MC) 3:00 Resident Council – Lg. Conference Room Carolyn Blakely & Frances Steinacker		10:00 Virtual Exercise (Ch. 900) 2:00 Bingo – (Cooper)
8:30 Sunday School - Chapel 9:00 Worship - Chapel 9:15 FBC SS/Pick up 10:15 FBC Worship Pickup 1:00 1st Bapt. Columbia Worship (Channel 6) 4:00 PM Stretches (Ch. 900)	Spring Door Hangers with Katelynn – Cooper 2:00 Flower Arranging (MC) 3:00 Comedy Hour w/ Mark Lowry - Cooper	10:30 Town Hall (Chapel) 11:00 Silver Sneakers (MC) 2:00 Golf Cart Rides (weather permitting) 3:00 Golf Cart Rides (weather permitting) (Front Lobby)	10:00 Chickenfoot Dominos (1st FNHL) 11:00 1st Methodist Meeting (Chapel) 2:00 Progressive Hand & Foot card game – GA 2nd fl. Room 3:00 Sensory Boxes 4:00 Worship Service (Chapel	11:00 Silver Sneakers (MC) 2:00 Music & Memory (MC) 3:00 Hymn Stories w/Chaplain Joey Estes (Cooper)	9:00 Scent Therapy (MC) 10:00 Technology Class – Advanced Internet Applications (Cooper) 11:45 March Birthday Bash (AL DR) 12:00 March Birthday Bash 2:00 Smoothies in the Sunroom (MC) 3:00 Celebrate Anything Day! (Cooper)	10:00 Virtual Exercise (Ch. 900) 2:00 Bingo – (Cooper)
8:30 Sunday School - Chapel 9:00 Worship - Chapel 9:15 FBC SS/Pick up 10:15 FBC Worship Pickup 1:00 1st Bapt. Columbia Worship (Channel 6) 4:00 PM Stretches (Ch. 900)	9:00 Ball Toss (MC) 10:45 Lunch at Sweet Catherine's – ign up even if you want to drive ourself 3:00 Hymn Sing-a-Long with Sandra Tapp & Jean Cann - Chapel	10:30 Silver Sneakers (Cooper) 11:00 Silver Sneakers (MC) 2:00 Garden Walks (weather permitting) (MC) 3:00 Super Bingo (Cooper)	9:00 One on one visits (MC) 11:00 1st Methodist Meeting (Chapel) 2:00 Ice Cream Float party (MC) 3:00 50's Soda Shop party (Cooper) 4:00 Worship Service	10:30 Silver Sneakers (Cooper) 30 11:00 Silver Sneakers (MC) 2:00 Music & Memory (MC) 3:00 Hymn Stories w/Chaplain Joey Estes (Cooper)	10:00 Technology Class – Internet Resources (Cooper) 2:00 Popsicles in the Sunroom (MC)	Color Therapy Month!! All Activities Subject to Change