FAMILY INFORMATION SHEET:
HAVING THE TALK AT HOME

AT SCHOOL WE HAVE BEEN TALKING ABOUT:

- organs and the amazing things they do
- organ donation and the positive, life-saving impact it can have.

Find out what we have been learning at **givingtohelpothers.org** or **orgamites.com**

WHY HAVE THE TALK AT HOME?

The truth is there are rarely enough organs available for those in need, and part of the reason for this is that not enough people are talking to their loved ones about organ donation.
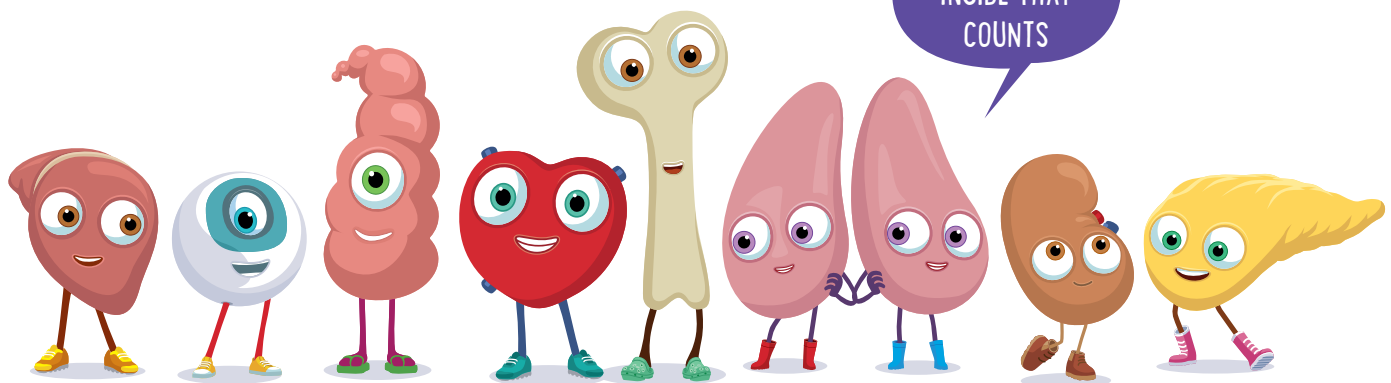
'Giving to Help Others' and the Orgamites want to help families talk about how amazing organ donation can be so that:

- more people will choose to be donors – life-saving superheroes
- more families will understand and honour each other's wishes
- the next generation will understand the power of organ donation and it will become normal.

A SIMPLE TALK NOW CAN SAVE LIVES LATER

Ask your child what they have been learning about organ donation and share your thoughts with the whole family.

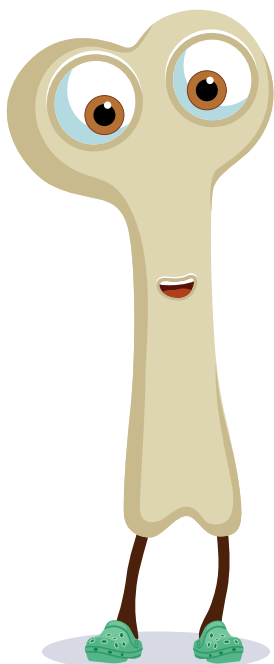## THESE ARE THE ORGAMITES AND THEY ARE ON A MISSION TO GET MORE PEOPLE TALKING ABOUT ORGAN DONATION

ITS WHAT'S INSIDE THAT COUNTS

Giving to help others

TEAM Margot

ORGAMITES

NHS Blood and Transplant

FAMILY INFORMATION SHEET:
HAVING THE TALK AT HOME

TIPS TO HELP YOU HAVE THE TALK

Here are some tips to help you talk with your family about what you would like to happen to your organs.

- Include your whole family in the talk.

- Don't rush straight in to it, with anyone of any age.

- Don't force a member of the family to listen or talk about it.

- Look online together to find out the answers to any questions you have (www.organdonation.nhs.uk/faq)

- When you start the talk, be confident and positive – the other person will react to your emotions.

- Remember that organ donation can save or transform lives.

SOME AMAZING FACTS TO HELP GET THE CONVERSATION STARTED:

Around 6,000 people in the UK are waiting for an organ transplant

1 organ donor can save or transform up to 9 lives

Around 8 in 10 people in the UK support organ donation

But...

Just over 1/3 of adults in England have shared their choice with their family

Families are more likely to agree to donation if they know their loved one wanted to be an organ donor