## SUSAN HARPER CONTINUUM WILDERNESS DEPTHS RETREAT JUNE 26-JULY 3, 2020 BUCKHORN SPRINGS ASHLAND, OR

In a Continuum
Depths Retreat
we dive in mystery
magic and
healing happen,
outworn skins shed,
and we emerge
with a deeper sense
of creativity and love.

Treat yourself to a luxurious time of moving, meditating, musing and dancing in a self-regulating process of discovery.



With innovative perceptual inquiry we dwell in the surrounding wilderness.

We offer our whole-hearted attention and receive the astonishing nourishing gifts of nature.
We meet what is wild all around us and what is wild within.

## WHAT WILL WE DO?

In deep long movement dives, we slow down, and transform through gentle breathing, primordial vocalizing, and engage a multi-faceted movement range that may be both dynamic and tender. We explore the intelligent dynamics of the elements—water, air, fire, earth, and space—in our bodies; deepening our inherent connection to the wild breathing planetary body. We melt and restore in spacious Silence.

This retreat includes a "soul quest" time where we are in collective silence for two day.



**SUSAN HARPER** opens portals of exploratory consciousness. She has the ability through demonstration of sounds, breaths, and movement to transmit a primal and spiritual fluidity that inspires participation, resulting in embodied innovative discoveries. She teaches internationally and has been contributing to Continuum since 1975, and has taught 100s of Continuum Depths Retreats. Hubert Godard,

David Whyte, Michael Meade, and Lama Drimed have also inspired the themes in this work.

Buckhorn Springs Retreat Center offers a beautiful hand-crafted meeting room, garden grown meals, and mineral springs in a stream that runs through acres of forests and meadows. This is an ideal indoor and wilderness setting for a Continuum Wilderness Depths Retreat. Ours is the only event happening at Buckhorn.

Preference given for experienced Continuum participants.

LOCATION: Buckhorn Springs Retreat Center Ashland, OR 97520 RETREAT FEE: Includes tuition, accommodations, and meals for 7 nights:

Camping - \$1270, Double - \$1480, Single - \$1790

TO RESERVE a space in this training: SEND \$150 non-refundable registration fee payable to: Continuum Montage LLC 3751 Motor Ave Suite 34757 Los Angeles CA 90034

Online registration available after January 1st at www.continuummontage.com

CANCELLATION POLICY: Final balance due May 15, 2020. All payments non-refundable after May 15, 2020.

CONTACT Helene at: susanharper2012@qmail.com www.ContinuumMontage.com

WORKSHOP TIMES: Check in at 4pm the first day and we end by 1pm on the last day. Closest airport is Medford, OR

