Deeper Still

A Continuum based body (and life) exploration

Deeper Still...
A series for those who have had at least intro level Continuum experience.

During this four week series we will spend time immersing ourselves in the depths of our being.
We will use sound, breath, and attention to explore our own life waters as they unthaw, swirl, and emerge, and we will let ourselves be moved by the current of our own fluid nature.

Register by December 28th at myfluidnature.com

When: Jan 2, 9, 16, 23
9:00am-11am MDT
Where: In the comfort of your own home or wherever you choose to be, but wrapped in our mutual field together.

$60 for the series if paid before first class.
$20 per class for drop ins
(must be arranged before each class)