

Embodying Embryology

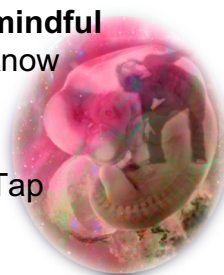
A Continuum Exploration

with **Cherionna Menzam-Sills** PhD, RCST, RSMT/E

In this **2-day workshop**, we use **gentle sounds, breath & mindful movements** of **Continuum** to **return to fluid rhythms** we know in **the womb**. Inspired by images & descriptions of **embryo development**, we cultivate our **embryonic intelligence**.

Learn directly from your own body how this miracle occurs. Tap into this mystery to support your health and creative responsiveness in your daily life now!

Floating quietly in our private ocean, we begin as a single cell. We mysteriously organize our developing body tissues around an energetic midline. Exquisitely expressing bio-cosmic intelligence, our human form emerges & continues emerging throughout our lives.



February 8th – 9th, 2020

Saturday 10:30 a.m. – 5:30 p.m.; Sunday 10:30 a.m. – 4 p.m.

£115 (early bird price £95 before January 15th, 2020)

The Grove School, The Grove Totnes TQ9 5ED

Cherionna Menzam-Sills began teaching Embryology through Movement in 1997 as part of her doctoral studies in Pre- & Perinatal Psychology. She is a Continuum teacher, authorized by founder Emilie Conrad in 2007. She also practices & teaches Biodynamic Craniosacral Therapy in America and Europe, often with her husband, Franklyn Sills. Biodynamics involves perceiving and augmenting embryological forces to support health and well-being throughout the life span. Originally from Canada, Cherionna lives in Totnes, where she has a private practice.

Drawing on over 40 years' experience as a therapist, she is committed in her work & life to embodied presence. This workshop is the expression of years of study and creative exploration of our journey of fluid embodiment.



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More information: www.birthingyourlife.org