



CV-Homecare

Recommendations list

// Setting parameters

CV-Homecare /

The Cellvital Homecare (CV-HC) System is easy to set-up:

1. Select the program (Relax, Basis, or Vital)
2. Select the intensity of application (Sensitive, Medium, or Intensive)
3. Select the application time (8, 16, or 24 minutes)

Press START ... and on you go!

The CV-Homecare System's settings may also be personalized. Indeed, each setting can be modified according to your needs.



CV-HC Mat
Applicator for the whole body

CV-HC – applicators usage /

The following applicators may also be used, with specific directions, for a targeted application. A list of all the setting parameters can be found in the following pages.



CV-HC Pillow

For targeted treatment of specific body parts



CV-HC RapidAct Pen-probe

For local focused treatment and treatment of dental problems



CV-HC EyeCare

For improvement of the area around the eyes (bags under the eyes)



CV-HC HeadCare

For targeted treatment of tinnitus and upper cervical

CV-HC Settings suggestions BASIS program /

USE the Relax and Vital Programs with your physicians advice

** How to select the intensity level: push the “MEDIUM” button until the indication “INT = 05” starts blinking on the display. By pushing the arrow buttons near the display, you can decrease or increase the intensity level, until you reach the desired one.

Recommendations (beginning use. please adjust according to your physicians guidance)	WHOLE BODY APPLICATOR		LOCAL APPLICATOR		Notes
	Level **	Duration/times per day	Level **	Duration/times per day	
Eyes:	Level 1	8 mins 1x daily	Level 1	8-16 mins 2x daily	Use of the EyeCare-Appl is recommended
Allergies:	Level 3-8	8-16 mins 3x daily			Insinuate when using the whole body applicator
Osteoarthritis:					
Cervical osteoarthritis	Level 1-2	8 mins 1-2x daily	Level 3-5	24 mins 2-3x daily	Comfortable position
Thoracic osteoarthritis	Level 1-2	8 mins 1-2x daily	Level 5-6	24 mins 2-3x daily	Comfortable position
Lumbar osteoarthritis	Level 1-2	8 mins 1-2x daily	Level 8-10	24 mins 2-3x daily	Comfortable position
Coxarthrosis (hip)	Level 1-2	8 mins 1-2x daily	Level 8-10	24 mins 2-3x daily	
Gonarthrosis (knee)	Level 1-2	8 mins 1-2x daily	Level 7-10	24 mins 2-3x daily	
Osteoarthritis of the shoulder	Level 1-2	8 mins 3x daily	Level 5-7	24 mins 2-3x daily	
Foot and ankle osteoarthritis	Level 1-2	8 mins 1-2x daily	Level 8-10	24 mins 2-3x daily	
Osteoarthritis of the hand	Level 1-2	8 mins 1-2x daily	Level 10	24 mins 2-3x daily	Use of the stick applicator is recommended
Pseudo-osteoarthritis	Level 3-6	8 mins 3x daily	Level 6-8	24 mins 1-3x daily	Pillow intensity depends on the area
Autoimmune disease:	Level 3-6	8 mins 3x daily	Level 3-8	16 mins 2x daily	
Hepatitis, ulcerative colitis, scleroderma, and many more					
Respiratory diseases:	Level 3-6	8 mins 3x daily	Level 2-4	16-24 mins 3x daily	Insinuate when using the whole body applicator; place the pillow on the chest
Asthma, bronchitis, and many others					
Acute asthma attack	Level 6-10	16-24 mins 1x daily			
Blood pressure: (hypertension)	Level 1-2	8 mins 2-3x daily	Level 1-2	16 mins 2x daily	Local applicator from the nape to the hairline
Blood pressure: (hypertension)	Level 3-5	8 mins 2-3x daily	Level 3	16 mins 1x daily	
Blood circulation disorders:	Level 1-3	8 mins 2x daily	Level 3-6	24 mins 2x daily	Local applicator on the area affected by the blood circulation disorder
(Varicose ulcer)					
Elbow: osteoarthritis; tennis elbow; golfer's elbow; muscles, tendons or vessels injuries; limited mobility;	Level 3-6	8 mins 1x daily	Level 6-10	16-24 mins 2-3x daily	
accident; rehabilitation; surgeries and many more					

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Recommendations (established by a physician)	WHOLE BODY APPLICATOR		LOCAL APPLICATOR		Notes
	Level **	Duration/times per day	Level **	Duration/times per day	
Fractures:	Level 3-6	8 mins 3x daily	Level 4-8	24 mins 2-3x daily	
Foot: osteoarthritis; blood circulation, disorders; gout; sprains; swelling; strains; tibiotarsal, tendons, muscles or nerves injuries; pes valgus, overpronation of the foot, pes cavus or flat foot; bunion; contusion; rehabilitation; accident; surgery and many more	Level 3-6	8 mins 1-2x daily	Level 9-10	24 mins 2-3x daily	
Gynaecology: inflammations and ovarian cysts; hormonal disequilibrium; myomas; menopausal disorders; menstrual disorders; premenstrual syndrome and many more	Level 1-4	8 mins 1-2x daily	Level 1-4	16 mins 2x daily	Insinuate when using the whole body applicator; 8 minutes on the tailbone and 8 minutes on the pubic bone
Urinary tract and male genitalia: urinary tract disorders; impotence; kidney diseases; prostatic hyperplasia and many more	Level 1-4	8 mins 2-3x daily	Level 3-6	16 mins 2x daily	Local applicator on the pubic spine, 8 minutes each
Hand: osteoarthritis; carpal tunnel, syndrome; furuncles; hair loss; lupus erythematosus; atopic injuries; accident; rehabilitation; muscular injuries; surgery; trigger fingers; limited mobility and many more	Level 3-6	8 mins 1x daily	Level 5-8	24 mins 2-3 x daily	
Dermatological diseases: acne; bedsore; eczema; Furunkel, Haarausfall, Lupus erythematoses, dermatitis; psoriasis; hyperhydrosis; burns; injuries and many more	Level 3-6	16 mins 3x daily	Level 3-8	16-24 mins 2-3x daily	Insinuate when using the whole body applicator; use the local applicator on the problem areas
Heart: angina pectoris; heart attack; heart rhythm disorders; heart failure; bypass; coronary artery disease; arteriosclerosis; pace-makers and other implanted electronic devices do not represent a contraindication.	Level 1-3	8 mins 3x daily	Level 2-3	8 mins 2x daily and 8 mins thoracic spine	Local applicator onto the rib cage for 8 minutes
Hip: dislocation; malformation; osteoarthritis; myalgia; femoral head necrosis; nerve injury; hip replacement; bursitis; accident; rehabilitation and many more	Level 1-3	8 mins 1x daily	Level 4-6	16-24 mins 2-3x daily	Move the local applicator anteriorly, laterally and posteriorly of the hip.
Infectious diseases: children	Level 1-3	8 mins 3x daily			Contraindication: temperature over 38°

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Recommendations (established by a physician)	WHOLE BODY APPLICATOR		LOCAL APPLICATOR		Notes
	Level **	Duration/times per day	Level **	Duration/times per day	
Dental and jawbone diseases: if the treatment is carried out at the doctor’s office at least 3 times per week, the application time can be extended (e.g. 16 minutes instead of 8).	Level 3-6	8 mins 1x daily	Level 3-6	8-16 mins 3-4x	Punctual application with the stick appl.
Knee: osteoarthritis; tendons, nerves or muscles injuries; blood circulation disorders; meniscus; ligament injuries; knee replacement; bursitis; patella fracture; surgeries; rehabilitation and many more	Level 3-6	8 mins 2x daily	Level 6-8	16-24 mins 2-3x daily	
Liver and gallbladder:	Level 1-6	8 mins 2x daily	Level 1-4	16 mins 2x daily	Use the local applicator locally
Migraine: prevention of acute migraine attack	Level 1-3	8 mins 2x daily	Level 1-2	16-24 mins 1-2x daily	Local applicator on the nape
			Level 5-10	16-24 mins 1-2x daily	Local applicator on the nape
Sinusitis:	Level 1-6	8 mins 2x daily	Level 4-8	8 mins 2x daily	Punctual application with the stick applicator
Nervous system: paralysis; polyneuropathy; neuralgia; herpes zoster; spinal cord injuries; sensitivity impairments; multiple sclerosis and many more	Level 1-6	8 mins 2x daily	Level 1-4	16 mins 2x daily	Insinuate when using the whole body applicator; always start with level 1; use the local applicator on injured or impaired areas
Ears: tinnitus	Level 1	8 mins 1x daily	Level 1-5	8-16 mins 2x daily	Local applicator with the headphone applicator
Osteoporosis: prevention	Level 4-10	16-24 mins morning			3 months minimum
Fractures prevention	Level 1-5	24 mins noon			
	Level 1	8-16 mins evening			
Psyche: stress; restless legs syndrome; fear; anxiety; depression; sleep disorders and difficulties at falling asleep; lack of energy; ADD; ADHD; schizophrenia and many more	Level 1-4	8 mins 2-3x daily			
Burn-out syndrome	Level 1	24 mins evening			Slowly insinuate! Begin with 2 minutes
Shoulder: muscles and tendons inflammation; joint capsule injuries; myalgia; nerve injuries; frozen shoulder; osteoarthritis; blood circulation disorders; rotator cuff; strains; accident; cervicobrachialgia; surgery; rehabilitation, bursitis and many more	Level 1-3	8 mins 1x daily	Level 2-4	16-24 mins 2-3x daily	

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Recommendations (established by a physician)	WHOLE BODY APPLICATOR		LOCAL APPLICATOR		Notes
	Level **	Duration/times per day	Level **	Duration/times per day	
Sport applications, sport injuries: strains; tennis elbow; muscle, ligaments and tendons tears; dislocations; sprains; contusions; contractions; muscular soreness and many more	Level 3-6	8 mins 3x daily	Level 6-10	16 mins 3x daily	
Sport training:	Level 3-10	8 mins 3x daily			
Sport-related regeneration:	Level 1	8 mins 1-2x daily			Right after training
Metabolism:					
Adiposity	Level 1-3	8 mins 2-3x daily			
Gout	Level 1-4	8 mins 2-3x daily	Level 5-10	16-24 mins 2-3x daily	
Diabetes mellitus	Level 1-3	8 mins 2-3x daily	Level 1-10	24 mins 1x daily	
Thyroid (hypo-hyper)	Level 1-2	8 mins 2-3x daily	Level 1-2	8 mins 2-3x daily	
Thyroid sub-functioning	Level 1-2	8 mins 2-3x daily	Level 1-2	8 mins 2-3x daily	
Thyroid supra-functioning	Level 1-2	8 mins 2-3x daily			
Digestive system: constipation; pancreatitis; gastroesophageal reflux disease; digestive disorders; gastric and duodenal ulcer; gastritis; Chron's disease; ulcerative colitis; diarrhoea and many more	Level 1-3 Level 1 beg.	8 mins 2-3x daily	Level 1-4	8-16 mins 2x daily	Whole body applicator and local applicator (always place the local applicator onto the belly)
Venous diseases: hemorrhoids; thrombophlebitis; varicose veins and many more	Level 1-4	8 mins 2x daily	Level 1-4	24 mins 1x daily	Start by insinuating
Cervical spine: osteoarthritis; intervertebral discs; osteochondrosis; osteoporosis; nerve injuries; rehabilitation; vertebrae, spinal cord, muscles or skin injuries; twisted neck; cervical syndrome; contractions; accident; surgeries and many more	Level 1-6	8 mins 1-2x daily	Level 1-2	24 mins 2-3x daily	Relaxed posture for the whole spine, the local applicator can also be used in a sitting position
Thoracic spine: osteoarthritis; intervertebral discs; osteoporosis; nerve injuries; rehabilitation; vertebrae, spinal cord, muscles or skin injuries; scoliosis; accident; whiplash; surgeries and many more	Level 1-6	8 mins 1-2x daily	Level 2-4	24 mins 2-3x daily	
Lumbar spine: spinal disc herniation; spondylolisthesis; lower back pain, paralysis; nerve injuries; back strain; rehabilitation; vertebrae, spinal cord, muscles or skin injuries; contractions; accident; surgeries and many more	Level 1-6	8 mins 1-2x daily	Level 4-6	24 mins 2-3x daily	



Quantum Cellular Medicine “QCM” is the segment of medicine that focuses on **cell function** and **cell communication** in the diagnosis, treatment, and maintenance of health and wellness in the human body.

Medical Science is developing exponentially to a level where we know far more today about what is going on our cells and how our cells communicate.

There are today technologies, products and protocols which allow for healing at a fraction of the time and the extension of life with optimum health.