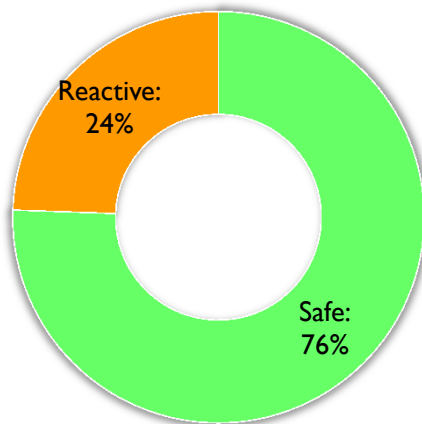


IgG Food Sensitivity Lab Results

name:	date of birth:	age:	gender:	patient id:	test report date:
John Smith	1/1/2010	44	M	11111	Jan 1st, 2017

Overview of Foods Tested



*Gut Permeability:

Moderately Compromised

Reactive Foods:

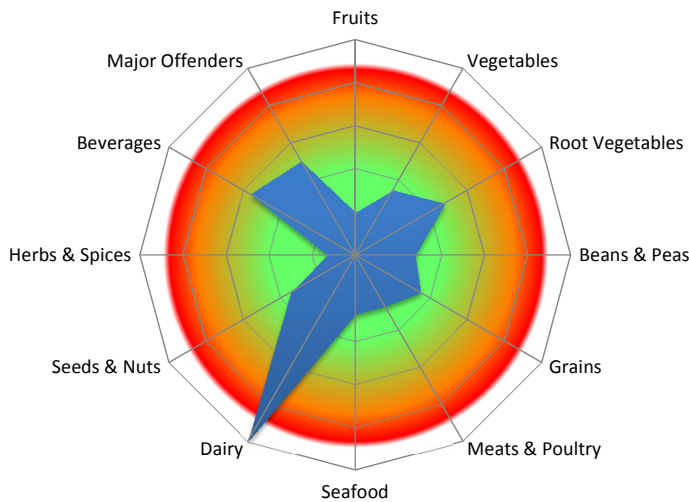
22

24%

Recommendation:

2-3 Month Elimination

Sensitivity Map by Food Groups



Interpretation of Analysis

This analysis is a general overview of the status of your gut permeability and where the majority of your sensitivities fall, in each food group tested.

*Gut Permeability is based solely on the percentage of reactive foods compared to the total foods tested. Scientific evidence suggests that a compromised lining of the intestine will allow more foods to pass the barrier and enter the blood stream. Therefore the more reactive foods, the more compromised the gut may be. This is not intended to be a diagnosis of intestinal permeability.

Further diagnostic testing is recommended if our findings show a compromised gut.

The *General Sensitivity Map by Food Groups* shows where the majority of your sensitivities fall, by each food group.

IgG Food Sensitivity Lab Results

name: _____ date of birth: _____ age: _____ gender: _____ patient id: _____ test report date: _____

0	●	●	●	●	Safe (No Reaction)
1	●	●	●	●	Mild
2	●	●	●	●	Moderate
3	●	●	●	●	Severe

Fruits

1	●	●	●	●	Orange
0	●	●	●	●	Apple
0	●	●	●	●	Banana
0	●	●	●	●	Blueberry
0	●	●	●	●	Cherry
0	●	●	●	●	Grape
0	●	●	●	●	Lemon
0	●	●	●	●	Lime
0	●	●	●	●	Peach
0	●	●	●	●	Pear
0	●	●	●	●	Pineapple
0	●	●	●	●	Strawberry
0	●	●	●	●	Watermelon

Vegetables

1	●	●	●	●	Asparagus
1	●	●	●	●	Avocado
1	●	●	●	●	Lettuce
1	●	●	●	●	Spinach
0	●	●	●	●	Bell Pepper
0	●	●	●	●	Broccoli
0	●	●	●	●	Button Mushroom
0	●	●	●	●	Cabbage
0	●	●	●	●	Cauliflower
0	●	●	●	●	Celery
0	●	●	●	●	Cucumber
0	●	●	●	●	Eggplant
0	●	●	●	●	Kale
0	●	●	●	●	Olive
0	●	●	●	●	Tomato
0	●	●	●	●	Zucchini

Root Vegetables

1	●	●	●	●	Beet
1	●	●	●	●	Carrot
0	●	●	●	●	Onion
0	●	●	●	●	Potato
0	●	●	●	●	Sweet Potato

Beans & Peas

2	●	●	●	●	Soybean
0	●	●	●	●	Chickpea
0	●	●	●	●	Green Beans
0	●	●	●	●	Green Pea
0	●	●	●	●	Kidney Bean
0	●	●	●	●	Lentil

Grains

1	●	●	●	●	Corn
1	●	●	●	●	Wheat
0	●	●	●	●	Barley
0	●	●	●	●	Malt
0	●	●	●	●	Oat
0	●	●	●	●	Rice
0	●	●	●	●	Rye
0	●	●	●	●	Tapioca

Meats & Poultry

3	●	●	●	●	Egg White
0	●	●	●	●	Beef
0	●	●	●	●	Pork
0	●	●	●	●	Chicken
0	●	●	●	●	Egg Yolk
0	●	●	●	●	Turkey

Seafood

1	●	●	●	●	Tilapia
0	●	●	●	●	Salmon
0	●	●	●	●	Sardine
0	●	●	●	●	Shrimp
0	●	●	●	●	Trout
0	●	●	●	●	Tuna

Dairy

2	●	●	●	●	Cow's Milk
2	●	●	●	●	Yogurt
1	●	●	●	●	Goat's Cheese
1	●	●	●	●	Goat's Milk

Seeds & Nuts

1	●	●	●	●	Canola
1	●	●	●	●	Peanut
0	●	●	●	●	Almond
0	●	●	●	●	Cashew
0	●	●	●	●	Cocoa
0	●	●	●	●	Coconut
0	●	●	●	●	Safflower
0	●	●	●	●	Sunflower

Herbs & Spices

0	●	●	●	●	Basil
0	●	●	●	●	Black Pepper
0	●	●	●	●	Chilli Pepper
0	●	●	●	●	Cinnamon
0	●	●	●	●	Garlic
0	●	●	●	●	Ginger
0	●	●	●	●	Mustard Seed
0	●	●	●	●	Turmeric
0	●	●	●	●	Vanilla

Beverages

1	●	●	●	●	Coffee
0	●	●	●	●	Tea

Major Offenders

2	●	●	●	●	Casein
1	●	●	●	●	Candida Albicans
1	●	●	●	●	Cane Sugar
0	●	●	●	●	Baker's Yeast
0	●	●	●	●	Brewer's Yeast
0	●	●	●	●	Gluten
0	●	●	●	●	Whey