

A Booklet for Hosts



WHAT TO EXPECT FROM YOUR POWER SOCCER CLINIC



www.powersoccerusa.org



www.powersoccergroup.org



WELCOME TO THE SPORT OF POWER SOCCER!

Thank you for deciding to host a power soccer clinic! We are excited you have taken a leadership role by offering this opportunity to local power wheelchair users. We are confident this will be a valuable program to your community and are happy to help you get it off the ground.

This guide will help you understand your role as the host and will outline the responsibilities of each party. We are invested in your success and look forward to a great clinic!



THE FACILITY

In most cases the host will be responsible for securing the facility for the clinic, so it is essential that an appropriate, accessible facility be secured.

When booking the facility, accessibility must be forefront, from plenty of spaces in the parking lot to an accessible entrance, accessible bathrooms and most importantly the gym. Small elevators to access gymnasiums are discouraged. A regulation indoor basketball court with a wood floor is ideal, but clinics have taken place in covered pavilions, school cafeterias, churches and large meeting rooms. The basic requirements is a large space, 95' x 50' feet, free of obstructions, with a smooth surface and room for active play without potential damage to walls, furniture or equipment. Be



sure to check with the facility to find out what kind of tape they allow to be used on their floor for marking. If the facility is being considered for a permanent program, proximity to accessible public transportation is a big plus.

If there is an additional space in the facility we can add another dimension to your clinic with a DVD presentation about power soccer to parents/caretakers/vendors. This is a great way to showcase the sport to those unfamiliar with the it and prepare them for what they are about to witness. This approach also lets the clinic trainer target a few individuals who may stand out as future leaders/volunteers of your program. This scenario is not required, nor always available as it requires an additional person to conduct this mini-introduction. Ask your clinic coordinator about your options.



GETTING THE WORD OUT

As host, you will want to reach out to all resources in your community to ensure a successful clinic. Obviously, the potential athletes are your first concern. To publicize the clinic in your area, you should provide your information to all local digital and print media including community calendars with a public service announcement and/or press release and invite them to do a story as well. Local wheelchair vendors, rehab hospitals, schools and colleges are also places to distribute information about your upcoming clinic.

We will provide an official press release for your event and a custom flyer. This flyer will give detailed information about your event as well as highlight and promote any sponsors that you have attained. As host, you will receive two versions of the flyer, one specifically designed for printing and distributing and the other will be a low resolution flyer for sending electronically or to post on your web site, should you have one.

Your confirmed event will be announced on the PSDG website under “events” and the USPSA national web site. Your clinic coordinator will also work with you to determined the best places to distribute the flyers.

Visit PSDG's Website for our current list of events!
powersoccergroup.org



Join us at our new athlete clinic!
OCTOBER 14, 1-4 pm

CALL NOW
316-293-8874

THE BEST SPORT ON FOUR WHEELS

Designed specifically for power wheelchair users, athletes' disabilities include quadriplegia, multiple sclerosis, muscular dystrophy, cerebral palsy, and more!



Cincinnati, Ohio Clinic





■ GAIN INDEPENDENCE
Power soccer leaves friends and family on the sideline so you can participate in a sport all on your own.



■ BUILD SELF-CONFIDENCE
Learn the value of hard work in a team sport environment. Strengthen social skills and foster a sense of belonging.



■ JOIN A COMMUNITY
Power soccer is more than just a sport. It's also a supportive group of people who are willing to share life experiences.

TRY IT OUT!



Oklahoma City Clinic

×6 REQUIRED NUMBER OF PARTICIPANTS

The minimum size of a clinic is 6. Talk to your coordinator about your specific clinic and the minimum requirements.

As host, you will be responsible for collecting the RSVP's. It is critical RSVP's are taken so the trainers are properly prepared. A clinic usually can handle 12 athletes. If the response to a clinic is over 12-15, a second clinic may be desirable.



DAY OF THE CLINIC SETUP

The facility should be scheduled so the clinic trainers will have access to the gym 1 hour prior to the clinic to prepare for the arrival of the participants. A 6' table is requested to be used as a sign-in table for each participant and volunteer. Each participant/guardian will be required to sign a waiver to participate. Flyers and other handouts will also be available here.

It is customary to tape the floors with the lines of the game. Typically, we use low adhesion 2" painters tape (blue) for this purpose. It can be found at your local hardware, do-it yourself centers. We ask that the host provide 2 rolls of tape for the clinic. Your clinic trainers will be responsible for taping the floors.

The average time span for a clinic is three - four hours. Plan for one hour for set up and guard attachment, followed by introductions, drills and scrimmage which will be another 2 hours, depending on the number of participants. Approximately 30 minutes will be needed at the end of the clinic for closing remarks/comments, removing guards, and clean-up.



This was Emily's first experience playing power soccer. As you can see, she is not using a traditional footrest. In clinic situations, modifications can be made to adapt a guard for a hard to fit wheelchair. In this case, Emily is using a milk crate.



COSTS

The PSDG is a 100% volunteer organization and the clinic presenters and coordinators give of their personal time to travel to conduct a clinic. Through our generous sponsors, we are able to cover the cost of travel in most cases. Overnight accommodations may be necessary depending on the distance the clinic coordinator and trainers have to travel. We will try and alleviate any expenses on the hosts end, but in some cases we may ask for assistance. Any questions regarding travel expenses, payments, lodging, etc should be discussed with your clinic coordinator prior to the clinic.

Ideally, we would hope there would be little to no costs for a host to book the facility. In many cases, a facility will donate the space for a power soccer clinic once they find out what it is for. In some cases, they may give you a special discounted rate to help cover the janitorial fees or utilities. We would discourage you from paying full price for any gym, and as of this printing, we have had none that have charged. Clinic hosts are encouraged to seek sponsors/donors for the clinic. In addition to helping with costs, donors may be able to provide lodging, food, drink supplies, printing, etc.

If you choose to print or snail mail the flyers for distribution, you will be responsible for the cost of printing and mailing. In the world of technology today, we find that e-mailing the clinic information is the most economical.

We suggest that you do not plan your clinic over a meal period. If your clinic is scheduled over a meal period, or if your clinic is a day long clinic, offering a light meal, (i.e. pizza, sandwiches) is appreciated. Providing snacks and water for a 3-4 hour clinic is recommended. Meals and snacks provided during the clinic are done so at the host's expense.



VOLUNTEERS

The more people involved in your clinic the better. Invite people who you think will be part of your program long after we are gone. Physical, recreational or occupational therapists are great resources for your program. Additionally, local wheelchair vendors, local soccer clubs, teachers, and other volunteer organizations may have good candidates. The PSDG and or USPSA will bring the opportunities of power soccer to your area, but it will be the community that will help to support, build and maintain a strong program.



Burlington, New Jersey Clinic (2012) host invited a local girls soccer club to come out and help for the evening, involve your community!



Houston, Texas clinic (2010) now has six teams in their area.



Conferences and trade shows are another way to educate people to the sport of power soccer.



Wichita, Kansas Clinic



CHECKLISTS

HOST RESPONSIBILITIES

- ☐ Secure a gymnasium or appropriate facility to host the clinic.
- ☐ If desired, secure a break-out room for audio/visual presentation.
- ☐ Provide the clinic coordinator with the name, address, date and times of facility.
- ☐ Provide the clinic coordinator with a contact phone number and e-mail for the flyer.
- ☐ Update the clinic coordinator as to the number of RSVP's secured a week out.
- ☐ Notify your clinic coordinator if the press or any other special visitors will be at your clinic.
- ☐ Provide a 6' table inside/outside gym entrance.
- ☐ Secure volunteers to assist.
- ☐ Distribute flyers, press release to community and media.
- ☐ If clinic is scheduled over a meal period, provide light meal such as pizza and/or snacks/drinks.
- ☐ Arrange for accommodations for the clinic team, if needed.
- ☐ Contact potential sponsors/donors for financial and/or in-kind donations/services/ supplies.



CHECKLISTS

PSDG/USPSA RESPONSIBILITIES

- ☐ PSDG/USPSA will provide all of the necessary equipment to properly conduct the clinic, i.e. foot guards, ball(s) pennies, cones.
 - ☐ Will provide qualified trainers to conduct your clinic, in most cases a skilled athlete will be in attendance.
 - ☐ Will provide the host with a drill booklet and other training materials to help get the team started.
 - ☐ Will design a promotional flyer for the host to print or electronically distribute.
 - ☐ Will provide a Press Release to the host to distribute, if needed.
 - ☐ Will post your clinic on the PSDG & USPSA national web site.
 - ☐ Can provide a Certificate of Insurance to the facility. Please allow 10 days. If the facility is to be additionally insured, please provide name and address for the policy.
 - ☐ Will provide the waivers and promotional material the day of the clinic. *Waiver can be provided ahead of time for any 18 year old and under player who may attend without parent/guardian as their signature will be required.*
 - ☐ Will be available as a resource after your clinic.
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The United States Power Soccer Association, is a 100% volunteer organization and conducts over 25 clinics, exhibitions and presentations a year throughout the US. In addition, the USPSA web site attracts many foreign visitors inquiring about the sport of power soccer. These leads are handed over to the International Organization, FIPFA.

The Power Soccer Development Group is a 501 c3 organization and is dedicated to growing the sport of power soccer across the country. We work to support the USPSA in their mission to educate and introduce the sport to all who can benefit.

