



BECOMING A GLOBAL CITIZEN

A Mentoring program for 8th grade girls



**North County
African American
Women's Association**

An Overview

This program began in 2015 at King Middle School in Oceanside after nearly 9 months of meetings between an NCAAWA Officer and an Administrator at King Middle School. The decision was made after the NCAAWA Board of Directors met to discuss where there were educational gaps in the community that could benefit from a collaborative partnership.

After launching a pilot in 2015 that received a small incentive grant from the Staples Foundation, the organization and the school were convinced they had laid a strong foundation. The new program for 8th grade girls would introduce them to areas where life-skills become increasingly important to life outcomes as they transition to high school and beyond.

Young girls at this juncture in their development and school transition are vulnerable to today's societal challenges: Peer pressure, bullying, lack of self-confidence and self-reliance, and assimilation needs all create anxieties that can lead to poor choices, which too often are the result of inept life skills.

NCAAWA has developed a unique mentoring opportunity that would offer support structure and collaborative partnerships that are instructive and engaging, providing essential elements for successful development and laying a foundation for model citizenship.



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The Mantra: Know Thyself

PROGRAM GOAL

To provide 8th grade girls with life skills and academic support that will prepare them to recognize and practice the qualities of self-confidence, human compassion, effective communication and decision making skills that lead to making smart choices to increase potential for positive life outcomes.

OBJECTIVES

- To understand the characteristics of a global citizen and their importance to success.
- To develop and enhance positive self-esteem.
- To practice and understand basic etiquette and manners and their impact on success.
- To understand verbal and non-verbal communication and the traps that limit effective communication.
- To understand the importance of appropriate dress and makeup and that how one presents one's self defines others' perceptions.
- To know the emerging health hazards that can affect one's body and mind.
- To understand money matters; the benefits of saving; balancing one's needs vs. wants and education funding.
- To value and respect cultural diversity and community service
- To demonstrate human compassion as evidenced by practicing random acts of kindness.



CHARACTERISTICS OF A GLOBAL CITIZEN

CONFIDENT – SELF VALUE

RESPECT FOR SELF & ENVIRONMENT

COMPASSIONATE/GIVING – CARES FOR OTHERS

FLEXIBLE- TOLERANT

OPEN TO OTHERS WHO ARE DIFFERENT

MAKES SMART CHOICES

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MANTRA: "KNOW THYSELF"