

NEW!



AULTCARE'S
PRIMETIME
HEALTH PLAN

TELEHEALTH NOW COVERED IN YOUR HEALTHCARE PLAN

WHAT IS TELEHEALTH?

Telehealth is the use of technology, such as computers, tablets, and mobile devices, to access healthcare services remotely. A webcam or built-in video camera uses technology to evaluate, diagnose, and care for patients at a distance without visiting a physician's office.

Telehealth is appropriate to use with your established Primary Care Physician or healthcare specialists.

WHEN TO USE TELEHEALTH?

Telehealth is a popular option to speak with your physician from the comfort of your home. It is frequently used for primary care and simple follow-up visits. Telehealth is not required, but you can opt-in to this service if it is more convenient for you and your schedule.

Additionally, telehealth is an excellent alternative to an urgent care clinic or the Emergency Department for non-emergency situations.

Advantages of Telehealth

- Speak with your physician or specialist from the comfort of your home.
- In inclement weather, stay inside your home without having to miss or cancel your scheduled appointment.
- Save on transportation time driving to and from a physician's office.
- By staying home, you can avoid the risk of exposure to illness.

Telehealth Options Offered by your Health Plan

- Primary Care Physician
- Physician Specialist Services
- Individual Sessions for Mental Health Specialty Services
- Individual Sessions for Psychiatric Services
- Opioid Treatment Program Services
- Individual Sessions for Outpatient Substance Abuse

Through a telehealth visit, copays for your physician's appointment apply.
Telehealth is only available through PrimeTime Health Plan's in-network physicians.

**Before scheduling a telehealth appointment,
please confirm your Primary Care Provider or specialist offers telehealth services as an option.**