



RESTAURANT

la Quintessence

READY TO GO MENU BISTRO

Available everyday from 11:30 a.m. to 5:30 p.m

APPETIZERS

GOAT CHEESE PASTRY & GRENOBLE SALAD

With tomatoes, radishes, walnuts, new potatoes, prosciutto

\$ 18

HAND CUT BEEF TARTARE

Classic garnish

\$ 19 / \$ 36

CEASAR SALAD

Garlic croutons, fried capers, parmesan & bacon

\$ 19 / \$ 26 with chicken

NIÇOISE SALAD

Egg, edamame beans, tomatoes, anchovies, olives, croutons & tuna

\$ 19 / \$ 26

HOMEMADE SMOKED SALMON

Blinis, sour cream, chives & scallions

\$ 22

MAIN DISHES

GRILLED MAPLE SALMON

Mashed potatoes, olive oil and scallions

\$ 27

SIRLOIN

Mixed greens and french fries, choice of sauce : blue cheese, pepper or mushroom

\$ 32

BISON SPARE RIBS

Homemade smoked ketchup, mashed sweet potatoes and grilled corn

\$ 29

POUTINE QUINTESSENCE

With pulled duck confit

\$ 19

Q BURGER

Choice of chicken or beef, homemade smoked mayonnaise with french fries

\$ 29

THE PIZZAS

PIZZA TUTTO VESTITO (All dressed)

Mushrooms, red peppers, red onions, pepperoni, passata, basil

\$ 19

PIZZA VERDURA (Vegetarian)

Mozzarella, cherry tomatoes, red & yellow peppers, red onions, mushrooms, passata, basil

\$ 19

Taxes in extra



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CHILDREN

12 years and under

Plate of raw vegetables and cheese

10

Toasted cheddar cheese sandwich

12

Pasta with tomato sauce or butter

12

Homemade chicken fingers, fries or salad

11

Beef filet, fries or salad

16

Salmon filet, fries and salad

12

Beef burger, fries or salad

12

All dressed

*Mozzarella, mushrooms, red peppers, red onions,
pepperoni, basil*

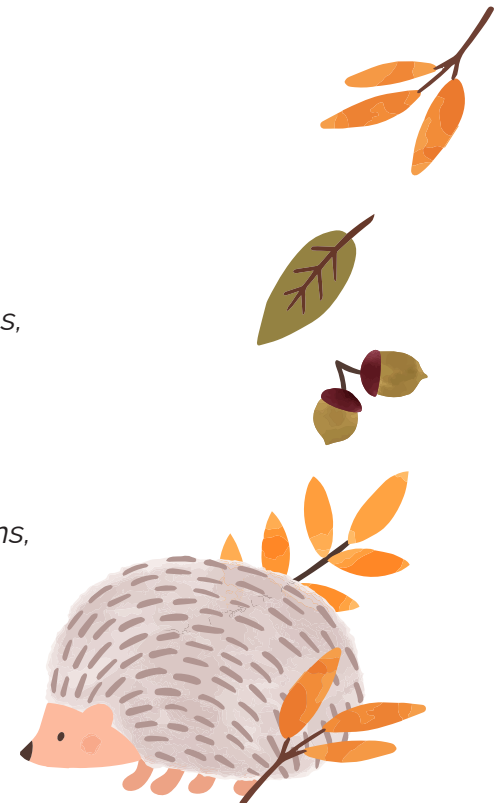
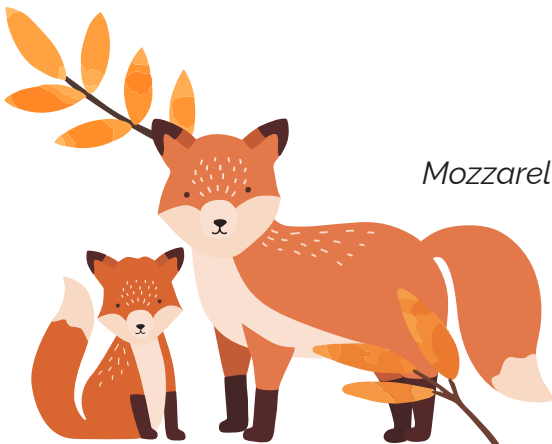
19

Vegetarian

*Mozzarella, cherry tomatoes, peppers, red onions,
mushrooms, basil*

19

Taxes in extra





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THE DESSERTS

VANILLA CAKE, LIME & LEMON MOUSSE

\$ 14

CHOCOLATE, HAZELNUTS
& BAILEY'S CAKE

\$ 14

QUÉBEC FINE CHEESES

& Nut mix

(3) \$ 19

CREATE YOUR OWN SWEET PLATE

\$ 2.50 each.

Passion Fruit chocolate

Sea-salt caramel

Pistachio Cinnamon Chocolate

Black ganache

Gianduja

Macaroon

Taxes in extra

To order

819-425-3400