

HEALTHTALKS

APRIL 2019



Healthier, together.™

All HealthTalks are free and open to the public, but require reservations.

5 FRIDAY

GERD: Symptoms, Causes and Treatment

Aultman Alliance Community Hospital, noon-1 p.m.
Jonathan Hlivko, M.D., Alliance Gastroenterology



Learn the causes, treatment and how to recognize the common symptoms of gastroesophageal reflux disease (GERD).

8 MONDAY

Benign Prostatic Hyperplasia (BPH): Minimally Invasive Treatment Options

North Canton Medical Center, 6-7 p.m.
Steven E. Ochs, M.D., Urology One



Looking for relief from an enlarged prostate without medication or major surgery? Join us to learn about the UroLift System, a proven approach to BPH treatment.

10 WEDNESDAY

Stroke Prevention in Atrial Fibrillation

North Canton Medical Center, 6-7 p.m.
M. Rizwan Sardar, M.D., Cardiovascular Consultants



Do you have atrial fibrillation? Learn about a simple heart procedure that can help prevent stroke and may allow you to stop taking blood thinners.

10 WEDNESDAY

Breast Health

Aultman Orrville Hospital, 6-7 p.m.
Anna Connair, RN, Certified Nurse Midwife



Breast cancer is the most common cancer in women. Join Anna as she discusses breast care, including screening recommendations and 3D mammography.

16 TUESDAY

Balance and Exercise

North Canton Medical Center, 1-2 p.m.
Jeremy Cline, MS, Physical Therapist



We take our balance for granted but it is a vital part of our daily life. Join us to learn elderly balance activities, exercises and balance training to reduce your risk of falling.

ABCs OF MEDICARE (presented by AultCare)

Learn what you need to know as you approach Medicare eligibility. This educational meeting will help you and your loved ones navigate through the Medicare network as we prepare you for tomorrow.

- **Tuesday, April 16, 6 p.m.**
Aultman Alliance Community Hospital
- **Thursday, April 18, 6 p.m.**
Massillon Recreation Center
- **Wednesday, April 24, 6 p.m.**
Cleveland Clinic Union Hospital
- **Thursday, April 25, 6 p.m.**
North Canton Medical Center
- **Tuesday, April 30, 6 p.m.**
Aultman Orrville Hospital

LOCATIONS

Aultman Alliance Community Hospital
200 E. State St., Alliance

Aultman Orrville Hospital
Community Room, 832 S. Main St., Orrville

Cleveland Clinic Union Hospital
659 Boulevard, Dover

Massillon Recreation Center
505 Erie St. North, Massillon

North Canton Medical Center
Entrance A, 6046 Whipple Ave. NW, North Canton



COMMUNITY EDUCATION



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