

RED RIVER E.N.T. ASSOCIATES

DR. CHRISTIAN WOLD

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VERTIGO PRECAUTIONS

1. Do not drive until vertigo symptoms completely resolve.
2. Do not tip your head forward as you would to brush your teeth, or lean over as you would to tie your shoes for at least 48 hours.
3. No climbing or heavy lifting until vertigo symptoms completely resolve.
4. Please call our audio department at 318-443-9773 (Ext. 228) to schedule a followup for recent vertigo.

Christian J. Wold, MD