

RED RIVER E.N.T. ASSOCIATES

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POST-OP INSTRUCTIONS FOR P.E. TUBES and ADENOIDECTOMY

1. Following insertion of P.E. tubes, there may be drainage of clear fluid, pus, or even blood. This drainage should resolve within 1 – 2 days following surgery.
2. Ear drops (Floxin or Ciprodex) could have been prescribed to be used in the ears for approximately three to five days following your child's surgery. As long as the tubes are in, this is the only type of medicated drops I want used.
3. There is no need to worry about water in the ears as long as the child is not submerged in bath water. The child may swim in a chlorinated pool without plugs. I would not let the child swim in a pond or lake water as long as the tubes are working.
 - a. If you wish, plugs can be made in our office. These can be obtained for a charge of \$10 to \$50 dollars or silicone putty can be obtained and I will show you how to use it on the weekly postoperative visit.
4. If your child's adenoids were removed, you may notice a small amount of bloody discharge or blood tinge sputum. If this bleeding lasts for more than a day or if there is a large amount of bleeding from the nostrils and/or spitting up blood, notify the doctor immediately. There is usually a very bad breath and runny nose caused by an adenoidectomy that you would see starting day 2 or 3 and lasting about 1-1/2 weeks.
5. Removing the adenoids and inserting the ear tubes causes little postoperative pain and usually is alleviated with regular OTC (over the counter) Tylenol or Motrin. A prescription for Tylenol with codeine will be prescribed if needed (if you child is not allergic to this). Sometimes the child becomes very fussy and irritable on or around the 3rd day. This is from the irritation of the throat muscles following the adenoidectomy.
6. Your child may resume a normal diet, usually by that afternoon or evening following surgery but further instructions will be given by staff on the day of the surgery.
7. If the ear(s) were to drain pus or sometimes bloody discharge in the future, this is an ear infection. Start the drops that were given at surgery and call the office if drainage doesn't subside in the next 2 days or if the child is also running feve,r an antibiotic may need to be called in so call the office during business hours for a prescription to be called.
8. Lastly, we will call to check on your child usually between 4 – 6 p.m. on the evening of the surgery; but if you have any questions or problems, call the office sooner. An appointment

will be made for two weeks following surgery to see me. We will see you on a yearly basis to monitor the progression of the tubes until they are out.