

GENERAL SURGERY INSTRUCTIONS

1. **NO ASPRIN OR ASPRIN BASED MEDICATIONS** SUCH AS EXCEDRIN OR BC POWDER, DIET PILLS, HERBAL MEDICATIONS ARE TO BE TAKEN 2 WEEKS PRIOR TO SURGERY UNLESS YOUR DOCTOR STATES OTHERWISE. IF YOU ARE ON BLOOD THINNERS, PLAVIX/COUMADIN, ETC., THEN LET YOUR DOCTOR KNOW THIS AND STOPPAGE WILL BE DISCUSSED (THERE USUALLY STOPPED 3 DAYS PRIOR TO SURGERY AND USUALLY RESTARTED 3 DAYS AFTER SURGERY.
2. ALL PRESCRIPTIONS ARE TO BE STARTED AFTER SURGERY i.e., PAIN MEDS, ANTIBIOTIC, EAR DROPS, AND ORAL RINSE.
3. IF YOU ARE HAVING SINUS SURGERY MEDROL DOSE PACK IS TO BE STARTED 2 DAYS BEFORE SURGERY & THEN RESTARTED THE DAY AFTER SURGERY, ON THE PILL PACK THAT SHOULD BE DAY 3.
4. THE FACILITY YOU ARE HAVING SURGERY WILL CONTACT YOU THE DAY BEFORE WITH THE TIME TO BE THERE FOR SURGERY.
5. NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE SURGERY. IF YOU DO, SURGERY WILL BE CANCELLED.
6. PLEASE NOTIFY OFFICE BEFORE SURGERY IF THERE IS FEVER, SIGNIFICANT COUGH, OR ANY VIRAL LIKE INFECTIONS (NAUSEA, VOMITTING, PINK EYE, ETC.)