Application – Adult Life Care Program

Thank you for your interest in North Dakota Teen Challenge. Our program is designed to help those who are struggling with life-controlling chemical dependency issues and who desire a Christian, faith-based approach to recovery.

To complete the admissions process you must:

- Carefully review all of the information in this packet to determine if our program is right for you. If not, please contact our admissions office to request a referral list of other programs.

- Complete the attached application (please print legibly) and fax or mail it to the address below. If you receive assistance in completing this application, or want us to correspond with any other persons regarding your application, be sure to complete the attached “Authorization for Release of Confidential Information” form.

North Dakota Teen Challenge
Attention: Admissions Department
1406 2nd St NW
Mandan, ND 58554
Phone: (701) 667-2131
Fax: (701) 663-3494

NDTC is a voluntary program. Upon receipt of your application, an admissions representative will contact you and begin processing your application. The length of the application review process can vary, but usually takes approximately 5 to 10 business days. In processing applications, a number of things are taken into consideration including: mental health conditions, medical conditions, past and present legal issues, funding eligibility, and level of care required.

It is important that your contact information is current. If you submit an application and have relocated, please be sure to notify our Admissions Department of your current contact information.

Important Applicant Information:

- Applicants will not be admitted without a photo identification and social security card. If you do not possess these items at the time of application, please begin the process to receive them before admittance.

- Applicants must go through detoxification prior to entry if needed.

- Applicants are strongly encouraged to enter the program with at least a 30-day supply of all current prescribed medications (with the exclusion of prescribed narcotics).

- A physical examination is required prior to admissions (See Page 15). Some applicants may be approved for admissions prior to having a physical examination, provided they agree to have a physical immediately upon entering our program. The student will be responsible for the cost of the physical exam. Test for HIV, STD’s, Tuberculosis and Hepatitis are required as part of the physical exam.

Thank you again for your interest in our program. We look forward to the opportunity to help you in your recovery from drug and alcohol abuse.

** Upon Returning This Application**

Application must be submitted with a $40.00 non-refundable application fee.

Application will not be processed without this fee.
Application – Adult Life Care Program

Program Policies & General Information (Please keep pages 1 - 6 for your records.)

The North Dakota Teen Challenge (NDTC) Life Care Program is a Christian residential recovery program. It consists of at least 12 months of instruction using a spiritual education model. The program assists individuals in permanently recovering from drug and alcohol abuse and the life-controlling problems associated with it.

NDTC does not discriminate on the basis of race, color, creed, religion, sex, national and ethnic origin, marital status, public assistance, sexual orientation, family status, or disability in the administration of its educational, admission, or program policies procedures.

Applications must be committed to complete the entire program to be eligible for admission. Program participants (students) are required to participate in daily devotions, chapel, individual discipleship, choir and classes. Daily assignments are a program requirement. Students who do not keep up with their daily assignments and those who fail to demonstrate satisfactory growth may be required to stay beyond the 12 month period.

Each student will have access to our “Student Manual” which covers the policies of the program. NDTC reserves the right to make changes in policy whenever necessary. When a change in policy occurs, students and staff will be notified and the “Student Manual” will be updated to reflect the change. Highlighted below are some basic requirements/guidelines all NDTC students are expected to adhere to while in the program. This is not a complete list of rules, but will serve as a basic example of what will be expected:

Appearance & Dress Code

Personal hygiene must be maintained in a neat and clean manner. Students are not allowed to bring any hygiene items which contain any form of alcohol in the first three ingredients. Please be sure to check ingredients before packing hygiene items.

- Dress requirements for students include two main dress codes:
  - Class/Special Events dress:
    Males- collared shirts or nice t-shirts*, casual slacks, dress jeans or shorts, dress shoes.
    Females- shirts*, blouses, casual slacks, skirts, dresses, dress jeans or shorts (tank tops may be worn with a shirt over it), dress shoes.
  - Leisure/recreational dress:
    Shorts (must cover ¾ of thigh), t-shirts*, sweat pants, and jeans.

*Please do not bring t-shirts which include images portraying drugs, alcohol, tobacco, skulls, or secular bands.

- Students may not wear jewelry or hairstyles that attract unusual attention. Hair color must be of a normal color.

Approved Personal Belongings

The following is a list of items students should bring if they have them*. If the student does not have these items and does not have the means to purchase them, many of these items may be provided at no cost.

- Clothing: See dress code above. Winter/rain/light jacket, gloves, underwear, socks, etc.
- Toiletries (no alcohol in first three ingredients): soap, comb, toothbrush/toothpaste, shampoo, deodorant, razor/shaving cream, blow dryer.
  - Females: makeup, sanitary items, etc.
- Linens: blanket, pillow/cases, twin sheets, towel/washcloth.
- Medications: 30 day supply of all prescription medications (excluding prescribed narcotics), non-prescription medications

*Please note, due to space limitations students may only bring two suitcases worth of belongings.
Application – Adult Life Care Program

Prohibited personal belongings

Storage space for personal items is limited. Due to this, students will only be allowed to bring two suitcases worth of belongings. In addition to the two suitcase limit, students may not bring any of the following items. If they do, they will be required to immediately dispose of them or mail them home at their own expense.

- Expensive jewelry/clothing or other valuable items
- Items of sentimental value
- Electronics: DVD players/DVD’s, video games, radios, i-Pods, MP3 players, stereos, TV’s, electronic reading devices, computers, cell phones.
- Musical instruments (unless approved by Director)
- Hygiene items which include any form of alcohol in the first three ingredients
- Bath salts, aerosol cans, and any liquids which have already been opened or used
- Recreation equipment/games
- Tools of any kind
- Weapons of any kind
- Drugs/paraphernalia, alcohol, or tobacco
- Personal vehicles
- Clothing portraying drugs, alcohol, tobacco, skulls, or secular bands
- Literature including: books, magazines, newspapers which are not of a Christian nature

Employment/Work Study

Due to the nature and schedule of our program, students may not actively be employed throughout the duration of their recovery.

- Students are required to participate in work-study assignments. All students will be required to participate in general housekeeping and clean-up assignments.
- Students will be scheduled to participate in up to 30 hours of work-study activities per week.
- Students voluntarily participating in other work-study assignments will allow them to learn new or refine existing skills.

Mail/Visitation

- Students may receive visits from their personal physician, religious advisor, county case manager, attorney, and parole/probation officer at any reasonable hour.
- Correspondence will be limited to those who have been approved. Mail from those who have not been approved will be returned to the sender.
- Students may temporarily lose phone, mail, or visitor privileges if they are caught manipulating the system.

Medical/Dental Care & Prescription Medications

Students are responsible for all their health care expenses.

- Students are required to obtain a summary of each medical and dental visit prior to leaving the place of treatment and must provide the information to their staff immediately upon return to NDTC.
- Students should bring enough prescription medication to last at least 30 days, and bring it in their original containers bearing appropriate labels.
- Students are required to take prescription medication exactly the way their doctor prescribes it. If subsequent medical treatment or behavioral issues arise as a result of a refusal to take prescribed medications, the student may be discharged from the program.
- Resident students are not permitted to take narcotics and certain other medications. Please see the Prohibited Medications document in this packet.

Possession/Use of Drugs, Alcohol, & Tobacco

Possession and/or use of drugs, alcohol, and tobacco are prohibited while enrolled in our program.

- Drug and/or alcohol tests may be administered at any time to students without prior notice. Students who test positive for drugs and/or alcohol use while in our program will face disciplinary action and possible discharge from NDTC.
- Students, their rooms, and their personal property may be searched at any time without prior notice or approval.
Application – Adult Life Care Program

Program Fee Information

North Dakota Teen Challenge average monthly cost per student is approximately $3,000. Every student receives financial assistance. All students will be responsible for only $500 per month room fee with the first payment due at the time of admission.

The only funding available through NDTC is from the Department of Corrections and Rehabilitation. In order to be eligible, one of the following must apply:

- You must be on parole or supervised probation.
- Be court ordered to NDTC with supervised probation.
- Be approved for funding through the Department of Corrections and Rehabilitation.
- Go through Interstate Compact and be approved by North Dakota Department of Corrections and Rehabilitation. (For out of state applicants that are on parole/supervised probation).

Daily Schedule

Students are required to participate in all daily scheduled programming and activities, with the exception of optional recreational activities. A typical week day at NDTC would include devotions, chapel, classroom education, and group/individual discipleship.

- In addition to this schedule, students are expected to participate in group choir rehearsals and weekly evening church groups at different churches in the local community.
- Saturday’s are less structured and include time in the afternoon for visits from approved family and friends as well as passes for upper level students.

Program Outline

The NDTC program consists of four levels. Each level focuses on the recovery and spiritual and emotional wellness of the student. The paragraphs that follow give a general outline and approximate timeline of each level:

Level One (approximately 14 weeks)

In level one, students attend classes that promote life recovery in the areas of: chemical dependency, anger management, personal relationships, family dynamics, depression, self-acceptance, and maintaining a chemical-free lifestyle.

Level Two (approximately 12 weeks)

In level two, students attend a series of classes designed to assist in the development of personal character and in the facilitation of healthy relationships with others. Students also work independently on materials focusing on their specific personal and family issues. They continue receiving these materials throughout the remainder of the program as they address each major issue in their lives.

Level Three (approximately 12 weeks)

In level three, students learn how to deal with the pain and emotional suffering associated with their current and past issues. Students attend classes designed to provide healing for damaged emotions and confront the issues that have left them emotionally scarred.
*Family therapy may be offered to students when they enter this level and may continue through level four if desired.

Level Four (approximately 12 weeks)

Throughout level four, students focus on transitioning back into their local community. They receive classroom instruction on marriage and home, financial management, how to be good citizens and solving life’s problems. Level four students also receive assistance with obtaining affordable housing, finding adequate employment, and connecting with a mentor in the local community.
Application – Adult Life Care Program

Holiday Breaks

There are three scheduled holiday breaks in the program – Fourth of July, Thanksgiving, and Christmas. All normal student activities cease during these times, with the exception of possible work studies. North Dakota Teen Challenge is not liable for the safety of students who are away from our facility on break.

Eligibility:
Students may go home during these breaks only if all of the following conditions are met:
1. They must be in our program at least 90 consecutive days prior to the start of the break.
2. They must have the approval of the Program Director.
3. If on parole/probation, they must have permission from their probation officer.

Transportation:
North Dakota Teen Challenge does not provide transportation for students who are going away on break. This includes transportation to/from airports, train stations, bus stations, or any other location.

Students remaining at NDTC during break:
Recreation and other activities will be scheduled for students who remain in our facility during these breaks. Family and friends desiring to visit students during scheduled breaks must contact the program director to arrange dates and times of visitation.

Break Schedule:
A schedule of when students may depart and when they must return will be provided to the student by the Program Director or the Assistant Program Director and will also be posted on the bulletin board in the student’s living facility. Students who do not return from break on time may be discharged, set back in the program, and/or lose future opportunities to go home during scheduled breaks.
Prohibited Medications

The following medications are prohibited at North Dakota Teen Challenge due to their interference with the recovery process. Prospective students that are currently taking any of the listed medications need to check with their health care provider, prior to or soon after admission, to determine if an appropriate alternate medication is available. In the rare circumstance that an alternate is not available, North Dakota Teen Challenge is not an appropriate recovery option and a referral list of treatment programs in the area will be provided. Current students are responsible to see a health care provider and transition to a non-prohibited medication as soon as possible. If an appropriate alternate medication is not available, the student will be discharged for medical reasons and a referral to another program will be provided.

Examples of addictive medications include but are not limited to the following:

All Narcotic pain relievers and pain relievers with potential for dependence and abuse
- Vicodin (hydrocodone with acetaminophen)
- OxyContin (oxycodeone)
- Percocet (oxycodeone with acetaminophen)
- Dilaudid
- Morphine
- Tramadol-Ulram
- Darvocet-Darvocet N (propoxyphene)
- Tylenol with Codeine (acetaminophen with codeine)
- Cough medicine containing codeine
- Demerol (meperidine)
- Morphine
- Zantac

*In rare instances, e.g., surgery, serious injury) use of narcotic medications may be permitted for a short period (up to one week) with approval from the Program Director.

All medications used for the treatment of opiate dependence, e.g. Methadone, Suboxone, Subutex, Naltrexone

All Benzodiazepines

Most commonly prescribed
- Xanax (Alprazolam)
- Klonopin (Clonazepam)
- Valium (Diazepam)
- Ativan (Lorazepam)
- Restoril (Temazepam)
- Librium

All Stimulant medications used to treat Attention Deficit Disorder & Attention Deficit/Hyperactivity
- Adderall (amphetamine mixed salts)
- Adderall XR
- Concentra (Methylphenidate HCL)
- Ritalin (Methylphenidate HCL)
- Ritalin SR
- Vyvanse

Sleep Agents: Ambien and Ambien CR (zolpidem)

Muscle Relaxants: Soma (Carisoprodol)

Smoking Cessation Medication: Chantix (Vareniclin), patches, gum, etc…

(please keep pages 1-6 for your records and return only pages 7-15 to the Admissions Office.)
Application – Adult Life Care Program

First Name: ________________________________ SSN: _______ - _______ - _______  Sex:
□ Male
□ Female

Middle Name: ________________________________  

Last Name: ________________________________  DOB: ___ / ___ / ______  Age: _______

Current Address:
Street: ________________________________  Legal Resident Of:
City: ________________________________  State:
State: _______  Zip: _______  County: _______
Phone: ________________________________  Email: ________________________________

Do You Have Any Relatives Or Friends Currently In Our Program?  □ Yes  □ No

Have You Previously Been In Our Program?  □ Yes  □ No  How Many Years Ago? _______

Marital Status:  □ Single  □ Married  □ Divorced  □ Engaged  □ Separated

Citizenship:  □ United States  □ Other

Race:  □ American Indian  □ Asian  □ Black  □ Hispanic  □ Multi Racial  □ White  □ Other

Do You Read And Write At A 5th Grade Level Or Above?  □ Yes  □ No

Do You Have A High School Diploma?  □ Yes  □ No  If No, Do You Have A GED?  □ Yes  □ No

I Mainly Need Help With: (Check All That Apply)  □ Alcohol Addiction  □ Drug Addiction  □ Other: _______

Do You Use Tobacco?  □ Yes  □ No  (Tobacco use is not permitted any time while enrolled in the program)

Have You Ever Been Treated For Chemical Addiction?  □ Yes  □ No  How many times? _______

Prior Treatment Facility: (list the most recent treatment program you have been in)
Name of Facility: ________________________________
Address: ________________________________
City: ________________________________  State: _______
Dates of Treatment: ___ / ___ / ___ to ___ / ___ / ___
Reason for Treatment: ________________________________

Did you complete the program?  □ Yes  □ No

How Did You Hear About Our Program?  □ Church  □ Radio  □ Family/Friends  □ Other: _______
In your own words, tell us why you want to come to North Dakota Teen Challenge and the main issues you believe you need to deal with while in the program: (please print clearly)

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
Application – Adult Life Care Program

PHYSICAL HEALTH

Medical History: (Check all that apply to your current and past conditions)
☐ Asthma                  ☐ Head Trauma/TBI                    ☐ Respiratory Problems
☐ Alcohol Abuse          ☐ Heart Condition                  ☐ Seizures
☐ Back Problems          ☐ Hepatitis                        ☐ STI/STD
☐ Diabetes               ☐ High Blood Pressure            ☐ Tuberculosis
☐ Drug Abuse             ☐ HIV/AIDS

Do you have any current medical concerns? If yes, please be specific: __________________________________________________________

Are you currently being treated by a doctor? ☐ Yes  ☐ No

Name of Primary Doctor: __________________________________________
Address: _______________________________________________________
City: __________________  State: ______________
Phone: __________________  Fax: ______________
Dates of Treatment: ___/___/___ to ___/___/___
Reason for Treatment: ___________________________________________

Are you pregnant? ☐ Yes  ☐ No  Due Date: ___/___/___
Are you allergic to any medications? ☐ Yes  ☐ No  If yes, what medications? ___________________________________________

Are you being treated with prescribed narcotics? (Applicants on prescribed narcotics will need to complete the regimen prior to admission or switch to non-narcotic pain medications.) ☐ Yes  ☐ No
If Yes, what medications? _______________________________________

Non-Psychiatric Medications:
List all current non-psychiatric medications:
1. __________________         4. __________________         7. __________________
2. __________________         5. __________________         8. __________________
3. __________________         6. __________________         9. __________________

Special Needs: (Please explain if checked “yes”)
Do you have any type of disability? Yes ☐ No ☐ ☐ ____________________________
Do you have any chronic conditions? Yes ☐ No ☐ ☐ ____________________________
Do you have any medical restrictions? Yes ☐ No ☐ ☐ ____________________________
Do you have any other type of special needs? Yes ☐ No ☐ ☐ ____________________________
Do you have any allergies? Yes ☐ No ☐ ☐ ____________________________
Do you require a special diet? Yes ☐ No ☐ ☐ ____________________________

*Special dietary accommodations can be made for diabetics only. All others will be required to eat the meals provided.
MENTAL HEALTH

Have you ever been treated for mental disorders? □ Yes □ No When: ___/___/____
Have you ever been treated by a psychiatrist/psychologist? □ Yes □ No Last Visit: ___/___/____

Mental Health History: (Check all that apply to your current and past conditions)
□ ADD/ADHD □ Hallucinations □ Physical Abuse
□ Anorexia □ Hearing Voices □ Rape
□ Anxiety Disorder □ Homicidal Tendencies/Thoughts □ Schizoaffective Disorder
□ Bipolar Disorder □ Insomnia □ Schizophrenia
□ Bulimia □ Multiple Personalities □ Sexual Abuse
□ Depression □ Paranoia □ Suicide Attempts
□ Flashbacks □ Personality Disorder □ Suicide Thoughts

Have you thought about, or attempted suicide in the past 3 months? □ Yes □ No If yes, how long ago?_____

Name of Primary Psychiatrist/Psychologist: ________________________________
Address: ________________________________
City: __________________ State: ________
Phone: __________________ Fax: __________________
Dates of Treatment: ___/___/___ to ___/___/___
Reason for Treatment: ________________________________

Mental Health Medications Currently Taking:

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<th>Medication Name</th>
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FINANCIAL INFORMATION

Are you presently employed? □ Yes □ No If yes, what is your monthly income? ______
Do you receive any other income (SSI, disability, etc)? □ Yes □ No If yes, what is the monthly amount? ______
Do you currently receive government assistance? □ Yes □ No What type? ___________________
Application – Adult Life Care Program

LEGAL ISSUES

Are you currently on probation? □ Yes □ No State/County: ___________________________
Are you currently on parole? □ Yes □ No State/County: ___________________________
Do you currently have court cases pending? □ Yes □ No State/County: ___________________________
Please list any pending charges and court dates:
Are you currently under investigation for anything? □ Yes □ No State/County: ___________________________
Do you currently have any outstanding warrants? □ Yes □ No State/County: ___________________________
Have you ever been convicted of a violent crime: □ Yes □ No If yes, please list each conviction and date:

Are you currently facing charges for a violent or sex related crime? □ Yes □ No If yes, please describe fully:

Are you required to register as a sexual or predatory offender? □ Yes □ No

Probation Officer’s Name: ___________________________
Address: ___________________________
City: ___________________________ State: ___________________________ Zip Code: ___________________________
Phone: ___________________________ Fax: ___________________________

Attorney’s Name: ___________________________
Address: ___________________________
City: ___________________________ State: ___________________________ Zip Code: ___________________________
Phone: ___________________________ Fax: ___________________________

LEGAL HISTORY: (Check all that you have been involved with)

□ Murder □ Attempted Murder □ Manslaughter □ Vehicular Homicide □ Rape/Attempted Murder □ Sex with a minor
□ Criminal Sexual Conduct □ Child Molestation □ Child Abuse/Neglect □ Child Endangerment □ Possession stolen property
□ Concealed Weapon □ Fleeing and Eluding □ Leaving Scene of Accident □ Other:

□ Battery □ Drug Distribution □ Drug Possession □ Theft □ Attempted Theft □ Larceny
□ Embezzlement □ Arson □ Probation Violation □ Parole Violation □ Aiding & Abetting
□ Fraud □ Assault □ Attempted Assault □ Stalking

□ Prostitution □ Soliciting Prostitutes □ Incest □ Armed Robbery □ Attempted Robbery
□ Shoplifting □ Underage Drinking □ Disorderly Conduct □ Domestic Violence □ DWI
□ DUI □ Vandalism □ Truancy

EMERGENCY CONTACT

Name: ___________________________ Relationship: ___________________________
Address: ___________________________ City: ___________________________ State: ___________ Zip: ___________

Home Phone: ___________________________ Cell Phone: ___________________________
Application – Adult Life Care Program

INMATE RELEASE OF INFORMATION FORM

Applicant’s Full Legal Name: ____________________________ Birth Date: __/__/____
First Middle Last
SSN: _______ - _______ - _______ Gender (circle one): Male Female

I Am Currently Incarcerated In: Location of Facility Where Incarcerated: Date of Upcoming Sentencing:
☐ County Jail City: ____________________________ Date: __/__/____
☐ Federal Prison County: __________________________
☐ State Prison State: _______

I understand that North Dakota Teen Challenge is a faith-based, Christian drug and alcohol program that is at least twelve months long, and that if I am accepted, I may be ordered by the court to complete the entire program. Clients in the program must participate in daily devotions, bible reading, church attendance, and other religious activities. I further understand that other faith-based and secular treatment programs are available to me. My signature indicates that I am voluntarily choosing to seek admittance to the program and that if accepted, I agree to participate in all program requirements.

I authorize North Dakota Teen Challenge to speak with these individuals and/or agencies regarding my application to the program. I also authorize the following agencies to release all information (including, but not limited to, past arrests and convictions, current and pending charges, plea agreements, mental health notes, etc.), requested by North Dakota Teen Challenge as soon as possible.

Attorney:
Name: ____________________________
Address: ____________________________
City: ____________________________
State: _______ Zip Code: _______
Phone: ____________________________
Fax: ____________________________

Probation/Parole Officer/Case Worker:
Name: ____________________________
Address: ____________________________
City: ____________________________
State: _______ Zip Code: _______
Phone: ____________________________
Fax: ____________________________

Other Individual (family member/friend)
Name: ____________________________
Address: ____________________________
City: ____________________________
State: _______ Zip Code: _______
Phone: ____________________________
Fax: ____________________________

☐ I also authorize North Dakota Teen Challenge to speak to the State’s Attorney’s Office in the county/countyies where I have current charges pending, regarding my application to the program.

I understand that:
1. My health information is protected by Federal Confidentiality Rules (42 CFR Part 2; and/or HIPAA, 45 CFR) and state privacy laws, and disclosure is allowed only with my authorization except in limited circumstances as outlined in NDTC policies. I understand that I have the right to inspect and receive a copy of my treatment records that may be disclosed to others, as provided under applicable state and federal laws.
2. I can revoke this authorization in writing at any time by providing a written notification to NDTC, except to the extent that action has been taken in reliance on it. This authorization will expire one year from the date I sign, unless I request an earlier revocation in writing.
3. For disclosures other than treatment, payment, and healthcare operations purposes, treatment may not be conditioned on my agreement to sign an authorization, unless I am receiving care solely to create protected health information for disclosure to a third party.
4. Communications resulting from this authorization will reveal that I have received, or attempted to receive services at North Dakota Teen Challenge.
5. Federal confidentiality regulations prohibit re-disclosure of information.

Applicant’s Signature: ____________________________ Date: __/__/____

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Application – Adult Life Care Program

PROGRAM FEE INFORMATION
North Dakota Teen Challenge average monthly cost per student is $3,000. All residents will be responsible for a minimum payment of $500 per month room fee with the first payment due at the time of admission.

The only funding available through NDTC is from the Department of Corrections and Rehabilitation. In order to be eligible, one of the following must apply:

- You must be on parole or supervised probation.
- Be court ordered to NDTC with supervised probation.
- Be approved for funding through the Department of Corrections and Rehabilitation.
- Go through Interstate Compact and be approved by North Dakota Department of Corrections and Rehabilitation.

(For out of state applicants that are on parole/supervised probation).

How much can you afford of the approximate $3,000.00 monthly program cost? $________/month (12-months)

Do you have any of the following personal assets/income?

<table>
<thead>
<tr>
<th>Vehicles</th>
<th>Yes ☐ No ☐</th>
<th>Value____</th>
<th>Checking Account</th>
<th>Yes ☐ No ☐</th>
<th>Value____</th>
</tr>
</thead>
<tbody>
<tr>
<td>Property</td>
<td>Yes ☐ No ☐</td>
<td>Value____</td>
<td>Savings Account</td>
<td>Yes ☐ No ☐</td>
<td>Value____</td>
</tr>
<tr>
<td>401K</td>
<td>Yes ☐ No ☐</td>
<td>Value____</td>
<td>Child Support</td>
<td>Yes ☐ No ☐</td>
<td>Value____</td>
</tr>
<tr>
<td>SSI</td>
<td>Yes ☐ No ☐</td>
<td>Value____</td>
<td>Disability</td>
<td>Yes ☐ No ☐</td>
<td>Value____</td>
</tr>
</tbody>
</table>

Please list all parties contacted and responsible for payment toward your recovery:

Mother’s name_____________________________Father’s name_____________________________
Address_____________________________Address_____________________________
Phone number_____________________________Phone number_____________________________
Monthly payment amount__________Monthly payment amount__________

Grandparent’s name_____________________________Grandparent’s name_____________________________
Address_____________________________Address_____________________________
Phone number_____________________________Phone number_____________________________
Monthly payment amount__________Monthly payment amount__________

Church name_____________________________Name_____________________________
Address_____________________________Address_____________________________
Phone number_____________________________Phone number_____________________________
Monthly payment amount__________Monthly payment amount__________

By my signature below, I certify that all answers and statements on this application are true and complete to the best of my knowledge. I understand that should an investigation disclose untruthful or misleading answers, I may be discharged from the North Dakota Teen Challenge program. Furthermore, I understand that North Dakota Teen Challenge is a Christian, faith-based program.

Please initial indicating you have received, read, and agree to abide by the following documents:

_____ Program Policies and General Information
_____ Prohibited Medication
_____ Break Policy
_____ Room Fee Information

Applicant’s Signature:_____________________________Date_____/_____/____
Application – Adult Life Care Program
Voluntary Compliance with Faith Based Activities

North Dakota Teen Challenge is a faith-based program that is based upon Christian principles and practices. As such, North Dakota Teen Challenge is only an appropriate option for people desiring such a program and who are willing to commit to fully participate in it. If you do not want to participate in this program and follow the requirements listed below, please contact our admissions department and we will provide a referral list of other programs that may better meet your needs.

No provider of substance abuse services receiving federal funds from the U.S. Substance Abuse and Mental Health Services administration, including this organization, may discriminate against on the basis of religion, a religious belief, a refusal to hold a religious belief, or a refusal to actively participate in religious practice. If you object to the spiritual education model utilized by North Dakota Teen Challenge and object to the religious character of this organization, federal law gives you the right to a referral to another provider of substance abuse services. The referral, and your receipt of alternative services, must occur within a reasonable period of time after you request them. The alternative provider must be accessible to you and have the capacity to provide substance abuse services. The services provided to you by the alternative provider must be of a value not less than the value of the services you would have received from this organization.

Please read each item carefully and initial your acceptance to each program requirement.

Upon admittance to North Dakota Teen Challenge, I agree to the following:

_____ I will participate in daily devotions, Bible reading, and prayer.

_____ I will participate in the Teen Challenge choir which performs Christian songs at weekly church services and special events.

_____ I will participate in lecture classes, individualized study courses, group discipleship, individual discipleship, and other program components that are based on Christian principles.

_____ I will attend church services when scheduled.

_____ If offered the opportunity to partake in communion or water baptism, my participation is voluntary.

_____ If I object to the religious nature of this program and its requirements, I will notify the Program Director and receive a referral to another program of my choosing.

My signature below indicates that I have carefully considered the Christian nature of the program and have made a free and independent choice to participate in the North Dakota Teen Challenge program. I also acknowledge that I have been given the opportunity to ask for a referral list of other faith-based and secular programs.

_________________________________________    _____/____/____
Applicants Signature                        Date

(This page must be returned with the application.)
Application – Adult Life Care Program
Authorization for Release of Confidential Information

Student/Applicants Full Legal Name: ________________________________

Date of Birth ______/_____/______

First  Middle  Last

I authorize the disclosure of records and information about me between:

North Dakota Teen Challenge and Name: ________________________________
1406 2nd St NW Address: _______________________________________
Mandan, ND 58554 City: ___________________________________________
Phone: 701-667-2131 State/Zip: ________________________________
Fax: 701-663-3494 Phone: (____) ______-_________

Fax: (____) ______-_________

Contact Person: ___________________________________________

☐ “At the Request of the Individual,” I Authorize the Release of the Following Information:

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<th>Disclose to the above party</th>
<th>Obtain from the above party</th>
<th>Disclose to the above party</th>
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<td>___ Progress Review</td>
<td>___</td>
<td>___ Medical</td>
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<td>___</td>
<td>___ Follow-up/Aftercare</td>
<td>___</td>
<td>___ Financial</td>
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<td>___ Treatment/Discharge Summary</td>
<td>___</td>
<td>___ Social/Collaboration</td>
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<td>___</td>
<td>___ Educational</td>
<td>___</td>
<td>___ Legal Consultation</td>
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<td>___ Employment</td>
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<td>___ Phone Conversations</td>
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<td>___</td>
<td>___ Psychological</td>
<td>___</td>
<td>___ Other (specify):</td>
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</table>

I understand that:

1. My health information is protected by Federal Confidentiality Rules (42 CFR Part 2; and/or HIPAA, 45 CFR) and state privacy laws and disclosure is allowed only with my authorization except in limited circumstances as outlined in NDTC policies. I understand that I have a right to inspect and receive a copy of my treatment records that may be disclosed to others, as provided under applicable state and federal laws.

2. I can revoke this authorization in writing at any time by providing a written notification to NDTC; except to the extent that action has been taken in reliance on it. This authorization will expire one year from the date I sign, unless I request an earlier revocation in writing.

3. For disclosures other than treatment, payment, and healthcare operations purposes. Treatment may not be conditioned on my agreement to sign an authorization, unless I am receiving care solely to create protected health information for disclosure to a third party.

4. Communications resulting from this authorization will reveal that I have received services at North Dakota Teen Challenge.

5. Federal confidentiality regulations prohibit re-disclosure of information.

Applicant/Student Signature ________________________________ Date ___________

Staff Signature ________________________________ Date ___________
Application – Adult Life Care Program

North Dakota Teen Challenge
Physical Examination Form*

Patient’s Name: ______________________ SSN: _____ - _____ - _____ D.O.B: _____ - _____ - _____

Sex: ___ Male ___ Female Height: ______ Weight: ______

I authorize the release of the physical examination information contained on this form to North Dakota Teen Challenge for the purpose of determining my eligibility for admission. I also authorize the physician who provided the physical examination and/or his/her staff to discuss my medical condition with North Dakota Teen Challenge to whatever extent necessary to determine admission eligibility.

Patients Signature: ______________________ Date: ___ / ___ / ___

*If this form is not completed and returned to NDTC, there will be a $200 physical fee due at the time of admission.

***THIS PORTION OF FORM TO BE COMPLETED BY YOUR PHYSICIAN***

Send completed form to:
Admissions Department
North Dakota Teen Challenge
1406 2nd Street NW
Mandan, ND 58554

Medications: (List all medications applicant is currently taking)
1. __________________________  Reason: __________________________
2. __________________________  Reason: __________________________
3. __________________________  Reason: __________________________
4. __________________________  Reason: __________________________

Please Circle All That Require Further Medical Treatment:
Ears  Nose  Throat  Eyes  Neck  Back  Neurological
Skin  Rectal  Pelvic  Genitals  Thyroid  Abdomen
Heart  Lungs  Bones  Joints  Extremities  Lymph Gland

Required Medical Information and Tests:
HEPATITIS Y N  VENEREAL Y N  HIV Y N  TUBERCULOUS Y N  PREGNANCY Y N

Is there any medical condition that may endanger the health of our staff or students while in the program?

YES____ NO____  Condition: __________________________

Condition: __________________________

Condition: __________________________

Is there any reason why this applicant should not assist in the preparation of food or medical services?

YES____ NO____  Reason: __________________________

Physician’s Printed Name: __________________________  Date of Exam: ___ / ___ / ___

Physician’s Signature: __________________________  Phone: (___ ) ___ - _____

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PT Contracts
Personal Transformation Contracts

- Each contract lasts for 6 weeks. Finishing early allows the counselor to assign extra work.
- If a significant amount of extra work is completed on 5 or more contracts, the student may graduate "With Academic Honors".
- Not finishing a contract within 6 weeks results in an Incomplete contract.
- A minimum of 7 completed contracts are required to graduate from ND Teen Challenge.
(8 completed contracts are expected, but 1 "Incomplete" will not delay the graduation date if the student meets all other requirements for graduation)

Setbacks

- Setbacks automatically result in additional contract work. A setback of 30 days or more may result in the number of contracts required to graduate increasing.
- The number of additional contracts required depends upon the length of the setback and the requirements placed upon the setback by the Director of Programs.

Graduation Expectations

- Setup appropriate housing in a stable environment
  One of the following 3 options:
  1. Obtain a job offer
  2. Demonstrate significant opportunities for employment
  3. Enroll in further education
- Choose a home church and meet with the pastor to establish a relationship
- Participate in a Celebrate Recovery group for one year after graduation
- If living locally, meet with the TC Aftercare Team on two occasions per month

TEEN CHALLENGE IS A 12-MONTH PROGRAM (MINIMUM)

INTRO CLASS
(min. 2 wks.)
Students introduced to the program
Students begin working on PT Contracts

LEVEL 1
(min. 12 wks.)
Students attend classes that emphasize recognizing and changing destructive thoughts and beliefs, understanding the basic needs they were attempting to fulfill through chemical use, and learning practical tools that equip them to change their lives.

LEVEL 2
(min. 12 wks.)
Students participate in the physical, mental, emotional, and spiritual work that it takes to heal the wounds of past failures, broken relationships, spiritual deceptions, and issues with their own identity that are often at the root of chemical addiction.

LEVEL 3
(min. 12 wks.)
Students learn more about God's design and how to enter into a future that is free from the oppression of old wounds, creating a solid foundation for the future, and identifying and utilizing their unique gifts and talents.

LEVEL 4
(min. 12 wks.)
Students begin taking practical steps toward putting what they've learned into action by securing employment and housing, participating in effective management of their time and resources, and by learning how to become leaders who give back to the families and communities they are re-entering.

Students Attend "GSNC" Classes Every Wednesday. Students must complete all class work, pass all tests, and pass a final test to graduate.

Recommended number of completed contracts

2 4 6 8
**Daily Schedule**

7:00am- Wakeup
7:15am- Breakfast- Go to dining hall
7:45am- Breakfast over and meds; clean rooms and make your bed
8:00am- Out of rooms and morning chores
8:30am- Devotions
9:00-11:00am- Classes and Personal transformation time (PT)
11:00am- Chapel
12:00pm- Lunch (Women always eat first)
12:30pm- Kitchen Clean Up (KCU every other week) or free time until 1 and meds
1:00-4:00pm- Work Study
4:00pm- Free time/ Mail
4:30pm- Meds
5:00pm- Dinner
5:30pm- KCU
6:00pm- Study Hall or Free time Depending on the day.
7:00pm-8:30pm- Phones and snacks
8:45pm- Night meds
9:00pm- Down stairs is closed all students are on their floors
10:00pm- All students are in their rooms
10:30pm- Lights out

(On Fridays, bed time is at 10:30pm and lights out at 11:00pm)