

WELLNESS INSPIRED

STEEL CUT OATMEAL Seasonal Fresh Berries, Sliced Banana. Served with Brown Sugar, Vermont Maple Syrup, California Walnuts and Fresh Baked Breakfast Bread of the Day **\$9** *GF available*

MORNING SUPERFOODS BOWL Espresso Coconut Milk Chia Seed Pudding, Freshly Milled Flaxseed, Seasonal Berries, Banana, Fruit Butter and Housemade Granola Served with Whole Wheat Toast and Almond Butter **\$12** *GF/Vegan available*

AVOCADO TOAST DUO Whole Wheat Toast, Fresh Avocado, Olive Oil, Freshly Zested Lemon, Two Farm Fresh Eggs any style **\$12** *Vegan or GF available*

GRIDDLE BREAKFASTS YOUR CHOICE \$12

RISE AND SHINE Two Farm Fresh Eggs any style, Breakfast Potatoes and Choice of Applewood Smoked Bacon, Chicken Sausage Link or Smoked Ham *GF*

MULTI-GRAIN PANCAKES Topped with Seasonal Berries or Banana, Choice of Applewood Smoked Bacon, Chicken Sausage Link or Smoked Ham, Choice of Local Prickly Pear Syrup or Vermont Maple Syrup *GF available*

HIT THE TRAILS BREAKFAST BURRITO Two Eggs Scrambled, Fresh Cilantro, Charro Beans, Whole Grain Rice, Poblano Chiles, Cotija and Cheddar Cheeses, Wheat Tortilla & Breakfast Potatoes. Choice of Applewood Smoked Bacon, Chicken Sausage Link or Ham, and Pico De Gallo, Roasted Tomato Salsa

BEVERAGES \$2.50 – ORGANIC DOMA ROASTING DRIP COFFEE, REGULAR OR DECAFFEINATED, **TEAS, JUICE**
ORANGE, APPLE, CRANBERRY, GRAPEFRUIT **MILK** SKIM, WHOLE, COCONUT, OAT, ALMOND, SOY

CANYON COUNTER À LA CARTE

SMOOTHIES \$6

GREEN MACHINE Spinach, Kale, Apple, Celery, Banana, Chia Seed, Lemon, Lime & Ginger

BERRY BREEZE Seasonal Mixed Berries, Apple, Banana

MANGO PEACH Orange, Pineapple, Banana, Apple, Coconut Milk

BARISTA BLENDS

REG/TALL

ESPRESSO OR AMERICANO **\$3/\$4**
CAPPUCCINO **\$4/\$5**
LATTE **\$5/\$6**

EXTRA SHOT OR PLANT BASED MILK \$1

Guests on meal inclusive retreats may select 1 breakfast choice and 1 nonalcoholic beverage.
All Canyon Counter Items are not included and priced a la carte. A 15% gratuity will be added to a la carte purchases.
Canyon Breeze is not a Gluten-Free Kitchen. Please alert your server to severe food allergies.