

LUNCH

FRESH & HEALTHY | SOUPS & SALADS

MARKET SOUP Created Fresh Daily **\$5 cup \$8 bowl**

GREEN CHILE PORK STEW Slow Simmered Pork, Tomatillos, Poblano Chilies, Hominy, Cilantro, Shaved Red Cabbage, Cotija Cheese, Cumin Scented Corn Tortilla Strips. GF **\$8 cup \$12 bowl**

CANYON BREEZE SALAD Mixed Seasonal Greens, California Walnuts, Tart Green Apple, Blue Cheese, Applewood Bacon, Tomato, Beets, Herb Balsamic Vinaigrette **\$12 GF/ Vegan available. Add Grilled Chicken, Smoked Turkey, Ham or Tofu \$5; Salmon or Steak \$8**

SOUTHWEST CARNE ASADA SALAD Southwest Spice Grilled Utah Beef, Seasonal Mixed Greens, Roasted Peppers, Fresh Corn, Black Beans, Cotija Cheese, Avocado, Cumin Scented Corn Tortilla Strips tossed with Red Chile Vinaigrette **\$14 GF**

RELAXED LUNCHES

Choice of Warm Corn Tortilla Chips & Charred Tomato Salsa, Salad with House Made Dressing, or Cup of Market Soup

SMOKED TURKEY BLT & AVOCADO Crisp Applewood Bacon, Leaf Lettuce, Vine Ripened Tomato **\$12**
Served on Toasted Wheat Bread or as a Wrap on Whole Wheat Tortilla.

BAR 10 RANCH GRASS FED BEEF BURGER Local Beef Burger, Sliced Tomato, Leaf Lettuce served on a Fresh Baked Bun. **\$14** *Turkey or Plant Based Burger available on request*

CHICKEN SALAD LETTUCE CUPS Slow Cooked Chicken, Red Grapes, Celery, Onion with Savory Dressing. **\$12 GF** *Can also be served on Toasted Wheat Bread or as a Wrap on Whole Wheat Tortilla.*

CANYON COUNTER À LA CARTE

SMOOTHIES \$6

GREEN MACHINE Spinach, Kale, Apple, Celery, Banana, Chia Seed, Lemon, Lime & Ginger

BERRY BREEZE Seasonal Mixed Berries, Apple, Banana

MANGO PEACH Orange, Pineapple, Banana, Apple, Coconut Milk

ICY COLD LEMONADE \$4 PRICKLY PEAR or MINT

QUICK BITES

STONEGROUND CORN TORTILLA CHIPS Charred Tomato Salsa Fresca & Housemade Guacamole **\$7**

GARDEN FRESH VEGGIES & HUMMUS Served with Warm Grilled Pita **\$8**

SWEET POTATO FRIES & Spicy Sambal Mayo **\$6**

Guests on meal inclusive retreats may select 1 lunch choice and 1 beverage.

All Canyon Counter Items are À la Carte. For your convenience a 15% gratuity will be added to a la carte purchases.

Canyon Breeze is not a Gluten-Free Kitchen. Please alert your server to severe food allergies.