

BREAKFAST

WELLNESS INSPIRED

STEEL CUT OATMEAL Seasonal Fresh Berries, Sliced Banana. Served with Brown Sugar, Vermont Maple Syrup, California Walnuts and Fresh Baked Breakfast Bread of the Day **\$9 GF available**

FARMERS MARKET BASKET Housemade Granola, House Flavored Yogurt, Seasonal Fruits & Berries, Today's Freshly Baked Breakfast Bread **\$10 GF available**

MORNING SUPERFOODS BOWL Espresso Coconut Milk Chia Seed Pudding, Freshly Milled Flaxseed, Seasonal Berries, Banana, Fruit Butter and Housemade Granola Served with Whole Wheat Toast and Almond Butter **\$12 GF/Vegan available**

SAVORY ORGANIC QUINOA BREAKFAST BOWL Choice of Turmeric Poached Eggs or Firm Tofu, Rainbow Quinoa, Baby Kale, Lentils, Roasted Yam, Crimini Mushroom, Red Onion, Nutritional Yeast, Red Bell Pepper Tahini Sriracha Sauce, Toasted Sesame Seeds **\$12 GF**

AVOCADO TOAST DUO Whole Wheat Toast, Fresh Avocado, Olive Oil, Freshly Zested Lemon, Two Farm Fresh Eggs any style **\$12 Vegan or GF available**

GRIDDLE BREAKFASTS YOUR CHOICE \$12

BRONX BAGEL, SALMON & CREAM CHEESE Salmon Patty Sausage, Vine Ripened Tomato, Sliced Cuke, House Pickled Red Onion & Capers Served with seasonal fresh fruit & berries

RISE AND SHINE Two Farm Fresh Eggs any style, Breakfast Potatoes and Choice of Applewood Smoked Bacon, Chicken Sausage Link or Smoked Ham GF

MULTI-GRAIN PANCAKES Topped with Seasonal Berries or Banana, Choice of Applewood Smoked Bacon, Chicken Sausage Link or Smoked Ham, Choice of Local Prickly Pear Syrup or Vermont Maple Syrup *GF available*

HIT THE TRAILS BREAKFAST BURRITO Two Eggs Scrambled, Fresh Cilantro, Charro Beans, Whole Grain Rice, Poblano Chiles, Cotija and Cheddar Cheeses, Wheat Tortilla & Breakfast Potatoes. Choice of Applewood Smoked Bacon, Chicken Sausage Link or Ham, and Pico De Gallo, Roasted Tomato Salsa

BEVERAGES \$2.50 – ORGANIC DOMA ROASTING DRIP COFFEE, REGULAR OR DECAFFEINATED, TEAS, JUICE
ORANGE, APPLE, CRANBERRY, GRAPEFRUIT MILK SKIM, WHOLE, COCONUT, OAT, ALMOND, SOY

CANYON COUNTER À LA CARTE

SMOOTHIES \$6

GREEN MACHINE Spinach, Kale, Apple, Celery, Banana, Chia Seed, Lemon, Lime & Ginger

BERRY BREEZE Seasonal Mixed Berries, Apple, Banana

MANGO PEACH Orange, Pineapple, Banana, Apple, Coconut Milk

BARISTA BLENDS

REG/TALL

ESPRESSO OR AMERICANO	\$3/\$4
CAPPUCCINO	\$4/\$5
LATTE	\$5/\$6

EXTRA SHOT OR PLANT BASED MILK \$1

Guests on meal inclusive retreats may select 1 breakfast choice and 1 beverage.

All Canyon Counter Items are À la Carte. For your convenience a 15% gratuity will be added to a la carte purchases.

Canyon Breeze is not a Gluten-Free Kitchen. Please alert your server to severe food allergies.