Baseball for All’s
2nd Annual
Maria Pepe Baseball Series
2019

Hoboken & Weehawken, New Jersey
June 29-30
General Information

Event/Field Locations

- **Hoboken Little League Field - Opening Ceremony** 25 5th Street & Hudson Street
- **Hoboken Mama Johnson Field** 4th Street & Jackson Street
- **Hoboken High School Field (JFK Memorial Field)** Jefferson Street between 11th and 9th Streets
- **Weehawken Waterfront Fields #1 & #2** 1 Port Imperial Blvd. Weehawken, NJ 07086
- **Hoboken Historical Museum** 1301 Hudson Street - Saturday evening tournament BBQ (register online and pay at the door)

Weather/Game Changes: Will be communicated via your coach.

Baseball For All Announcements: Will communicate via all-tournament text and/or email.

Emergency Protocol: Call local police at 201-420-2100, or 911. Please have coach call Justine Siegal (BFA President).

Field Tips for Players: No metal cleats please. No food or gum in the dugouts or fields. Players should bring their own water. Because some of the fields are located so close to the river, the temperature can change quickly. Players should have both sunscreen and warm layers, as needed.

Alcohol Policy: No alcohol is allowed at any Hoboken or Weehawken fields

Social Media: Please send photos and updates to Lena Park: media@baseballforall.com
Twitter: @baseballfor_all, Instagram: @baseballforall

Baseball For All Contact: Justine Siegal, email at girlsbaseball@baseballforall.com

Coach Check-In: Coach check-in for the Series will be from 8-9 am on Saturday, June 22nd. Please check in at the table in front of Hoboken Little League Field, located at 5th Street & Hudson Street.

Parking: Fields at Weehawken Waterfront Park have dedicated parking. The Hoboken fields DO NOT have dedicated parking. For Hoboken events, please park legally at metered spots or at the parking garages. More info below:

- Metered parking spots. PLEASE DOWNLOAD THE PARKMOBILE APP: THIS IS VERY EASY!!! [https://local.parkmobile.io/new-jersey/hoboken/zone-parking/](https://local.parkmobile.io/new-jersey/hoboken/zone-parking/). By using the ParkMobile app you can add time via your cell phone. Being that our tournament is before a holiday weekend, visitors should find on street parking. There is no fee for on-street parking on Sunday.
  - **Metered (Time Limit) Parking Zone:** Sides of streets with “Pay Parking” or “Pay at Meter” signs are controlled by metered (time limit) parking regulations. The City utilizes
over 220 multi-space parking meters ("pay stations") to make parking in the metered parking zone more convenient and less confusing. Simply pay by coin, bills (where applicable) or credit/debit at the nearest pay station (no need to display your receipt curbside on your dashboard). Please note that there is a 4-hour metered parking maximum throughout the entire city during effective hours (typically 9am to 9pm, some exceptions exist so please confirm by reading the signs), so moving a car to another space or street with the same designation after 1 hour and 59 minutes means there is still only one minute left to park at a meter in Hoboken that day. For longer durations, please consider parking in one of our municipal parking garages.

- Nearby parking garage B or D. Parking in Municipal lots is expensive but you don’t have to worry about getting parking tickets that can cost twice the amount. The cost for these lots is $28.00 up to 12 hours.
  - Garage B - Located at 28 2nd Street between Hudson and River Streets
  - Garage D - Located at 215 Hudson Street, Hoboken

- Do not park on Resident Permit Parking Only Zone (green sign/white letters). Hoboken Parking Utility carefully enforces this zone with license plate recognition technology; illegally parked vehicles are immediately ticketed and towed.

Transit: If you are staying at the BFA Hotel Doubletree in Jersey City, consider transit if your events are in Hoboken. The PATH Newport is just one stop from Hoboken. Hoboken is very walkable and the waterfront esplanade from the PATH to the fields and the Washington Street route are both fun routes.

Transit to/from NYC: Hoboken and Jersey City are well served by transit to NYC Manhattan midtown and downtown. World Trade Center area by:
- NY Waterway Ferry [www.nywaterway.com](http://www.nywaterway.com). Adult ticket $7 and child $4 (free bus shuttle from ferry terminal to Times Square). Download the NY Waterway app for schedules and mobile ticketing. Their Hoboken 14th Street ferry landing is a block from the Hoboken Historical Museum.
- PATH (rail line) $2.75 and you can use a Metrocard for both Path and NYC subway. The PATH stop closest to the fields is Hoboken.

Traffic: Be sure to allow extra time for travel to the fields, especially if running out for a bite to eat.

Bathrooms: Bathrooms are located at all fields.
Age Divisions

9u
- Hoboken RBI
- NY Wonders

11u
- Hoboken RBI
- Boston Slammers
- Toronto Diamonds
- NY Wonders

13u
- Boston Slammers
- NY Wonders
- DC Force
- Quebec Troublemakers

18u
- DC Force
- Boston Slammers
- NY Wonders
## Saturday Schedule - June 29, 2019

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Team</th>
<th>Team</th>
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</thead>
<tbody>
<tr>
<td>9:00am</td>
<td>Hoboken Little League Field</td>
<td>Opening Ceremony - All Teams Attend</td>
<td>9u</td>
</tr>
<tr>
<td>10:30am</td>
<td>Hoboken Little League Field</td>
<td>NY Wonders</td>
<td>at Hoboken RBI (home)</td>
</tr>
<tr>
<td>1:30pm</td>
<td>Hoboken High School Field</td>
<td>9u Clinic with NY Wonders 18u</td>
<td></td>
</tr>
<tr>
<td>5:30pm</td>
<td>Hoboken Historical Museum</td>
<td>Tournament-wide BBQ (Register online)</td>
<td></td>
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<tr>
<td>9:00am</td>
<td>Hoboken Little League Field</td>
<td>Opening Ceremony - All Teams Attend</td>
<td>11u</td>
</tr>
<tr>
<td>11:30am</td>
<td>Weehawken Park Little League Field</td>
<td>Toronto Diamond</td>
<td>v Boston Slammers</td>
</tr>
<tr>
<td>1pm</td>
<td>Hoboken Little League Field</td>
<td>NY Wonders</td>
<td>v Hoboken RBI</td>
</tr>
<tr>
<td>4pm</td>
<td>Hoboken Little League Field</td>
<td>Hoboken RBI</td>
<td>v Boston Slammers</td>
</tr>
<tr>
<td>4pm</td>
<td>Weehawken Park Little League Field</td>
<td>NY Wonders</td>
<td>v Toronto Diamond</td>
</tr>
<tr>
<td>6pm</td>
<td>Hoboken Historical Museum</td>
<td>Tournament-wide BBQ (Register online)</td>
<td></td>
</tr>
<tr>
<td>9:00am</td>
<td>Hoboken Little League Field</td>
<td>Opening Ceremony - All Teams Attend</td>
<td>13u</td>
</tr>
<tr>
<td>11:30am</td>
<td>Hoboken Mama Johnson Field</td>
<td>Boston Slammers</td>
<td>v DC Force</td>
</tr>
<tr>
<td>11:30am</td>
<td>Weehawken Park Softball Field</td>
<td>NY Wonders</td>
<td>v Quebec Troublemakers</td>
</tr>
<tr>
<td>3:30pm</td>
<td>Hoboken Mama Johnson Field</td>
<td>Quebec Troublemaker</td>
<td>v Boston Slammers</td>
</tr>
<tr>
<td>3:30pm</td>
<td>Weehawken Park Softball Field</td>
<td>DC Force</td>
<td>v NY Wonders</td>
</tr>
<tr>
<td>5:30pm</td>
<td>Hoboken Historical Museum</td>
<td>Tournament-wide BBQ (Register online)</td>
<td></td>
</tr>
<tr>
<td>9:00am</td>
<td>Hoboken Little League Field</td>
<td>Opening Ceremony - All Teams Attend</td>
<td>18u</td>
</tr>
<tr>
<td>11:30am</td>
<td>Hoboken High School Field</td>
<td>NY Wonders</td>
<td>v Boston Slammers</td>
</tr>
<tr>
<td>1:30pm</td>
<td>Hoboken High School Field</td>
<td>9u Clinic with NY Wonders 18u</td>
<td></td>
</tr>
<tr>
<td>2:30pm</td>
<td>Hoboken High School Field</td>
<td>Boston Slammers</td>
<td>v DC Force</td>
</tr>
<tr>
<td>4:30pm</td>
<td>Hoboken High School Field</td>
<td>DC Force</td>
<td>v NY Wonders</td>
</tr>
<tr>
<td>6:30pm</td>
<td>Hoboken Historical Museum</td>
<td>Tournament-wide BBQ (Register online)</td>
<td></td>
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</tbody>
</table>
# Sunday Schedule - June 30, 2019

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Team</th>
<th>at</th>
<th>Team</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:00am</td>
<td>Weehawken Park Little League Field</td>
<td>Hoboken RBI</td>
<td>at</td>
<td>NY Wonders (home)</td>
</tr>
<tr>
<td>9u</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:30am</td>
<td>Weehawken Park Little League Field</td>
<td>A</td>
<td>Seed 3</td>
<td>at</td>
</tr>
<tr>
<td>11u</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9am</td>
<td>Hoboken Little League Field</td>
<td>B</td>
<td>Seed 4</td>
<td>at</td>
</tr>
<tr>
<td>11u</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12pm</td>
<td>Hoboken Little League Field</td>
<td>Winner Game A</td>
<td>v</td>
<td>Winner Game B</td>
</tr>
<tr>
<td>11u</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:30am</td>
<td>Weehawken Park Softball Field</td>
<td>A</td>
<td>Seed 3</td>
<td>at</td>
</tr>
<tr>
<td>13u</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:00am</td>
<td>Hoboken Mama Johnson Field</td>
<td>B</td>
<td>Seed 4</td>
<td>at</td>
</tr>
<tr>
<td>13u</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12pm</td>
<td>Hoboken Mama Johnson Field</td>
<td>Winner Game A</td>
<td>v</td>
<td>Winner Game B</td>
</tr>
<tr>
<td>13u</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:00am</td>
<td>Hoboken High School Field</td>
<td>Seed 3</td>
<td>at</td>
<td>Seed 2 (home)</td>
</tr>
<tr>
<td>18u</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12pm</td>
<td>Hoboken High School Field</td>
<td>Winner of Game A</td>
<td>at</td>
<td>Seed 1 (home)</td>
</tr>
</tbody>
</table>
Food

**Saturday Tournament BBQ at the Hoboken Historical Museum.** 1301 Hudson Street, Hoboken.

Come celebrate with the some of the best all-girl baseball teams in the northeast, as well as honoring the woman who broke Little League’s glass ceiling, the legendary Maria Pepe! We’ll be serving hamburgers, hotdogs, watermelon and Yum Yum ice cream to cap off a day of baseball. This is a fundraiser for the Hoboken Historical Museum. Please reserve your space using this link. Event is $8 and can be paid at the door. [https://www.eventbrite.com/e/maria-pepe-baseball-tournament-b-b-q-tickets-63989290691](https://www.eventbrite.com/e/maria-pepe-baseball-tournament-b-b-q-tickets-63989290691)

**Mario's Classic Pizza & Cafe** at 742 Garden Street, Hoboken. 201-659-0808

[www.mariosclassipizza.com](http://www.mariosclassipizza.com)

THEY DELIVER TO FIELDS!!!

![MARIO'S CLASSIC PIZZA CAFE](image)

**Vito’s & Son Italian Deli** at 806 Washington Street, Hoboken. 201-792-4944

[www.VitosDeli.com](http://www.VitosDeli.com) for online ordering! Featured on the Food Network!. Just call ahead and your order will be ready in 15 minutes. Happy Hour Special all day for tournament families.

![Vito's Italian Deli](image)

**Restaurants**
There will be so many other options for your dining pleasure. Stroll Washington Street and enjoy our outdoor cafes.
FOR IMMEDIATE RELEASE

2nd Annual All-Girls Baseball Tournament Honoring Trailblazer, Maria Pepe to be Held in Baseball’s Historic Hoboken

HOBOKEN, NJ (June 13) — Known to many as the birthplace of baseball, the city of Hoboken will play host to this year’s Baseball For All Maria Pepe Series, the East Coast’s largest all-girls baseball tournament on June 29 & 30. Named after local trailblazer, Maria Pepe, the eponymous event will provide over 130 girls ages 8–18 from the Northeast the rare opportunity to play baseball with and against other girls.

“I am honored by this recognition and accept it on behalf of all those who have helped me along the way, for all the girls who play, and all the parents who support their daughters’ dreams of playing baseball,” says Pepe.

While the first game of baseball was officially recorded to have been played at Elysian Fields, Hoboken is equally as significant in baseball history as the home Pepe, of one of baseball’s foremost trailblazers for girls in baseball. After playing only three games on her team in Hoboken Little League in 1972, she was removed and banned from playing as parents and coaches cited the 1951 “Tubby Rule” that prohibited girls from playing Little League baseball. The National Organization for Women filed a gender discrimination case on her behalf and won, aiding the passage of Title IX and future federal regulations giving females the right to play sports.

“Maria is a legend and because of her sacrifices as a child, these girls today can play baseball,” said Justine Siegal, founder of Baseball For All and the first female to coach for a Major League Baseball organization.

In conjunction with the city of Hoboken, the city of Weehawken will co-host the event, with games being played on local fields on both days of the tournament.

“The Hoboken Historical Museum is very excited that the City of Hoboken has been chosen [to co-host the tournament with Weehawken],” says Robert Foster, executive director of the museum. “Maria Pepe made history here in 1972 as the first girl to take on Little League Baseball and overturn the ruling that prevented girls from playing. What better place for a girls baseball tournament?”

True-to-form to other Baseball For All tournaments, the Maria Pepe Series is being co-organized by a local all-girls baseball program, the NY Wonders. The Wonders is part of the larger NY Girls Baseball, a new incorporated nonprofit focused on growing girls baseball.

“We are honored to have Hoboken and Weehawken host this event,” says Barbara Bravo, President of NY Girls Baseball. “We look forward to many more years of this Series to honor Maria’s lasting impact on girls baseball.”

This historic event will take place just weeks before the 5th annual Baseball For All Nationals, the largest all-girls baseball tournament in the U.S. In 2018, the tournament welcomed players from the U.S., Canada, France, and Australia/ This year, Baseball For All anticipates over 400 girls ages 7–18 will be taking the field again in Rockford, Illinois, home of All-American Girls Professional Baseball League’s own Rockford Peaches.

Baseball For All is a 501(c)3 national nonprofit leveling the playing field for girls across America by providing girls with opportunities to play, coach, and lead in baseball. Featured in hundreds of media outlets including Newsweek, ESPN, Sports Illustrated, MLB.com, and the New York Times, Baseball For All is the definitive resource for media looking for answers and thoughts on girls and women playing baseball.
TOURNAMENT RULES

Unless otherwise stated in this handbook, the rules shall be those of Major League Baseball.

Age Cut-off

April 30th, 2019 is the age cut-off date.

Bat Restrictions

USABat standards apply. All divisions 13u and under must use bats that bear the USA Baseball mark. For the 15u and 18u divisions, only USA standard (with USABat seal), BBCOR, or solid wood bats are allowed.

More details on USABat standards: usabaseball.com/bats

Pitching Restrictions

Coaches are advised to follow USA Baseball’s Pitch Smart guidelines. See chart included in addendum.

Pitching Distances

9u: 60 feet base paths, 40 feet pitching distance
11u: 60 feet base paths, 46 feet pitching distance
13u: 70 feet base paths, 50 feet pitching distance
15u: 80 feet base paths, 54 feet pitching distance
18u: 90 feet base paths, 60’6” feet pitching distance

Coach Visits to the Mound

The pitcher must be removed when the manager makes a second trip to the mound in the same inning (three in a game) Umpire discretion on trips for injury.
**Player Contact/Sliding**

All runners must attempt to avoid contact with a fielder on ALL Plays. Failure to do so will result in the player being called out and could result in an ejection from the game. The umpire has final say as to whether the runner made sufficient effort to avoid a collision. When in doubt SLIDE.

Headfirst slides into all bases/home are allowed in 15u-18u.

**Substitutions/Extra Hitter**

Teams can bat 9, 10(EH) or bat entire lineup. If you bat entire lineup there is free substitution. The Extra Hitter can play anywhere on the field.

Players re-entering the game must go back in the same spot in the batting order that they left. Subs cannot re-enter game.

**Scorekeeping**

Home team is responsible to keep official book via Gamechanger and must report score to the Tournament Official after the game.

**Protests**

No game will be played under protest. The umpires on the field will decide all questions of rule interpretations, with final judgment made by tournament director or delegate.

**Pregame**

No infield practice before the game is permitted. Have team ready to play 15 minutes after completion of previous game. If we can start early or make up time, we will.
DIVISION SPECIFIC RULES

9u Division

1. Players may step off the base when the ball crosses Homeplate.
2. No stealing.
3. Dropped third strike is not in effect.
4. Infield Fly Rule is not in effect.
5. Runner may not advance to home on a passed ball or wild pitch.
6. If 9 players are not available, teams may play with as few as 7 players.
7. If teams run out of pitching, BFA staff can be consulted about using coach-pitch.

11u Division

1. Players may lead off the base when the ball crosses Homeplate.
2. Stealing of any base is allowed only after the ball crosses the plate or on a passed ball. If a player leaves the base early it will be a dead ball and the runner will be called out.
3. Dropped third strike is not in effect.
4. Infield Fly Rule is not in effect.
5. Runner may not advance to home on a passed ball or wild pitch.

13u Division

1. Baserunners can leadoff and steal a base any time the umpire has placed the ball in play.
2. Dropped third strike is in effect.
3. Infield Fly Rule is in effect.
4. To intentionally walk a batter, a coach simply needs to inform the umpire and point to first base. No pitches are to be thrown.
5. Under the discretion of the umpires, balk rules will be enforced, there will be one warning given to a pitcher.

15u -18u Division

1. To intentionally walk a batter, a coach simply needs to inform the umpire and point to first base. No pitches are to be thrown.
2. Balk rules will be enforced.
UNIFORMS & EQUIPMENT

Players Uniforms & Cleats

When Baseball For All hats are provided, they are to be worn when on the field and when off-field activities require players to be in uniform.

9u, 11u, 13u: may not wear metal cleats.

15u, 18u: may wear metal cleats.

Coach Uniform

Coach may be in full uniform or in a matching athletic gear (i.e. collared shirts with logo, dri-fit team shirts, etc.). No jeans or open-toed shoes.

Penalty: Coach may not be eligible to compete until in compliance. Whether a coach’s attire is appropriate is solely a judgement call by the tournament director and may not be appealed.

Catcher’s Helmet

Players 13 and under must wear a helmet that meets NOCSAE standard. Helmet/mask must cover both ears and include a throat protector.

Players 14 and older must meet MLB standards for catcher’s helmet and mask.

Penalty: Failure by a player to wear proper equipment after being so ordered by the umpire, shall result in an ejection of the team Manager.
GAME TIME, SEEDING, PACE OF PLAY, AND MERCY RULES

Complete Game

9u-13u: Six innings (5 ½ if home team is ahead)

15u-18u: Seven Innings (6 ½ if home team is ahead)

Time Limits

Pool Play

9u-13u: No new inning shall begin after 1 hour and 45 min.
15u-18u: No new inning shall begin after 2 hours.
Games can end in a tie

Playoff Game

If the score is tied at the end of regulation or reaches its time limit, one extra inning will be played using the international tie breaker. See below.

International Tie-Breaker: Extra-Inning Rule

If the game remains tied after the completion of seven (7) innings, the following procedures will be implemented during extra innings:

1. Each team will begin the 8th inning (and any subsequent necessary extra innings) with a player on first and second, no outs.
2. The lineup will continue as in any other inning. For example, if the 7th inning ends with the #8 hitter having the last plate appearance (PA), the 8th inning begins with the #9 hitter at bat and 2B runner is the #7 hitter, and 1B runner is the #8 hitter in the lineup.
3. With the exception of beginning the inning with runners on 1B and 2B with no one out, all other Baseball For All rules and regulations will remain in effect during the extra innings required to determine a winner.
4. The traditional system of the visiting team hitting in the top of the inning and the home team hitting in the bottom of the inning (if needed) will remain in effect until a winner is determined.

Medal Game

If the score is tied at the end of regulation or reaches its time limit, extra innings will be played using the international tie breaker.
Pace of Play

Batters Box Rule

Hitters must keep one foot in the box during their time at bat

Pitches Between Innings

18u/15u: 8 pitches 1st time pitching and 5 for every consecutive warm-up. 9u/11u/13u: 5 pitches 1st time pitching and 3 for every consecutive warm-up.

Courtesy Runner: Catchers & Pitchers

When on the base paths, catchers must have a courtesy runner when there are 2 outs. Catchers may choose to have a courtesy runner with no outs or one out. Pitchers may have a courtesy runner with 2 outs.

Mercy Rules

Inning Mercy Rule

9u-11u: 5 runs per half inning, plus the runs that finish the play. Last inning no limit.

13u – 18u: 8 runs per half inning, plus the runs that finish the play. Last inning no limit.

All Divisions

Ten run rule shall apply after 4 innings (3 ½ innings if the home team is winning)

Fifteen run rule shall apply after 3 innings (2 ½ if the home team is ahead.

Mercy rules apply in all games

Seeding

Seeding will be based on the following:

Best Record
Head to Head
Least Runs Given Up (Runs Allowed)
Largest Run Differential
Coin Flip
RAIN POLICY

If rain occurs during a game, the game will be suspended and picked up from that point if the game has not reached official status.

If game has reached official status, see Official Status (Regulation Game) and Note below

1. Official Status (Regulation Game)

   For 9U-13U, four full innings have been played or the home team has scored an equal or greater number of runs in three, or three and a fraction, turns at bat than the visiting team has scored in four turns at bat.

   For 15U-18U, five full innings have been played or the home team has scored an equal or greater number of runs in four, or four and a fraction, turns at bat than the visiting team has scored in five turns at bat.

   If the game is suspended when the teams have not had an equal number of completed times at bat, the score shall be the same as it was at the end of the last completed inning; except that if the home team in its half of the incomplete inning, scores a run (or runs) which equals or exceeds the opponent’s score, the final score shall be as recorded when the game is called.

   For all divisions, the umpire may suspend a game, but not declare the game complete, in order to hold discussions with BFA tournament officials.

2. In the event of extended inclement weather, at its sole discretion the tournament committee may deem it necessary to alter the tournament format by shortening either the time limit for games and/or reducing the number of innings that will constitute an official game, or any means necessary to complete the tournament within the published dates.

3. No refund will be given on account of rain or other inclement weather.

4. In the event that bracket play cannot continue due to inclement weather (as determined solely by the tournament committee), final tournament standings will be determined by taking the remaining non-eliminated teams and choosing final standings based on the seeds prior to the beginning of bracket play.
CONDUCT & RESPONSIBILITIES

Coach Responsibilities

Managers are responsible for the conduct of their team and parents.

All coaches must agree to the Baseball For All Coach Pledge (see addendum), submit a background check, and complete USA Baseball’s online course, Abuse Awareness for Adults.

Participant and Spectator Conduct

Any Player, Coach, Manager, or spectator who acts in an unsportsmanlike manner will be warned once by the umpire or a tournament official. The second time, that person will be removed from the field. If in the judgment of the umpire or tournament official, the offense is of a more serious nature, that person may be ejected from a game without being issued a warning and may be suspended from all further tournament play or participation, subject to the Tournament Director’s discretion. In the event of illegal activity, law enforcement will be called.

Any individual who was warned, ejected, or suspended by a tournament official may be subject to additional corrective actions by Baseball For All, and/or law enforcement.

Alcohol Policy
Alcohol is not allowed at tournament events. Violators will be asked to leave the park.

Tobacco Policy
A coach, player, participant, or spectator may not use tobacco or tobacco-like products or e-cigarettes within the confines of the field.

Music Policy
Only event personnel can play music during games and practices on Baseball For All sites.

Player & Coach Ejections

The first occurrence results in suspension for the rest of the game (removal from game site) in which ejection occurs and for the next scheduled game.

The second occurrence results in suspension for the remainder of the tournament as well as possible further sanctions subject to the review of Baseball For All.

If all coaches listed on the team’s tournament roster are ejected during a game, then the team may continue if the players decide to take charge of their team.
The Baseball For All Coach Pledge

A pledge inspired by real conversations with young girls in our program.

I will treat her as a baseball player.
I will honor her love of baseball by giving her playing time.
I will provide opportunities for her to play positions she’s interested in.
I will cultivate a positive team environment.
I will respect each girl’s opinions, lifestyle, and preferences.
I will demonstrate good sportsmanship towards opponents and umpires.
I will provide constructive coaching without yelling at, intimidating, or humiliating my players.
I will ensure parents treat players with the utmost respect without coaching or arguing from the stands.
I will compete knowing that win or lose, how I made her feel is what she’ll remember most.
I will believe in her.
I will empower her.
I will help her find her strengths.
I will challenge her to be her best.
And above all else, I will dare her to follow her dreams.
GUIDELINES FOR YOUTH AND ADOLESCENT PITCHERS

Each organization – whether it be a league, travel team, showcase or tournament – should establish rules for that league to ensure that players must follow the guidelines while playing in that league. Ultimately, it is the responsibility of the parent and the athlete to ensure that the player follows the guidelines for his age group over the course of a year – given that he will oftentimes play in multiple leagues with different affiliations covering different times of the year.

Pitch Count Limits and Required Rest Recommendations

It is important for each league to set workload limits for their pitchers to limit the likelihood of pitching with fatigue. Research has shown that pitch counts are the most accurate and effective means of doing so.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAILY MAX (PITCHES)</th>
<th>REQUIRED REST (PITCHES)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>0 Days</td>
</tr>
<tr>
<td>7-8</td>
<td>50</td>
<td>1-20</td>
</tr>
<tr>
<td>9-10</td>
<td>75</td>
<td>1-20</td>
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<td>11-12</td>
<td>85</td>
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<tr>
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<td>15-16</td>
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<tr>
<td>17-18</td>
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</tr>
<tr>
<td>19-22</td>
<td>120</td>
<td>1-30</td>
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