

April

29

Sports of all Sorts

Virtual

Kids

Activities



Craft - Paint Your Favorite SportsBall!

What's your favorite sport? Do you think you know everything there is to know about sports? Follow this link for some cool facts on all Sports <https://www.softschools.com/facts/sports/>

Take a picture of your painting and add it to our comments!!

Materials:

- Canvas (or piece of cardboard)
- Tempera or Acrylic Paint
- Scrap Cardboard

Directions:

1. Decide what type of ball you would like to paint and gather your colors and canvas if you have one. If you do not have canvas at home no worries! You can use a piece of cardboard to paint on as well, and it will probably help to paint it with a base coat of white before you begin, and as a bonus you are recycling! It will help to lightly sketch the ball onto the canvas, BE SURE TO DRAW VERY LGHTLY!
1. Start Painting! It might also help to make some stencils out of cardboard to aid in your painting! So if you are making a soccer ball, you would make a stencil of the pentagon shape you would use to paint on the black part of the ball. If you are wanting to make one that looks like the base ball above, it would help to have a round object to trace to help you get a more perfect circle.
2. You can also customize the paintings to represent your favorite sports team by which color you choose, or even paint the logo somewhere in your painting. Get creative!



Virtual Exploration - Wrigley Field Tour

It's Baseball season!! Grab some peanuts and Cracker Jacks and get lost in this visit to the home of the Chicago Cubs.

<https://www.youtube.com/watch?v=KGjAbDag2F8>

Science Activity - Hockey Science Project

Have you ever watched hockey and thought about the puck?

How fast is it going? And how does it go so fast?

Get ready to hit the ice and follow the link below to get all the answers.

Take a picture of your results and add them to our comments!!

<https://creativefamilyfun.net/hockey-science/>



Daily Challenge - At Home Olympics

Create fun and friendly competitions like a cartwheel or jump rope contest? How many cartwheels can you do in a row? Who can jump rope the longest? Challenge your family members, create and have a medal ceremony.

Follow this link for fun ideas on how to get started

<https://www.activityvillage.co.uk/holding-your-own-olympic-games>

Show us your olympics - use items you have around your house - be creative! Take a picture when you're done then add them to our comments!!



Let's Stay Active -

Follow the links below for fun dance challenges. Bring your moves and learn some new ones in these dance challenges.

Just Dance 2018 - Waka Waka This Time For Africa

https://www.youtube.com/watch?v=gCzgc_RelBA&feature=youtu.be

Omi - Hula Hoop - dance kids

<https://www.youtube.com/watch?v=-4Gu7d2taHI&feature=youtu.be>

