Dr. Mirsky is a Professor with the department of Social Work, Ben-Gurion University (BGU) of the Negev, Israel. She serves as the Head of this Department's Ph.D. program and in the past served as the Head of the Department. Dr. Mirsky is a licensed clinical psychologist. Her scientific work focuses on psychological aspects of migration and she took part in a number of large-scale international research projects on this topic. She teaches courses on processes that take place in migration and in cultural transition on individual and family levels, in the normative as well as psychopathological range. She supervises a large number of Ph.D. research students and had published over 60 papers, 17 chapters in books and 6 books.

Presently Prof. Mirsky holds the Samuel and Miriam L. Hamburger Chair in the Integration of Immigrant Communities at BGU and is involved in two additional projects. She heads The BGU Project for Research and Education on Migrant's Lives in Israel (MigLives.IL) that she had initiated with colleagues from the Faculty of Humanities and Social Sciences. The project collects and documents narratives of migrants in Israel and aims to encourage research and educate students as well as the general public about the lives of migrants in Israel in order to advance tolerance and social cohesion. Prof. Mirsky also acts as a Coordinator to DEMO, an international project funded by a EU Erasmus + which aims at developing and disseminating in the Israeli academic system innovative courses on migrant's lives. The project comprises a consortium of eleven academic institutions in Israel and in Europe.