Geography

Jamaica is a mountainous island in the Caribbean Sea about 600 miles (965 kilometers) south of Miami, Florida.

It is part of the chain of Caribbean islands called the Greater Antilles, along with Cuba, Hispaniola, and Puerto Rico.

Jamaica was formed when the North American and Caribbean tectonic plates collided about 25 million years ago.

To learn more about Jamaica follow the link below:
https://kids.nationalgeographic.com/explore/countries/jamaica/

Craft - Jamaican Flag using Dyed Rice

The flag of Jamaica was adopted on 6 August 1962 (Jamaican Independence Day), the country having gained independence from the British-protected Federation of the West Indies.

The flag consists of a gold saltire, which divides the flag into four sections: two of them green (top and bottom) and two black (hoist and fly).

It is currently the only national flag that does not contain the colors red, white, or blue.

To learn more about the History of the Jamaican Flag follow the link below:

Materials:

- Outline of Jamaican Flag (draw one on paper)
- Rice
- Vinegar
- Food Coloring in Black, Yellow, and Yellow
- Glue

Follow the link below for step by step tutorial:

Post a photo of your finished product in our comments!
Virtual Exploration - Bamboo Rafting in Jamaica

Ride along on a 30-foot bamboo raft down the Martha Brae River in Jamaica.

Follow the link below and get ready to explore https://www.youtube.com/watch?v=6I60l3tEwrc

Science Activity - Hot & Cold Temperature Experiments

What is the difference between hot & cold water?

The difference is faster molecular motion in hot water. Temperature is simply a measure of kinetic energy, the motion of molecules. In colder water and other substances, the molecules move a bit more sluggishly. At the theoretical temperature of absolute zero, they stop.

Follow the link for this fun experiment https://alittlepinchofperfect.com/learn-hot-cold-temperature-science-experiments-kids/

Daily Challenge - Let’s Make Banana Bread

Do you know what country was the world's first banana exporter? Jamaica was the first Western country to commercially produce and export bananas. The country’s banana industry started back in 1866 and banana is a main ingredient for many Jamaican recipes from banana chips, banana chutney, ketchup, bread, biscuits, cakes, etc. Feel like baking?

Try this easy recipe for a delicious banana bread by following the link below; https://www.allrecipes.com/recipe/241707/joys-easy-banana-bread/

Let’s Stay Active - Running

Jamaica has the world’s fastest runners. Out of the top 5 fastest male runners, 4 are Jamaican. They are Usain Bolt, Yohan Blake, Asafa Powell and Nesta Carter. Do you enjoy running? Read this article and maybe you can be the next Usain Bolt. https://blog.teamsnap.com/how-to/how-to-teach-kids-to-sprint-correctly

Video of Usain Bolt’s record-breaking races during 2008 Olympics https://youtu.be/93dC0o2aHto