

north berwyn

www.nbpd4fun.org

p a r k d i s t r i c t

**Back to School
FIESTA NUESTRAS
RAÍCES**

pg. 2

SUMMER SERIES

pgs. 3-5

**It's time for
SUMMER CAMP!**

pgs. 10-11

KIDS ART CLASSES

pgs. 18-19

**2014
Summer**

REGISTRATION North Berwyn - May 27 Open - June 2



Back to School **Fiesta**

Nuestras Raíces **2014**

**Saturday
August 23**

12:00 - 9:00 pm
Free

**Angel Melendez's
Tribute to
"El Cantante"
Hector Lavoe**

**Live Entertainment
Food Vendors * Kids Zone
Petting Zoo * Pony Rides
Carnival Games**

**North Berwyn Park District
Community Center
16th & Wesley Avenue**

For more information: Tel: 708-749-4900

Website: www.nbpd4fun.org

Facebook: facebook.com/northberwynparkdistrict

MOVIES in the PARK

AT KRIZ PARK, 15th & Maple Ave.

*STARTS AT DUSK

JUNE 19

MONSTERS
UNIVERSITY

JULY 24

THE **LEGO**
MOVIE

AUGUST 21

DESPICABLE
ME 2





Summer

CONCERTS *in the* PARK

JUNE 12 Kriz Park 7:00 pm

The Boogers Kids Rock

With enough “cool” for even those in the double digits, The Boogers’ blend of kid friendly rock songs and audience interaction encourages everyone to just have a good time with music.

JULY 17 Kriz Park 7:00 pm

Nigel Mack & the Blues Attack Blues & Funk

Nigel Mack delivers a high energy show that fuses blues classics with the punch of contemporary original blues.

AUGUST 23 Fiesta Nuestras Raíces

**Angel Melendez’s Tribute to
“El Cantante” Hector Lavoe** Latin

Angel plays an array of Latin music from the modern tropical sounds of today ranging from Salsas, Boleros & Cha Cha Chas to the most traditional hard hitting Mambo of the 50’s.



Series

JUNE 26 Kriz Park 7:00 pm

Line Dancing

Exercise your body & mind by dancing to lively, upbeat music. Line Dancing is a fun way to dance socially without a dance partner.

JULY 31 Kriz Park 7:00 pm

Salsa

Learn the technique and practice what you have been taught, you'll be able to step into any nightclub; feel comfortable; fit right in and dance a variety of Latin Dances all night long. Que viva la salsa!

AUGUST 23 Fiesta Nuestras Raíces

Samba

Come experience Brazilian dance moves at **Fiesta Nuestras Raíces** that will have you sweating, moving body parts that you didn't even know existed and all-the-while feeling like you are at a carnival party in Rio.

DANCING
in the PARK

Hello Neighbors!

Sidewalks are clear so hike on over to NBPD and sign up for one or two of our wonderful programs.

Don't like to exercise? Then join us for lunch or go on a trip.

In either case, have fun with your neighbors.

See you soon!

Sincerely,

Ann Mackin, President
Board of Commissioners

What's Inside?

Art-Kids.....	18-19
16th Street Theater.....	31
Before & After School Experience (B.A.S.E).....	14
Best of Berwyn.....	9
Camps.....	10-11, 13
Club 55.....	30, 32-34
Dance-Adults.....	27
Dance-Kids.....	20-23
Garden/Nature.....	25
Fiesta Nuestras Raíces.....	2
Fitness-Adults.....	28-30
Fitness-Kids.....	24-25
Flea Markets.....	7
Free Assistance.....	12
Important Information.....	37
Locations.....	39
Movies in the Park.....	3
Music-Kids.....	19
Partner's Classic Golf Outing.....	8
Preschool.....	16-17
Rentals.....	38
Sports-Kids.....	26
Summer Series.....	4-5
Trips.....	35
Volunteer Opportunities.....	7
WSSRA.....	36
When School's Out.....	15

Board of Commissioners

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Vice President

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Jim Kearns, Jr
Commissioner

Jack Lopez
Commissioner

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Joseph C. Vallez



Registration Hours

Monday-Friday
8:30 am - 8:00 pm

Saturday
9:00 am - 12 noon

Community Center

1619 Wesley Avenue
Berwyn, IL 60402
(708) 749-4900
www.nbpd4fun.org

Volunteering & Community Service Opportunities

VOLUNTEERS

Volunteer for the North Berwyn Park District where you will benefit in many ways...

You can serve your community and make new friends as well as be of service to others! Take this opportunity to develop skills and build up your resume! If you are interested in a career in the recreation field, you can gain experience and knowledge that will help you in the future.

Volunteer positions available: Grant Writer/Researcher, Records Retention, Clerical, Classroom Aide, Gardener, Special Events, Instructor, Maintenance, 16th Street Theater Production Assistant and Sports Aide!

If you are interested in any position - please pick up a Volunteer Handbook at the North Berwyn Park District, 1619 Wesley Avenue, Berwyn – if you have a skill that is not listed, please let us know!

COMMUNITY SERVICE

Are you looking to fill your Community Service requirements? We might be able to help you out, while you help us! Just stop in at the North Berwyn Park District, 1619 Wesley Avenue, Berwyn for your Volunteer Handbook.

QUESTIONS

Contact Nancy Woods at 708-749-4900 x11 or nwoods@nbp4fun.org



Summer Flea Markets

Didn't finish your spring cleaning because you have way too much stuff and you just don't know what to do with it all? Sell it at our annual summer flea markets and make a few bucks off of what you no longer need. If you're not a seller, stop by and you might find that one item that you have been looking for. Many hidden treasures are waiting to be discovered! NOTE: Vendors will not be allowed to set up earlier than 8:00 am. 8x10 spot, no tables provided.

June

All Ages

Saturday, June 14

9:00 am-2:00 pm

R/NR: \$13/\$15

16th St & Wesley Avenue (Outdoors)

Register By: 6/13

#253101A

Min 10/Max 25

July

All Ages

Saturday, July 12

9:00 am-2:00 pm

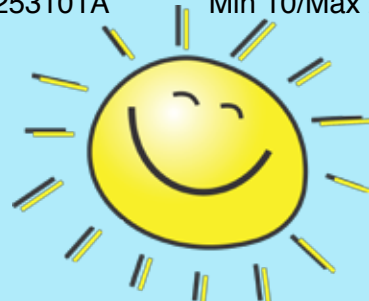
R/NR: \$13/\$15

16th St & Wesley Avenue (Outdoors)

Register By: 7/11

#253101B

Min 10/Max 25



Friday, July 25

White Pines Golf Club

500 West Jefferson Street
Bensenville, IL 60106



Partner's Classic

GOLF Outing

Proceeds to benefit Berwyn North District 98 Educational Foundation

To register or to become a sponsor, please contact
Nancy Woods

nwoods@nbpd4fun.org or call (708) 749-4900 x11.

Registration form can also be downloaded at
www.nbpd4fun.org

MAKE THE
HOLE. MAKE A
DIFFERENCE!





2014
North Berwyn Park District
Best of Berwyn
Junior Citizen Recognition Program



Best of Berwyn 1st place

Joncarlo Soto

2nd place

Nathaniel C. Ortega

3rd place

Alyssa Barrera



Summer Camp!

Arts & Crafts
Fitness Games
Board Games
Movies
Swimming
Field Trips
Fun, fun, & more fun!

Field Trips
every
week!



BOYS & GIRLS
3-12 YEARS

SUMMER CAMP 2014

Are you ready for some fun?

10 Fun-Packed Weeks!

- Week 1 : June 11 -13
- Week 2 : June 16 - 20
- Week 3 : June 23 - 27
- Week 4 : June 30 - July 3
- Week 5 : July 7- 11
- Week 6 : July 14 - 18
- Week 7 : July 21 - 25
- Week 8 : July 28 - August 1
- Week 9 : August 4 - 8
- Week 10 : August 11 - 15



Fun in the Sun!

Ages: 6-8 & 9-12

Summer Camp, a place to learn, grow, make friends, and have fun! Feel the excitement of adventure on our Dynamic Field Trips. Exhibit your competitive spirit in our Organized Sports. Feeling creative? Express yourself through our Performing and Visual Arts. Like to take risks, or just need to cool off? Take a dip in the Swimming Pool. Come experience the endless activities with our qualified staff, develop friendships and lifelong memories. Simply put- the experience of a lifetime.

Monday-Friday

A: June 11 - 13
B: June 16 - 20
C: June 23 - 27
D: June 30 - July 3
E: July 7 - 11
F: July 14 - 18
G: July 21 - 25
H: July 28 - Aug 1
I: Aug 4 - 8
J: Aug 11-15

Code: 213303 A-J **Ages:** 6-8
Code: 213303 K-T **Ages:** 9-12
Min 15

Time: 9:00 am - 3:00 pm
Location: Prairie Oak
R/NR Fee: \$93/\$99 weekly



Before Camp

Get an early start on the fun. Children must be registered for Summer Camp Fun in the Sun to participate in the Before Camp program.

Age: 6-12

Days: Monday-Friday

Time: 7:00-9:00 am

Location: Prairie Oak

Fee: \$23R/\$28NR

*See Camp Session A-J for dates

Code: 213301 A-J
Min 15

After Camp

Not ready to go home and miss out on fun and games? Stay a little longer. Children must be registered for Summer Camp Fun in the Sun to participate in the After Camp program.

NOTE: Snack will be provided

Age: 6-12

Days: Monday - Friday

Time: 3:00-6:00 pm

Location: Prairie Oak

Fee: \$30R/\$35NR

*See Camp Session A- J for dates

Code: 213302 A-J
Min 15

Play Camp

Ages: 3-5

Summer Camp, a place to learn by experimentation and exploration. Children benefit from the feel, sight, and smell of natural materials; they learn concentration, interest, and a love of learning through dress-up, singing, art projects, story time, community field trips, playing in the zero depth water park and other activities. Allow your child's spirit and imagination to soar!

Monday-Friday

A: June 9 - 13
B: June 16 - 20
C: June 23 - 27
D: June 30 - July 3
E: July 7 - 11
F: July 14 - 18
G: July 21 - 25
H: July 28 - Aug 1
I: Aug 4 - 8
J: Aug 11-15
Code: 213104 A-J
Min 10

Time: 9:30 am-1:30 pm

Location: Community Center

R/NR Fee: \$60/\$66 weekly

DISCOUNTS

Multi-child family discount

1st child full price

2nd child 10% DISCOUNT!

REGISTRATION

To be eligible for the Fun in the Sun Program children must be 6 by June 1, 2014 and not older than 12 by August 1, 2014.

To be eligible for the Play Camp Program children must be 3 by June 1, 2014 and not older than 5 by August 1, 2014.

NOTES

Fee includes Camp T-shirt, Lunch bag and a Backpack. Please supply your camper with a lunch and drink daily.

SAVE
\$100
When you Sign up
for
10 WEEKS!

You may qualify for ASSISTANCE from the Department of Human Services for Child Care!

- 1) Who is eligible for child care assistance from the state?
 - Low-income working families
 - TANF clients in education, training, or other work-related activities approved by their caseworkers
 - Teen parents (under age 20) in elementary or high school, or a GED program
 - Low income families who are in school or training and are not receiving TANF cash assistance. (Must work at least 10 hours per week if they are in a college degree program.) Occupational vocational training, GED, ABE, ESL, and other below post-secondary education programs do not have a work requirement for the first 24 months. High school does not have a work requirement.
- 2) What does "low income" mean?

Your family's countable income must be below the following guidelines

<u>Family Size</u>	<u>Monthly Income Must Be Below</u>
2	\$2,334
3	\$2,934
4	\$3,534
5	\$4,134
6	\$4,734
7	\$5,334
8	\$5,934

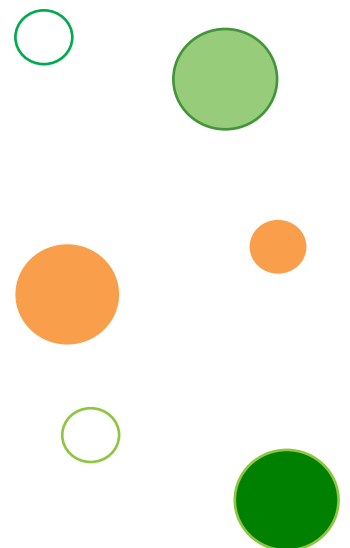
To determine your countable income, the gross wages paid by an employer are added to your other income (such as any government benefits, child support you receive, or self employment income.) Any child support you pay is subtracted from your income.

- 3) Must I be the child's parent to qualify for the program?

No. A child's legal guardian or other relatives caring for the child are also eligible and should fill out an application form. Foster parents can receive child care assistance from the Department of Children and Family Services.
- 4) How old can the child be?

All children under age 13 are eligible. Children 13 or older are eligible if they are under court supervision or have written documentation from a medical provider stating that they are physically or mentally incapable of caring for themselves.

How you
can receive
FREE or
Discounted
after SCHOOL
Care
& summer
Camp
for your
child...





North Berwyn
Park District's

16th
STREET
THEATER

Theater Camp

A Star is Born!

Do you have a Drama Queen or King? This is the camp for them! Led by theater professionals, campers will play teamwork and imagination games and develop theatrical skills while having lots and lots of fun! At the end of the week, campers will perform for friends and family on the professional stage at 16th Street Theater!

1 week

Ages: 6-8

Day: Monday-Friday

Dates: 6/23-6/27

Time: 9:00 am - 12:00 pm

Location: Cultural Center/
16th Street Theater

R/NR Fee: \$75/\$85

Register By: 6/9

Min 10/Max 20

Code: 263813A

Let's Put on a Show!

This drama-filled week is for theatrical tweens who want to develop their performing skills and have an awesome time! Participants will work on acting techniques, learn how to be part of an ensemble, and even receive training in stage combat - POW! Campers will work together during the week to rehearse and perform a presentation for friends and family on the professional stage at 16th Street Theater!

1 week

Ages: 9-11

Day: Monday - Friday

Dates: 7/21-7/25

Time: 9:00 am - 12:00 pm

Location: Cultural Center/
16th Street Theater

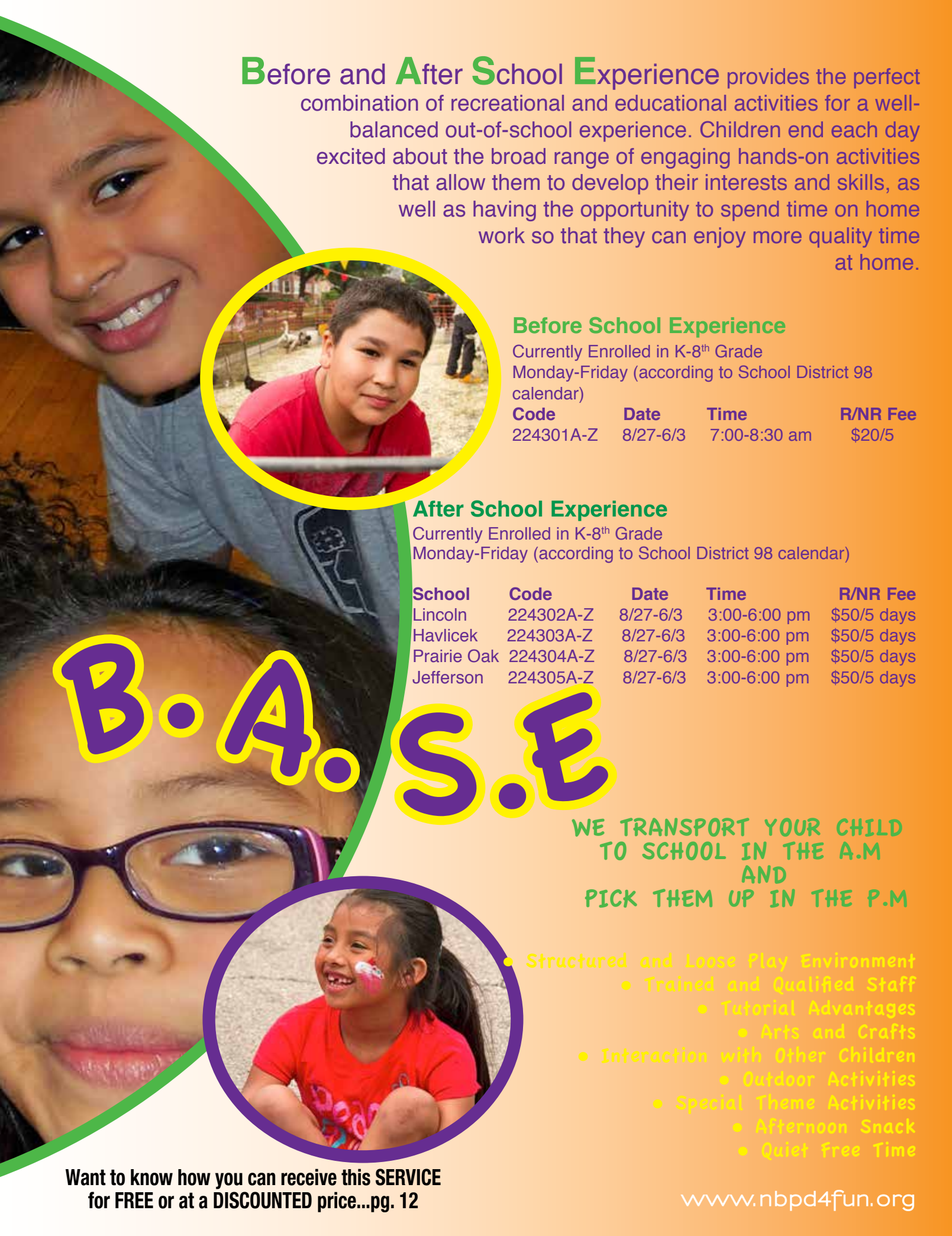
R/NR Fee: \$75/\$85

Register By: 7/7

Min 10/Max 20

Code: 263813B

From Imagination to Creation



Before and After School Experience provides the perfect combination of recreational and educational activities for a well-balanced out-of-school experience. Children end each day excited about the broad range of engaging hands-on activities that allow them to develop their interests and skills, as well as having the opportunity to spend time on home work so that they can enjoy more quality time at home.



Before School Experience

Currently Enrolled in K-8th Grade
Monday-Friday (according to School District 98 calendar)

Code	Date	Time	R/NR Fee
224301A-Z	8/27-6/3	7:00-8:30 am	\$20/5

After School Experience

Currently Enrolled in K-8th Grade
Monday-Friday (according to School District 98 calendar)

School	Code	Date	Time	R/NR Fee
Lincoln	224302A-Z	8/27-6/3	3:00-6:00 pm	\$50/5 days
Havlicek	224303A-Z	8/27-6/3	3:00-6:00 pm	\$50/5 days
Prairie Oak	224304A-Z	8/27-6/3	3:00-6:00 pm	\$50/5 days
Jefferson	224305A-Z	8/27-6/3	3:00-6:00 pm	\$50/5 days

B.A.S.E

**WE TRANSPORT YOUR CHILD
TO SCHOOL IN THE A.M
AND
PICK THEM UP IN THE P.M**



- Structured and Loose Play Environment
 - Trained and Qualified Staff
 - Tutorial Advantages
 - Arts and Crafts
- Interaction with Other Children
 - Outdoor Activities
 - Special Theme Activities
 - Afternoon Snack
 - Quiet free Time

Want to know how you can receive this SERVICE for FREE or at a DISCOUNTED price...pg. 12

www.nbpd4fun.org

When School's Out, We're In!

You have a day off from school, but nothing to do? Join us for an exciting day of fun with familiar friends! The day will consist of sports, art, games, and fun, fun, fun! All outdoor activities are weather permitting. Make sure you bring a lunch each day.

Full Days Off

Course	Date	Time	R/NR Fee
224306A	10/13	7:00 am-6:00 pm	\$25/per day
224306B	11/26	7:00 am-6:00 pm	\$25/per day
221306A	01/19	7:00 am-6:00 pm	\$25/per day
221306B	02/16	7:00 am-6:00 pm	\$25/per day
221306C	02/17	7:00 am-6:00 pm	\$25/per day
221306D	02/18	7:00 am-6:00 pm	\$25/per day

Location: Prairie Oak Gym

Min 10

Register By: At least one week prior to day off.



DISCOUNTS

Multi-child family discount
1st child full price
2nd child 10% discount!

REGISTRATION

Must register 1 week prior to
When School's Out We're In date.
If minimum registrations are not
met, the program date may be
canceled.





**2 Day
Classes**

PRESCHOOL

Our philosophy is learning through play. Play was once considered to be the opposite of education, but is now regarded by early childhood specialists as the extraordinary educational process by which preschool children become introduced to a world filled with new and exciting discoveries. We encourage creative expression, socialization, interaction with peers, and the development of a positive self-image. We are devoted to leading your child through this exciting and important period of their lives.

The New Kids 1

Offering your child an early social awareness of others, building self-confidence in a nurturing environment. Your child will explore important concepts including letters, numbers, shapes and colors. Classes are fun-filled with music, songs, wonderful stories and art projects. All concepts are presented through hands-on learning with the emphasis being fun and discovery! NOTE: Child must be 3 years old by child's first day of school.

The New Kids 1

Ages: 3-4

Day: Mondays, Tuesdays

Dates: 9/8-5/19

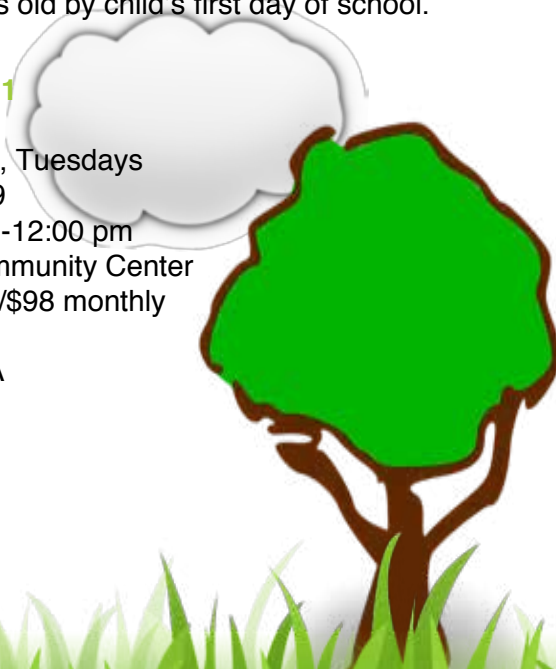
Time: 9:15 am-12:00 pm

Location: Community Center

R/NR Fee: \$82/\$98 monthly

Min 6/Max 20

Code: 124101A



The Rookies 1&2

Exposing your child to an array of activities including art projects, games, dancing and music! Your child will socialize with new friends, while also learning the basics of colors, shapes, numbers and the alphabet! Watch your child discover and grow! NOTE: Child must be 3 years old by child's first day of school.

The Rookies 1

Ages: 3-4

Day: Wednesdays-Fridays

Dates: 9/10-5/22

Time: 9:15 am-12:00 pm

Location: Community Center

R/NR Fee: \$108/\$134 monthly

Min 6/Max 20

Code: 124102A

3 Day
Classes

The Rookies 2

Day: Wednesdays-Fridays

Dates: 9/10-5/22

Time: 1:15-4:00 pm

Location: Community Center

R/NR Fee: \$108/\$134 monthly

Min 6/Max 20

Code: 124102B

The Major Leagues 1&2

Encouraging your child to explore on their own as much as possible, they'll do their own drawing, painting, experimenting, buttoning, etc. Through fun and educational activities, we take every opportunity to help each child develop responsibility and self-esteem. NOTE: Child must be 4 years old by child's first day of school.

The Major Leagues 1

Ages: 4-5

Day: Mondays-Thursdays

Dates: 9/8-5/21

Time: 9:15 am-12:00 pm

Location: Community Center

R/NR Fee: \$139/\$154 monthly

Min 6/Max 20

Code: 124103A

4 Day
Classes

The Major Leagues 2

Day: Mondays-Thursdays

Dates: 9/8-5/21

Time: 1:15-4:00 pm

Location: Community Center

R/NR Fee: \$139/\$154 monthly

Min 6/Max 20

Code: 124103B



art is a powerful way to learn

Preschool Art by Young Rembrandts

Get ready for summer fun with a Young Rembrandts drawing class. During the summer months, our students will illustrate summer imagery. From the depths of the ocean to a mesmerizing carousel, we'll create colorful drawings that capture the spirit of summertime. A world of inspiration and art is at your child's fingertips. Enroll your child today!

Instructor: Young Rembrandts

8 weeks

Ages: 3-5

Day: Saturdays

Dates: 6/14-8/2

Time: 10:30-11:15 am

Location: Community Center

R/NR Fee: \$59/\$69

Register By: 6/7

Min 6/Max 10

Code: 153101A

Elementary Art by Young Rembrandts

Get ready for summer fun as your budding artist explores the great outdoors with a Young Rembrandts drawing class. Our students will create desert-themed imagery. We'll draw colorful illustrations of familiar desert critters, like the coyote and lizard. A detailed drawing of a Navajo blanket will challenge our students' artistic sensibilities. Kick off summer right. Enroll today!

Instructor: Young Rembrandts

8 weeks

Ages: 6-8

Day: Saturdays

Dates: 6/14-8/2

Time: 11:30 am-12:15 pm

Location: Community Center

R/NR Fee: \$59/\$69

Register By: 6/7

Min 8/Max 20

Code: 153102A

Cartoon Art by Young Rembrandts

This summer, it's nothing but laughs and art with a Young Rembrandts cartoon drawing class. We'll create amazing drawings that are inspired by the hot summer months. From cartoon characters trying to stay cool to a delightful sequence featuring fun with ice cream, we'll illustrate humorous, detailed scenes. Fight off summer boredom, enroll today!

Instructor: Young Rembrandts

8 weeks

Ages: 9-11

Day: Saturdays

Dates: 6/14-8/2

Time: 12:30-1:15 pm

Location: Community Center

R/NR Fee: \$59/\$69

Register By: 6/7

Min 8/Max 20

Code: 153102B



Kids/Teens



Drawing From Nature

This hands-on and experimental drawing class is designed to engage the imagination and foster the creative expression of young artists. Projects might include self-portrait, landscapes, exploring and magnifying plants, as well as abstract drawings and realistic creatures like favorite pets. Motor skills will be enhanced with a variety of kid-friendly themed projects.

Instructor: Jose Saenz

Jr. Artists

Ages: 5-8
Day: Mondays
Dates: 6/9-7/28
Time: 4:00-5:00 pm
Location: Cultural Center
R/NR Fee: \$25/\$35
Register By: 6/2
Min 5/Max 10
Code: 153703A

Sr. Artists

Ages: 9-12
Day: Mondays
Dates: 6/9-7/28
Time: 5:15-6:15 pm
Location: Cultural Center
R/NR Fee: \$25/\$35
Register By: 6/2
Min 5/Max 10
Code: 153703B

Art Explorations

In this class, Jr. Explorers will be exposed to famous artwork, artist techniques, and different mediums such as watercolor, pastels, charcoal and acrylic. Sr. Explorers will receive advanced instruction and will create their own artwork while developing their own style of art making.

Instructor: Jose Saenz

8 weeks

Jr. Explorers

Ages: 7-10
Day: Tuesdays
Dates: 6/10-7/29
Time: 4:00-5:00 pm
Location: Cultural Center
R/NR Fee: \$25/\$35
Register By: 6/3
Min 5/Max 10
Code: 153710A

Sr. Explorers

Ages: 11-14
Day: Tuesdays
Dates: 6/10-7/29
Time: 5:15-6:15 pm
Location: Cultural Center
R/NR Fee: \$25/\$35
Register By: 6/3
Min 5/Max 10
Code: 153710B

Beginner Piano

Start the magical journey right now and add a new positive dimension to your child's life. Note reading, keyboard technique and musical terminology are just the start of a wonderful experience that adds so much to becoming a well-rounded student. Keyboards are provided.

Instructor: Nicholas Davio

8 weeks

Ages: 7-13
Day: Wednesdays
Dates: 6/11-7/30
Time: 5:30-6:30 pm
Location: Community Center
R/NR Fee: \$89/\$109
Register By: 6/4
Min 5/Max 7
Code: 183106A

8 weeks

Ages: 7-13
Day: Wednesdays
Dates: 6/11-7/30
Time: 4:15-5:15 pm
Location: Community Center
R/NR Fee: \$89/\$109
Register By: 6/4
Min 5/Max 10
Code: 183101A

Guitar 1A

Here is where it all begins! No requirements needed except a desire to see if you can make music a fun part of your life! Make your dream come true and play guitar in no time! You'll learn to read notes, strum chords, and even how to care for your instrument. Limited number of guitars available for use. Advanced instruction will be given to students with moderate experience.

Instructor: Nicholas Davio



Kids/Teens

Ballet

Stimulate your child's creativity and energy through ballet! In this class, your little one will be taught through exercise, movements, mime, arm carriage and free expression. Stretching and beginning ballet steps will be learned as well as complete ballet dance! Remember parents, dance promotes discipline, coordination, memory, stamina, and many other positive characteristics which can be very beneficial to your child's future.

8 weeks

Baby Ballet

Ages: 3-4
Day: Saturdays
Dates: 6/14-8/2
Time: 12:00-12:30 pm
Location: Community Center
R/NR Fee: \$39/\$49
Register By: 6/7
Min 6/Max 12
Code: 193101B

Instructor: Ms. Marilyn

Ballet

Ages: 4-6
Day: Saturdays
Dates: 6/14-8/2
Time: 10:00-10:35 am
Location: Community Center
R/NR Fee: \$39/\$49
Register By: 6/7
Min 6/Max 15
Code: 193101A

Tiny Tappers

TAP, TAP, TAP! Boys and girls will love the excitement of TAPPING! The art of tap dance is energetic, fun and a great way to develop rhythm and coordination as well as basic motor skills. Your toddler will learn beginning tap steps and eventually a routine! Best of all, your child will begin to build up a positive self esteem at a very early age.

Instructor: Ms. Marilyn

8 weeks

Ages: 3-6
Day: Tuesdays
Dates: 6/10-7/29
Time: 5:15-5:50 pm
Location: Community Center
R/NR Fee: \$39/\$49
Register By: 6/3
Min 6/Max 15
Code: 193102A

Ballet/Tap Beginner

How much fun it is to dance! In this combination class, your child will begin to learn the art of ballet along with the musical steps of tap. Learning new ways of expressing themselves in an artistic, physical way will make their experience fun and exciting.

Instructor: Ms. Marilyn

8 weeks

Ages: 4-6
Day: Saturdays
Dates: 6/14-8/2
Time: 10:50-11:45 am
Location: Community Center
R/NR Fee: \$49/\$59
Register By: 6/7
Min 6/Max 15
Code: 193103A

Ballet/Tap Intermediate

Keep the fun going! During this class, your child will learn new and advanced ballet movements that will help them increase their strength and grace in movement. (½ hr. ballet & ½ hr. tap)

Instructor: Ms. Marilyn

8 weeks

Ages: 7-12
Day: Tuesdays
Dates: 6/10-7/29
Time: 6:00-7:00 pm
Location: Community Center
R/NR Fee: \$49/\$59
Register By: 6/3
Min 6/Max 15
Code: 193104A



Kids/Teens Dance

You & Me Dance

You & Me Dance is a creative dance class for toddlers and an adult. Toddlers and adults will explore movement through fun choreography. You & Me Dance is a great way for toddlers to develop listening, movement, and social skills and for adults to have an active share in the process.

Instructor: Ms. Marilyn

8 weeks

Ages: 2-4 with Adult

Day: Tuesdays

Dates: 6/10-7/29

Time: 4:30-5:00 pm

Location: Community Center

R/NR Fee: \$39/\$49

Register By: 6/3

Min 6/Max 12

Code: 273116A



Breakdancing

This class will walk you through the basics of uprock, footwork and transitions. Each class starts with a warm up which includes stretching and some basic figures and footwork needed to complete the lesson for the day. Children will be introduced to "old school" movements which will allow students to develop his or her own sense of style during the freestyle part of the session. Our talented, energetic, and friendly instructor, will safely teach the techniques and skills needed to move forward to the next level.

Instructor: Chris Courtney

8 weeks

Jr. Breakers

Ages: 6-8

Day: Fridays

Dates: 6/13-8/8

Time: 4:00-5:00 pm

Location:

Community Center

R/NR Fee: \$29/\$39

Register By: 6/6

Min 8/Max 15

Code: 193107A

*No Class 7/4

Sr. Breakers

Ages: 9-11

Day: Fridays

Dates: 6/13-8/8

Time: 5:15-6:15 pm

Location:

Community Center

R/NR Fee: \$29/\$39

Register By: 4/4

Min 8/Max 15

Code: 193107B

*No Class 7/4

Lil' Latin Dance

This class will get your child moving to Latin-inspired sounds. Their hips will be swinging and their feet will be stomping while they get fun exercise, improve coordination and gain a sense of rhythm.

Instructor: Del Toro

8 weeks

Ages: 6-9

Day: Tuesdays

Dates: 6/10-7/29

Time: 5:15-6:00 pm

Location: Community Center

R/NR Fee: \$29/\$39

Register By: 6/3

Min 8/Max 12

Code: 193112A

Kids/Teens

Classical Ballet

This class emphasizes creative expressive response to music and the development of strength, poise, and group interaction skills. Special attention is given to the physical, emotional and mental developmental needs of our youngest students. As the students move on to the next level, the primary focus becomes developing technique, musicality, proper placement, strength and poise. Students will build the foundation that is crucial to further development and a lifelong love and appreciation of dance.

Instructor: Raquel Bautista

8 weeks

Jr. Ballerinas

Ages: 5-7

Day: Saturdays

Dates: 6/14-8/2

Time: 12:00-12:45 pm

Location: the Studio

R/NR Fee: \$59/\$69

Register By: 6/7

Min 8/Max 12

Code: 193110A

Sr. Ballerinas

Ages: 8-11

Day: Saturdays

Dates: 6/14-8/2

Time: 9:30-10:30 am

Location: the Studio

R/NR Fee: \$59/\$69

Register By: 6/7

Min 8/Max 12

Code: 193110B

Classical Tap

This high-spirited class is filled with happy feet! It introduces students to the playfulness of rhythm and motion by incorporating exciting rhythmic dance movements and percussive sounds. By studying the fundamentals of tap technique, students develop a love for rhythm. Students will begin their training with basic Shuffles, Time Steps, Shim Sham Shimmy and more. Once the young tappers have tapped their way up to the next level of complexity, students will explore intricate footwork and more complex rhythms. Class will focus on quickening the students' footwork while building clean and rhythmically accurate sounds. Concurrent ballet training with NBPD is recommended but not required.

Instructor: Raquel Bautista

8 weeks

Jr. Tappers

Ages: 5-7

Day: Saturdays

Dates: 6/14-8/2

Time: 1:00-1:45 pm

Location: the Studio

R/NR Fee: \$49/\$59

Register By: 6/7

Min 8/Max 12

Code: 193111A

Sr. Tappers

Ages: 8-11

Day: Saturdays

Dates: 6/14-8/2

Time: 10:45-11:45 am

Location: the Studio

R/NR Fee: \$49/\$59

Register By: 6/7

Min 8/Max 12

Code: 193111B

Fairytale Dance

With a new movie theme each week, children will have the opportunity to dress up and learn dances to several of their favorite fairytale songs.

Instructor: Raquel Bautista

8 weeks

Ages: 4-7

Day: Tuesdays

Dates: 6/10-7/29

Time: 4:15-5:00 pm

Location: the Studio

R/NR Fee: \$35/\$45

Register By: 6/3

Min 8/Max 12

Code: 193603A

Stretch and Strengthen

Focusing on conditioning a dancers body, this class gives students the tools needed to increase flexibility, as well as exercises to tone the body using elements of yoga and pilates. Skills learned will assist in creating a strong conditioned body.

Instructor: Raquel Bautista

8 weeks

Ages: 7-13

Day: Mondays

Dates: 6/9-7/28

Time: 6:45-7:45 pm

Location: the Studio

R/NR Fee: \$29/\$39

Register By: 6/2

Min 8/Max 12

Code: 173602A



Zumbatomic

Sure, chillin' out is cool. But rockin' out is a blast! That's why you're gonna love the Zumbatomic fitness program for kids. It's a fast-forward fusion of the Zumba program's moves (salsa, cumbia, reggaeton, hip-hop and more) and high-octane workouts designed to let kids ages 4-11 max out on fun and fitness all at the same time. Safe and effective, kids can't wait to get into the Zumbatomic groove. Watch their energy and fitness levels soar as they get the groove.

Instructor: Raquel Bautista

8 weeks

Mini Starz

Ages: 4-6

Day: Mondays

Dates: 6/9-7/28

Time: 5:00-5:30 pm

Location: the Studio

R/NR Fee: \$29/\$39

Register By: 6/2

Min 8/Max 12

Code: 173114A

Jr. Starz

Ages: 7-11

Day: Mondays

Dates: 6/9-7/28

Time: 5:45-6:30 pm

Location: the Studio

R/NR Fee: \$29/\$39

Register By: 6/2

Min 8/Max 15

Code: 173114B

Poms

This energetic class will introduce young children to dance using pom-poms. Class consists of fun warm-ups followed by stretch and strength exercises.

Instructor: Raquel Bautista

8 weeks

Mini Poms

Ages: 5-7

Day: Wednesdays

Dates: 6/11-7/30

Time: 5:00-5:45 pm

Location: the Studio

R/NR Fee: \$29/\$39

Register By: 6/4

Min 8/Max 15

Code: 193117A

Jr. Poms

Ages: 8-11

Day: Wednesdays

Dates: 6/11-7/30

Time: 6:00-7:00 pm

Location: the Studio

R/NR Fee: \$29/\$39

Register By: 6/4

Min 8/Max 15

Code: 193117B

Teen Latin Dance

Learn the basic steps to the most popular Latin dance styles, such as Salsa, Merengue and Bachata. Don't wait another minute and register today!

Instructor: Del Toro

8 weeks

Ages: 12-15

Day: Fridays

Dates: 6/13-8/8*

Time: 4:15-5:15 pm

Location: the Studio

R/NR Fee: \$29/\$39

Register By: 6/6

Min 8/Max 16

Code: 193114A

*No Class 7/4

Hip Hop Level 1 & 2

This introductory level class is designed to teach students all aspects of hip-hop dance. It provides a structured method of learning various dance moves in a fun-filled and vibrant class environment. Level 2 will focus more on choreography.

Instructor: Del Toro

8 weeks

Level 1

Ages: 6-11

Day: Saturdays

Dates: 6/14-8/2

Time: 2:00-2:45 pm

Location: the Studio

R/NR Fee: \$29/\$39

Register By: 6/7

Min 8/Max 15

Code: 193113A

Level 2

Ages: 12-15

Day: Saturdays

Dates: 6/14-8/2

Time: 3:00-4:00 pm

Location: the Studio

R/NR Fee: \$29/\$39

Register By: 6/7

Min 8/Max 15

Code: 193113B

Tumbling

Learn the fundamentals of gymnastics. Tumbling will focus on the tools needed for dance, cheerleading and overall fitness. A hands-on approach is taken to ensure the safety of your child.

Instructor: Raquel Bautista

8 weeks

Mini Tumbling

Ages: 5-7

Day: Thursdays

Dates: 6/12-7/31

Time: 4:00-4:45 pm

Location: the Studio

R/NR Fee: \$35/\$45

Register By: 6/5

Min 8/Max 15

Code: 173601A

Jr. Tumbling

Ages: 8-11

Day: Thursdays

Dates: 6/12-7/31

Time: 5:00-5:45 pm

Location: the Studio

R/NR Fee: \$35/\$45

Register By: 6/5

Min 8/Max 15

Code: 173601B

Kids/Teens

Tae Kwon Do for Beginners

Learn the basic fundamentals of the Korean art of self-defense, including kicks, blocks, and punches! No martial arts experience needed for this class. Here's the opportunity for you to take a self-defense course and move up the belt ranking ladder. If you are a returning student, you may qualify for the next belt level. Great for developing self-esteem and self-confidence!

Instructor: Randy Dittman

8 weeks

Ages: 5-12

Day: Tuesdays, Thursdays

Dates: 6/10-7/31

Time: 6:30-7:20 pm

Location: Prairie Oak Gym

R/NR Fee: \$59/\$69

Register By: 6/3

Min 6/Max 30

Code: 173302A

4 weeks

Ages: 5-12

Day: Tuesdays, Thursdays

Dates: 8/12-9/4

Time: 6:30-7:20 pm

Location:

Community Center

R/NR Fee: \$30/\$35

Register By: 8/5

Min 6/Max 30

Code: 173302B

Cardio Box 4 Kids

The dynamic combination of martial arts and aerobics makes this a unique class for youngsters who want to learn traditional boxing skills and self-defense techniques. This class will enhance cardiovascular fitness, agility and confidence.

Instructor: Michel Richmond

8 weeks

Ages: 7-13

Day: Tuesdays

Dates: 6/10-7/29

Time: 6:00-6:45 pm

Location:

Community Center

R/NR Fee: \$29/\$39

Register By: 6/3

Min 8/Max 12

Code: 173111B

4 weeks

Ages: 7-13

Day: Tuesdays

Dates: 8/12-9/2

Time: 6:00-6:45 pm

Location:

Community Center

R/NR Fee: \$15/\$18

Register By: 8/5

Min 8/Max 12

Code: 173111C

Intermediate/Advanced Tae Kwon Do

Students holding a rank of Green Belt or higher will receive advanced instruction. Sparring and advanced form practice will be emphasized. Beginners need instructor's permission to enroll in this class.

Instructor: Randy Dittman

8 weeks

Ages: 6-15

Day:

Mondays, Wednesdays

Date: 6/9-7/30

Time: 6:45-7:45 pm

Location: Prairie Oak Gym

R/NR Fee: \$59/\$69

Register By: 6/2

Min 6/Max 25

Code: 173301A

4 weeks

Ages: 6-15

Day:

Mondays, Wednesdays

Date: 8/11-9/8

Time: 6:45-7:45 pm

Location:

Community Center

R/NR Fee: \$30/\$35

Register By: 8/4

Min 6/Max 25

Code: 173301B

Fitness Boot Camp 4 Kids

This high-energy class will introduce boys and girls to fitness in a friendly and collaborative environment. Your child will improve his or her agility, coordination, flexibility and endurance. Boot Camp 4 Kids will also help develop confidence and teamwork skills.

Instructor: Michel Richmond

8 weeks

Ages: 7-13

Day: Thursdays

Dates: 6/12-7/31

Time: 6:00-6:45 pm

Location:

Community Center

R/NR Fee: \$29/\$39

Register By: 6/5

Min 8/Max 15

Code: 173119A

4 weeks

Ages: 7-13

Day: Thursdays

Dates: 8/14-9/4

Time: 6:00-6:45 pm

Location:

Community Center

R/NR Fee: \$15/\$18

Register By: 8/7

Min 8/Max 15

Code: 173119B



Yoga 4 Kids

This class will explore yoga poses, breathing exercises, visual imagery and relaxation techniques. Kids will learn coordination and balance through play and imaginative themed activities.

Instructor: Rosemary Spizzirri

8 weeks

Ages: 5-10

Day: Wednesdays

Date: 6/11-7/30

Time: 10:00-11:00 am

Location: Community Center

R/NR Fee: \$35/\$45

Register By: 6/4

Min 8/Max 12

Code: 173118A

It starts with a seed

In this 100% hands-on class, children will be taught how to maintain a garden and harvest what they have grown. They will learn about the life cycle of plants from seed to maturity, will now make healthy food choices and will be able to sample what they have harvested.

Instructor: Marlene Comella

8 weeks

Ages: 6-12

Day: Tuesdays

Date: 6/10-7/29

Time: 4:00-5:00 pm

Location: Brocato Playground/Garden

Rain Location: Community Center

R/NR Fee: \$5/\$15

Register By: 6/3

Min 6/Max 12

Code: 283101A



Nature's Playground

Enjoy the garden space at Brocato Playground with your toddler in this creative class for toddlers. Class will include sensory play, garden-inspired projects, and story time focusing on nature. Grow plants to take home, play in the dirt, make a bird feeder and much, much more! During inclement weather, class will be held indoors at the Community Center.

Instructor: Kelly Calvillo

4 weeks

Ages: 1-5 with Adult

Day: Mondays or Fridays

Date: 7/7-7/28 or 7/11-8/1

Time: 10:00-11:00 am

Location: Brocato Playground/Garden

Rain Location: Community Center

R/NR Fee: \$25/\$35 per session

Register By: 6/30

Min 6/Max 12

Code: 283103A,B

Wildchild Art

Does your child love art projects? Interested in learning about nature? Explore the world of art with nature and recycled materials in this fun afternoon class. Students will use a variety of found and re-purposed materials to make unique art and growing projects. Projects include herbal soap, beeswax candles, garden stepping stones, and growing plants in recycled containers.

Instructor: Kelly Calvillo

4 weeks

Ages: 6-12

Day: Mondays

Date: 7/7-7/28

Time: 4:00-5:30 pm

Location: Community Center

R/NR Fee: \$35/\$45

Register By: 6/30

Min 6/Max 12

Code: 283104A

Kids/Teens

Summer Youth Soccer Training

Our summer training program will be for both beginner and advanced levels. Participants will be taught basic skills and techniques of soccer in this class. This is your opportunity to get up, get moving and stay healthy! If you think your child needs to be more active, take advantage and register them for this class.

9 weeks

Ages: 4-7**Day:** Tuesdays,Thursdays**Dates:** 6/10-8/7**Time:** 4:00-5:00 pm**Location:** Jefferson Field**R/NR Fee:** \$50/\$55**Register By:** 6/3**Min 40/Max 60****Code:** 203906A**Ages:** 8-11**Day:** Tuesdays,Thursdays**Dates:** 6/10-8/7**Time:** 5:00-6:00 pm**Location:** Jefferson Field**R/NR Fee:** \$50/\$55**Register By:** 6/3**Min 40/Max 60****Code:** 203906B**Ages:** 12-14**Day:** Tuesdays,Thursdays**Dates:** 6/10-8/7**Time:** 6:00-7:00 pm**Location:** Jefferson Field**R/NR Fee:** \$50/\$55**Register By:** 6/3**Min 40/Max 60****Code:** 203906C

Spring Youth Soccer League

Competition is a natural instinct, but we believe everyone is a winner and should be both encouraged and given the opportunity to make the most of their abilities. Register your team and be our next league champions.

***NOTE:** Game schedules TBA

9 weeks

Ages: 4-14**Day:** Saturdays**Dates:** 6/14-8/9**Time:** 9:00 am-5:00 pm**Location:** Jefferson Field**R/NR Fee Team:** \$300/\$350**R/NR Fee Individual:** \$45/\$55**Register By:** 6/7**Min 40/Max 60****Code:** 202903

3 vs 3 Berwyn Cup

Join us for our city wide soccer Berwyn Cup! Sign up your team and be one of the finalists at the end of the day. We guarantee 3 games; each age division has 4 teams that play 10 minutes per game at different times throughout the day. All finalists will receive an award.

***NOTE:** Game schedules TBA

1 day

Ages: 8-15**Day:** Saturday**Dates:** 7/13**Time:** 9:00 am-5:00 pm**Location:** Jefferson Field**R/NR Fee Individual:** \$50/\$55**Register By:** 5/26**Min 40/Max 60****Code:** 203912

Salsa & Merengue

The name "Salsa" correctly describes the name of this dance: HOT!, danced correctly, there's a lot of shakin', shimmying and hip action going on. In Merengue, the old saying is that if you can walk, you can dance. With one step taken to each beat of music, dancing Merengue is like marching. Add "Cuban motion" hip action, and these dance styles become sexy. Don't be deterred, you too can learn how to achieve all of this action.

Instructor: Del Toro

8 weeks

Ages: 16-Adult

Day: Tuesdays

Date: 6/17-8/5

Time: 7:15-8:15 pm

Location: the Studio

R/NR Fee: \$29/\$39

Register By: 6/3

Min 8/Max 16

Code: 193115A

Cumbia

Cumbia is an upbeat, fun and energetic dance style to learn. At the beginning of this class, you will be taught basic footwork and lead/follow techniques. In the latter part, we will continue the fundamentals as well as teach more advanced turn combinations. This class will have you WOW-ing in no time!

Instructor: Del Toro

8 weeks

Ages: 16-Adult

Day: Wednesdays

Date: 6/11-7/30

Time: 7:15-8:15 pm

Location: the Studio

R/NR Fee: \$29/\$39

Register By: 6/4

Min 8/Max 16

Code: 193120A

Bachata

Sway your hips side to side and learn Bachata's fun and sexy moves! You'll learn the four-beat basic step plus turns and partnering techniques. No dance experience required. Fancier footwork patterns, body isolations and turn combinations will also be taught for those individuals who know the basics.

Instructor: Del Toro

8 weeks

Ages: 16-Adult

Day: Thursdays

Date: 6/12-7/31

Time: 7:15-8:15 pm

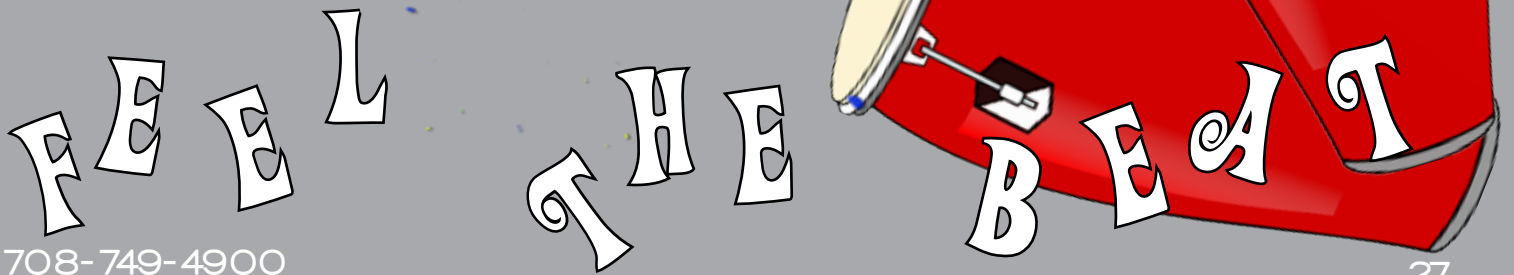
Location: the Studio

R/NR Fee: \$29/\$39

Register By: 6/5

Min 8/Max 16

Code: 193116A



Adults

Cardio Box Martial Arts

Come float like a butterfly and sting like a bee! This class is a boxing-style workout with a martial arts influence, incorporating calisthenics and pad work to build stamina and confidence, as well as enhancing cardiovascular fitness and agility.

Instructor: Michel Richmond

8 weeks

Ages: 16-Adult
Day: Saturdays
Dates: 6/14-8/2
Time: 10:15-11:15 am
Location: Community Center
R/NR Fee: \$29/\$39
Register By: 6/7
Min 8/Max 12
Code: 173111A

Self-Defense for Women

Don't be a victim! Learn to protect yourself through this four-week program in which participants will be taught practical, yet effective prevention, escape and striking techniques. Take home materials are included and a certificate of completion will be awarded at the last class. NOTE: Please wear loose and comfortable clothing.

Instructor: Randy Dittman

4 weeks

Ages: 15-Adult
Day: Thursdays
Dates: 7/10-7/31
Time: 7:30-8:30 pm
Location: Prairie Oak School Gym
R/NR Fee: \$35/\$45
Register By: 7/3
Min 6/Max 20
Code: 173304A

Yoga

Ideal for the beginner or intermediate student, this class will help you develop strength, stamina, flexibility and balance control. You will also be introduced to basic postures and stretches. Mats are provided or you may bring your own.

8 weeks

Ages: 16-Adult
Day: Tuesdays
Dates: 6/10-7/29
Time: 7:15-8:15 pm
Location: Community Center
R/NR Fee: \$45/\$55
Register By: 6/3
Min 6/Max 12
Code: 173115A

Instructor: Carol Olsen

4 weeks

Ages: 16-Adult
Day: Thursdays
Dates: 8/12-9/2
Time: 7:15-8:15 pm
Location: Community Center
R/NR Fee: \$23/\$28
Register By: 8/5
Min 6/Max 12
Code: 173115B

Boot Camp

An intense cardiovascular and strength class designed to increase stamina, strength and muscle tone. This effective workout for men and women will help you reach your fitness goals!

Instructor: Michel Richmond

8 weeks

Ages: 16-Adult
Day: Thursdays
Dates: 6/12-7/31
Time: 7:15-8:15 pm
Location: Community Center
R/NR Fee: \$29/\$39
Register By: 6/5
Min 8/Max 12
Code: 173116A

Ages: 16-Adult
Day: Saturdays
Dates: 6/14-8/2
Time: 9:00-10:00 am
Location: Community Center
R/NR Fee: \$29/\$39
Register By: 6/7
Min 8/Max 12
Code: 173116B

Beginner/Intermediate Pilates

Imagine taking a deep breath and feeling your body filled with energy, moving fluidly without stiffness or pain. Pilates can deepen your breathing, increase your energy level, strengthen your spine and reduce or eliminate back pain and stiffness. It is a low impact exercise method that both strengthens and stretches all the muscles of the body. This class will cover the beginning and intermediate mat series of exercises, incorporating the key Pilates principles, and is suitable for both beginning and experienced students. Please bring a towel for head/back support and wear comfortable clothing. Mats are provided or you may bring your own.

Instructor: Len Palombi, PMA-CPT

8 weeks

Ages: 16-Adult
Day: Mondays
Dates: 6/9-7/28
Time: 7:30-8:30 pm
Location: Community Center
R/NR Fee: \$45/\$55
Register By: 6/2
Min 8/Max 12
Code: 173122A

4 weeks

Ages: 16-Adult
Day: Mondays
Dates: 8/11-9/8
Time: 7:30-8:30 pm
Location: Community Center
R/NR Fee: \$23/\$28
Register By: 8/4
Min 8/Max 12
Code: 173122B
 *No Class 9/1



Zumba

Zumba fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic fitness program to blow you away. Zumba workouts achieve long term benefits while experiencing an absolute blast in one exhilarating hour of caloric-burning, body-energizing, inspiring movements meant to engage and captivate for life! Routines feature interval training sessions where fast and slow rhythms, and resistance training are combined to tone and sculpt your body while burning fat. It's the most fun you'll have working out. Come join the party!

Instructor: Christine DeAlba

8 weeks

Ages: 16-Adult
Day: Mondays
Dates: 6/9-7/28
Time: 9:30-10:30 am
Location:
 Community Center
R/NR Fee: \$35/\$45
Register By: 6/2
Min 10/Max 20
Code: 173113A

4 weeks

Ages: 16-Adult
Day: Mondays
Dates: 8/11-9/8
Time: 9:30-10:30 am
Location:
 Community Center
R/NR Fee: \$18/\$23
Register By: 8/4
Min 10/Max 20
Code: 173113C
 *No Class 9/1

8 weeks

Ages: 16-Adult
Day: Wednesdays
Dates: 6/11-7/30
Time: 9:30-10:30 am
Location:
 Community Center
R/NR Fee: \$35/\$45
Register By: 6/4
Min 10/Max 20
Code: 173113B

4 weeks

Ages: 16-Adult
Day: Wednesdays
Dates: 8/13-9/3
Time: 9:30-10:30 am
Location:
 Community Center
R/NR Fee: \$18/\$23
Register By: 8/6
Min 10/Max 20
Code: 173113D

Step Fit

Are you looking for a solid all-around workout with very little stress on your joints? This low impact aerobics class can do just that, burn unwanted fat while toning and building muscle. Get that healthy body you've been wishing for, you owe it to yourself! Remember to bring a water bottle and towel to class.

Instructor: Nancy Fitz

8 weeks

Ages: 16-Adult
Day: Mondays, Wednesdays
Dates: 6/9-7/30
Time: 6:45-7:45 pm
Location:
 Community Center
R/NR Fee: \$49/\$59
Register By: 6/2
Min 8/Max 15
Code: 173106A

4 weeks

Ages: 16-Adult
Day: Mon., Wed., Fri.
Dates: 8/11-9/8
Time: 6:45-7:45 pm
Location:
 Community Center
R/NR Fee: \$39/\$49
Register By: 8/4
Min 8/Max 15
Code: 173106B
 *No Class 9/1

Tae Kwon Do for Adults

Beginning students will learn the fundamentals of the Korean art of self-defense. Returning students will receive advanced instruction and will have the opportunity for promotion to the next belt level. This class also serves as a great work out!

Instructor: Randy Dittman

8 weeks

Ages: 13-Adult
Day:
 Mondays, Wednesdays
Dates: 6/9-7/30
Time: 7:45-8:45 pm
Location: Prairie Oak Gym
R/NR Fee: \$59/\$69
Register By: 6/2
Min 6/Max 25
Code: 173303A

4 weeks

Ages: 13-Adult
Day:
 Mondays, Wednesdays
Dates: 8/11-9/8
Time: 7:45-8:45 pm
Location:
 Community Center
R/NR Fee: \$30/\$35
Register By: 8/4
Min 6/Max 25
Code: 173303B
 *No Class 9/1

Zumba Step

Take lower body workouts and calorie burning to new heights with Zumba Step! Tone and strengthen glutes and legs with a gravity-defying blend of Zumba routines and step aerobics. This class will give you maximum results without losing the easy-to-follow fitness party!

8 weeks

Ages: 16-Adult
Day: Thursdays
Dates: 6/12-8/7
Time: 7:00-8:00 pm
Location: Community Center
R/NR Fee: \$39/\$49
Register By: 6/5
Min 8/Max 15
Code: 173113E
 *No Class 7/3

Instructor: Rosemary Spizzirri

**GETTING FIT
 HAS NEVER
 BEEN SO
 MUCH FUN!**



Adults/55+

Cardio Dance

This dance-based cardio class is for those who want to listen to great music and learn basic movements. Cardio Dance will incorporate a variety of low to medium impact moves to a wide range of high-energy beats.

Instructor: Christine DeAlba

8 weeks

Ages: 55+
Day: Mondays
Dates: 6/9-7/28
Time: 10:45-11:30 am
Location:
 Community Center
R/NR Fee: \$25/\$35
Register By: 6/2
Min 8/Max 15
Code: 163110A

4 weeks

Ages: 55+
Day: Mondays
Dates: 8/11-9/8
Time: 10:45-11:30 am
Location:
 Community Center
R/NR Fee: \$13/\$18
Register By: 8/4
Min 8/Max 15
Code: 163110B
 *No Class 9/1

Gentle Yoga

Stretch the spine, strengthen the core, relax your joints and deepen your breath? Relieve stress and balance your body. This class is for anyone who wants to practice yoga but is uncomfortable with the traditional mat class. Do not underestimate the ability to access the benefits of yoga from a chair. As the class advances, mat work will be introduced and modified to satisfy the level of the participants. If you have a strap please bring to class. Everyone please bring a blanket. Yoga blocks and mats are provided.

Instructor: Beatrice DeFranco

8 weeks

Ages: 55+
Day: Thursdays
Dates: 6/12-7/31
Time: 11:30 am-12:30 pm
Location:
 Community Center
R/NR Fee: \$29/\$39
Register By: 6/6
Min 12/Max 20
Code: 163107A

4 weeks

Ages: 55+
Day: Thursdays
Dates: 8/14-9/4
Time: 11:30 am-12:30 pm
Location:
 Community Center
R/NR Fee: \$15/\$20
Register By: 8/13
Min 12/Max 20
Code: 163107B

Cardio Hip Hop

A fun cardio workout that includes the latest hip hop dance moves to get you sweating those extra pounds off. Basic moves make this class fun for anyone...even the non-dancer. Groove to the beats of the latest songs as you warm up, tone and sculpt your body.

Instructor: Del Toro

8 weeks

Ages: 16-Adult
Day: Fridays
Dates: 6/13-8/8
Time: 6:30-7:30 pm
Location: Community Center
R/NR Fee: \$29/\$39
Register By: 6/6
Min 8/Max 15
Code: 173112A
 *No Class 7/4

Tai Chi

This ancient exercise system is being widely recognized to support wellness by releasing stagnation, improving energy awareness and relieving stress through mindful movements and proper breathing. First half hour of the class you will be learning Chi Gong and the second, you will be focusing on Tai Chi.

Instructor: Beatrice DeFranco

8 weeks

Ages: 55+
Day: Tuesdays
Dates: 6/10-7/29
Time: 11:30 am-12:30 pm
Location:
 Community Center
R/NR Fee: \$29/\$39
Register By: 6/3
Min 12/Max 20
Code: 163109A

4 weeks

Ages: 55+
Day: Tuesdays
Dates: 8/12-9/2
Time: 11:30 am-12:30 pm
Location:
 Community Center
R/NR Fee: \$15/\$20
Register By: 8/5
Min 12/Max 20
Code: 163109B

Zumba Gold

Zumba Gold is a fun and exciting class especially designed for active older adults. You can improve your muscle endurance, strength, flexibility, balance and agility all while dancing to vibrant music! Don't miss your chance to be part of the hottest dance-fitness trend around!

Instructor: Rosemary Spizzirri

8 weeks

Ages: 55+
Day: Fridays
Dates: 6/13-8/8
Time: 10:00-10:45 am
Location: Community Center
R/NR Fee: \$25/\$35
Register By: 6/6
Min 10/Max 20
Code: 163108A
 *No Class 7/4





BY SHAYNE KENNEDY DIRECTED BY MEGAN SHUCHMAN

SEPTEMBER 18 - OCTOBER 25

Katie is a good mother. She's a natural good samaritan in her quiet suburb, and her family is happy and secure. But when the most vulnerable member of the community is revealed as a threat, Katie's instincts lead her to try to protect both her neighbor and her family, leaving no one feeling safe.

A World Premiere

HOW TO BE GOOD

Season Seven 2014
WORDS IN MOTION

The Gun Show

July 10 - August 2

by EM Lewis

Directed by Kevin Christopher Fox

We have a problem with guns in America. The problem is, we really, really like them.

Starring Juan Francisco Villa.

16th Street Theater

Tickets are \$18

CALL (708) 795-6704 x107 to talk to us!

16th Street Theater, Berwyn Cultural Center
6420 16th Street, Berwyn, IL 60402

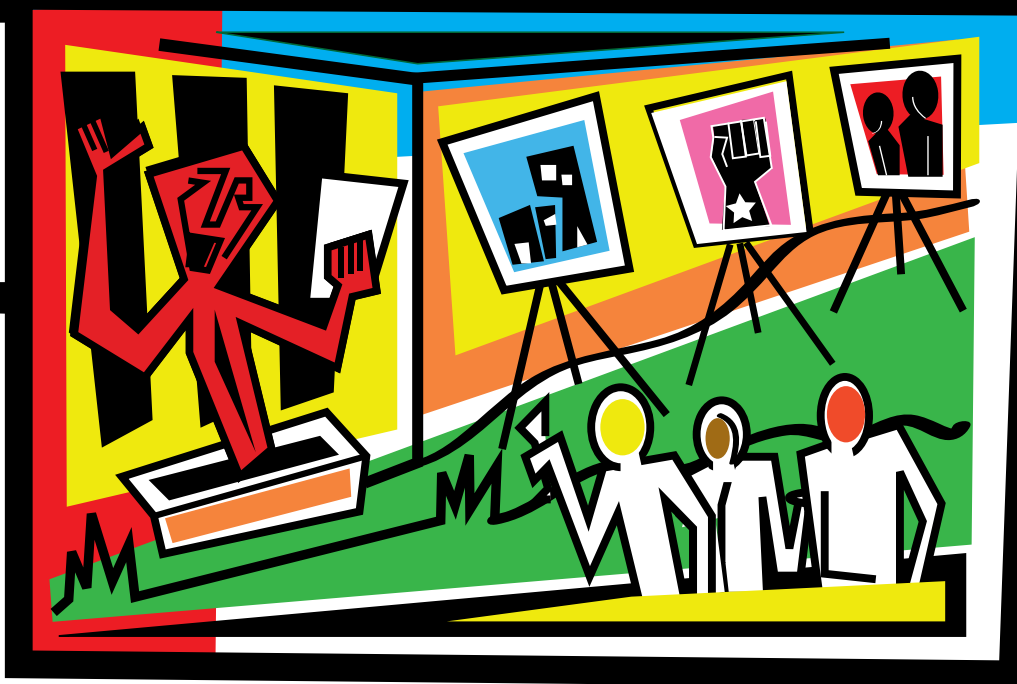
www.16thstreettheater.org

The 16th Street Theater, NFP, is a 501(c)3 not for profit corporation

SUNDAY
JUNE 22ND
2-5 P.M.

North Berwyn
Park District's

16th
STREET
THEATER



BACKYARD ARTS BASH
TO BENEFIT 16th STREET THEATER

Location: The Arthur J. Dunham Home, 3131 Wisconsin Avenue, Berwyn, Illinois

Contact info: For tickets, call (708) 795-6704 (ext.107) or visit 16thstreettheater.org

Senior SUMMER BASH



Friday, August 8

Noon - 3:30 pm

Skylite West Banquets

Lunch, Live Music, Prizes!

Doors open @ 11:30 am

Tickets On Sale NOW!

North Berwyn Park District

1619 Wesley Avenue, Berwyn IL

Early Bird Tickets: \$15 BEFORE July 7

After July 7: \$20

For full table reservations, please contact

Barbara @ (708) 749-4900 x14.

All checks payable to North Berwyn Park District.

Membership is free, just pick up an application at our office or find it on www.nbpd4fun.org under "Downloads"

Club 55 Socials

Movies in the Afternoon

NOW on a BIG screen! Don't miss out and join us for Movie Fridays at the Community Center! It's a great way to get away from your daily routine and enjoy a flick with other seniors in the community.

No registration is necessary, walk-ins are always welcome.

Fridays

1:30 pm

Community Center

FREE!

JUNE 6

Delivery Man, 2013, Comedy, PG-13, 103 min.

JULY 11

Last Vegas, 2013, Comedy, PG-13, 105 min.

AUGUST 1

Philomena, 2013, Drama, PG-13, 94 min.

SEPTEMBER 5

Saving Mr. Banks, 2013, Biography, PG-13, 125 min.

OCTOBER 3

August: Osage County, 2013, Drama, R, 121 min.



BINGO

Mondays

1:30-3:00 pm

Join our fun bingo group
for snacks and prizes.

No registration
necessary.

Gala Celebrations

Come socialize and have a good time with other seniors in the community! These special socials always include a delicious lunch and great entertainment. Bring a friend or come alone, our friendly group of seniors are always happy to welcome new comers. Space is limited so make sure you register soon.

Tuesday, June 10

Summer Fun

11:00 am - 1:00 pm

Fee \$13

Community Center

Entertainer:

Nora Drysch

163101A



Club 55

Join a Friendly Bunch!

These trips are NBPD's most popular outings and are sure to **fill up fast**...So what are you waiting for? GO REGISTER! If there's a restaurant you've always wanted to go to, drop off your suggestions at the front desk. Lunch or breakfast is on your own. Lunches are once a month and breakfasts are every other month; sometimes a flat fee is required at registration vs. paying at the restaurant.

Breakfast Club

Chicago

Ann Sather

Cuisine: Swedish

Code	Day	Date	Time	Fee
163103A	Th	7/24	9:00-11:30 am	\$22

Fee includes transportation, breakfast & escort.



Chicago

**Oak Tree Restaurant
& Bakery**

Cuisine: American

Code	Day	Date	Time	Fee
164103A	Th	9/25	9:00-11:30 am	\$25

Fee includes transportation, breakfast & escort.



Includes meal in fee.

Oh no! The Trip is Canceled!

Registration Deadlines - It is very important that you register BEFORE the deadline - otherwise the trip may be canceled if we do not meet our minimum.

Important!

Please note that by law, the State of Illinois requires every passenger of a motor vehicle to wear a seat safety belt. NBPD has the right to refuse transportation to anyone who does not abide by this law.

Let's Do Lunch!

Chicago

90 Miles Cuban Cafe

Cuisine: Cuban

Code	Day	Date	Time	Fee
163102A	M	6/9	11:30 am-2:30 pm	\$8

Fee includes transportation & escort.

Chicago

Emperor's Choice

Cuisine: Chinese

Code	Day	Date	Time	Fee
163102B	M	7/14	11:30 am-2:30 pm	\$22

Fee includes transportation, lunch & escort.



Wheeling

Bob Chinn's Crab House

Cuisine: Cuban

Code	Day	Date	Time	Fee
163102C	M	8/11	11:30 am-2:30 pm	\$38

Fee includes transportation, lunch & escort.



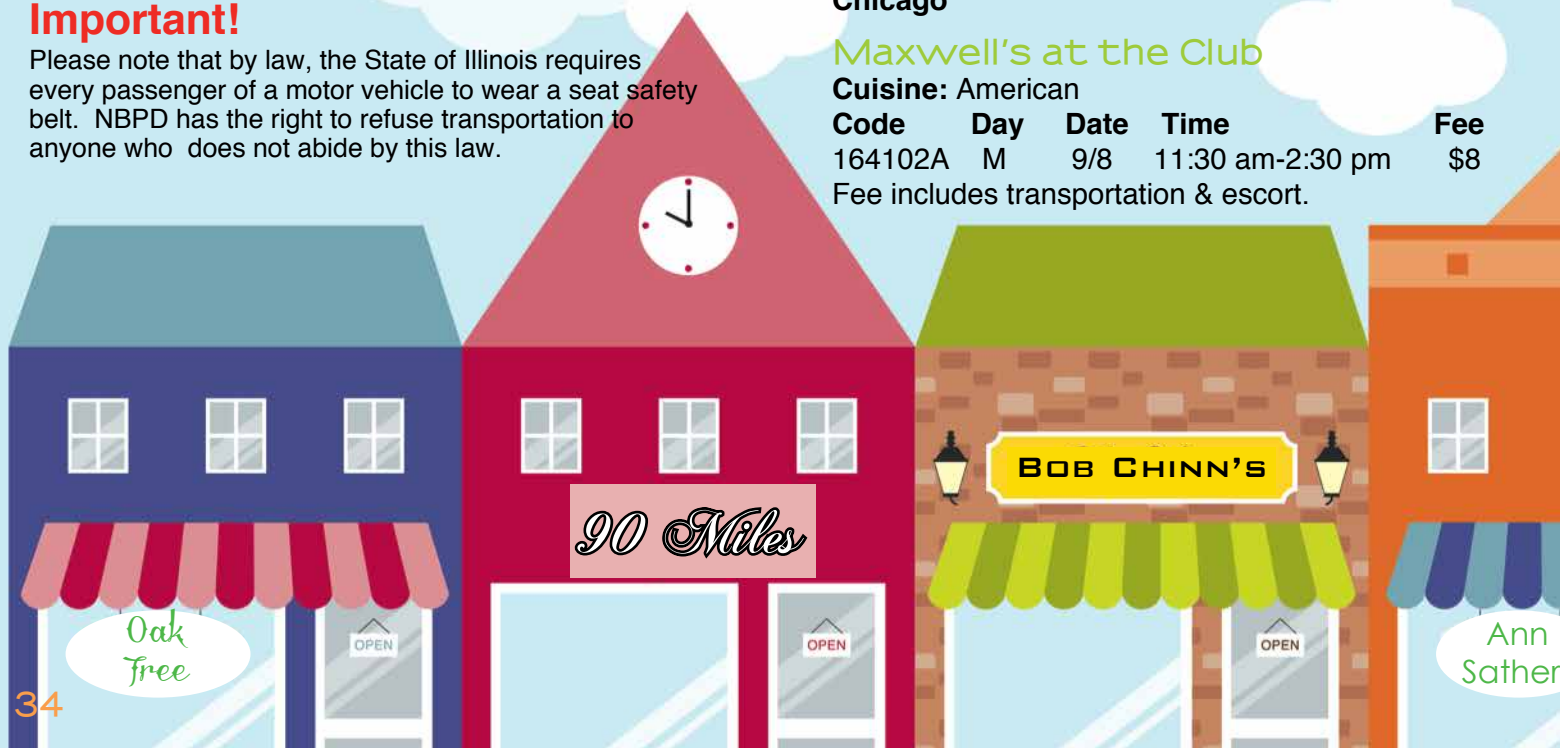
Chicago

Maxwell's at the Club

Cuisine: American

Code	Day	Date	Time	Fee
164102A	M	9/8	11:30 am-2:30 pm	\$8

Fee includes transportation & escort.



Theatre at the Center, Munster, IN The Beverly Hillbillies, The Musical



Granny, Jed, Jethro, Elly May, Mr. Drysdale and Jane Hathaway, all your favorites from the beloved 60's TV comedy, are back and this time they're singing! See this uproarious world premiere musical before anyone else. *Please make your entrée selection of Roast Loin of Pork or Chicken Epicurean at time of registration.* Fee includes transportation, lunch, admission and escort.

Code	Day	Date	Time	Fee
BEVE	W	7/16	10:30 am-6:00 pm	\$65
Min 18/Max 24			Register By: 6/20	

Chicago

Little Italy Tour



Enjoy this great Chicago neighborhood tour as you visit "Little Italy." Stops will include Our Lady of Pompei Church, Tuscany on Taylor for lunch and the National Italian Sports Hall of Fame. The tour will end downtown at the spectacular new "Eataly Chicago!" Eataly is the exciting Italian Marketplace of restaurants, food counters and retail shopping intertwined in a 62,000-foot wonderland. Fee includes transportation, tour and lunch.

Code	Day	Date	Time	Fee
ITAL	W	8/6	9:30 am-3:30 pm	\$79
Min 30/Max 40			Register By: 7/11	



Includes Lunch in fee.



You Spoke, We Listened.....

We have added additional dates for these popular trips!

Paramount Theater, Aurora Donny & Marie

America's most celebrated brother and sister duo share the stage at the Paramount for a high-energy extravaganza with live music, dancing and singing. From their chart-topping hits including "Puppy Love," "Paper Roses" and "Leavin' it Up to You," to their sizzling choreography, to the gleaming costumes and their warm and playful personalities, this is the show you'll want to be a part of. Don't miss your chance to see how Donny and Marie light up the stage with a show that surpasses all other headliners in Las Vegas! Fee includes transportation, admission and escort.

Code	Day	Date	Time	Fee
DONN2	W	8/27	12:00-4:30 pm	\$79
Min 18/Max 24			Register By: 8/1	

Shipshewana, IN

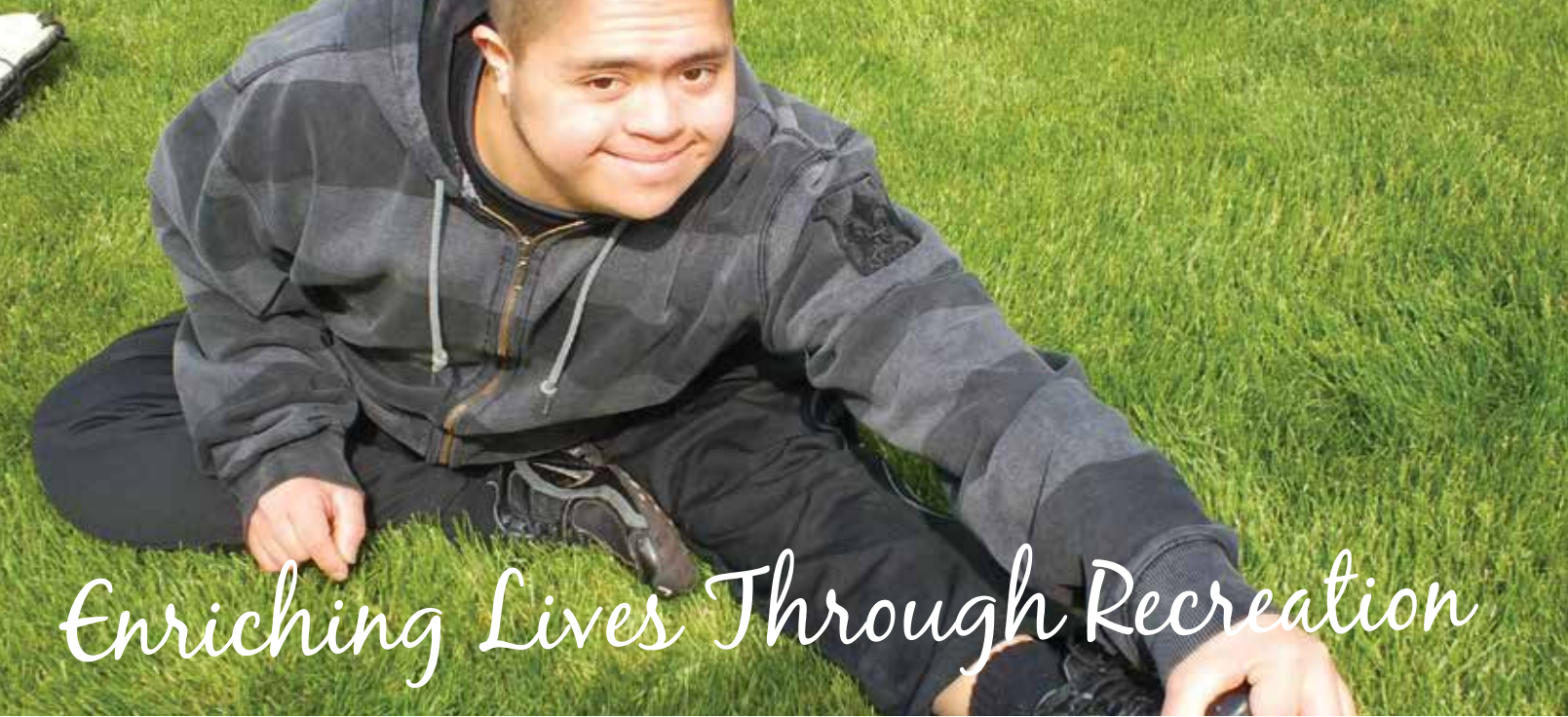
Shipshewana Flea Market

The small community comes alive with travelers from all over to visit this "do not miss" Hoosier tradition. Shipshewana will take you back in time to a friendly community in Indiana's Amish Country. Home to the Largest Flea Market in the Midwest, you can find hundreds of vendors selling everything from fresh fruit to handcrafted furniture. Don't forget to stop at one of the several restaurants serving delicious home-style Amish cooking! Fee includes transportation and escort.

Code	Day	Date	Time	Fee
SHIP2	W	9/10	8:00 am-7:00 pm	\$25
Min 18/Max 24			Register By: 8/22	

Important!

Please note that by law, the State of Illinois requires every passenger of a motor vehicle to wear a seat safety belt. NBPD has the right to refuse transportation to anyone who does not abide by this law.



Enriching Lives Through Recreation

West Suburban Special Recreation Association (WSSRA) invites our residents to therapeutic recreation programs. Persons with disabilities of any age and ability can enjoy programs that are held weekdays, evenings and on Saturdays.

The **WSSRA** team believes that it's through play that children learn best. **WSSRA** staff provides the structure, play themes, equipment and supervision so that children can have opportunities to be successful and have fun. Participants also increase their language and motor skills, build self-confidence and express their creativity.

Teens and adults with developmental disabilities also have fun while building skills at **WSSRA** programs. Increasing social skills, self esteem and independence are often the result of being in one of **WSSRA's** many social, art, fitness, travel or athletic programs.

For adults with sensory impairments and/or physical disabilities, **WSSRA** programs offer friendship, fitness and fun. One support staff for every 3 to 4 participants is provided. One-to-one assistance is given when needed.

New participants and volunteers are always welcome to join in the summer fun.



Call WSSRA at
847-455-2100 or visit wssra.net.



You snooze, you lose...

Don't wait to the last minute to register for your favorite classes and programs! If the class/program is not at its minimum by the "Register by" date, the class/program runs the risk of being cancelled.

Refunds & Credits

The North Berwyn Park District will grant refunds/credits for classes/programs as follows:

Prior to the first scheduled meeting.....	Total fee
Before the second scheduled meeting...	75% of fee
Before the third scheduled meeting.....	50% of fee
After the third scheduled meeting.....	No refunds/credits

For TRIPS, refunds/credits will not be given after the "Register by" date or unless a replacement can be found.

Equal Access

No participant shall, on the basis of race, sex, creed, national origin or disability, be denied equal access to programs, activities, services or benefits, or be limited in the exercise of any right, privilege, advantage or opportunity. For special accommodations on a trip, please inform NBPD before the trip's registration deadline.

Waiting List

We encourage you to get on the waiting list for a program or trip with no more open spaces because we will always try our very best to accommodate a larger group if possible. Payment will not be taken to register on to the waiting list.

Bad Weather?

Programs may be cancelled due to severe or prohibitive weather. If a program is cancelled, all participants will be notified and a maximum of one session per program will be rescheduled if possible. Note that for special events a rain date may or may not be scheduled. If you have any questions please contact us at (708) 749-4900.

Volunteer Opportunities

We're always looking for volunteers! If you love working with people then we want you! Take fun trips or lead a social group! For more information on how you can be a volunteer, please contact **Nancy Woods** at (708) 749-4900 x11.

Gifts Certificates Available!

Give the gift of FUN! Gift certificates are available for all occasions, year-round, for any amount! Gift certificates may be used for any program or trip.

Photo Disclaimer

NBPD may take photos and/or video coverage of its programs, special events and their participants. If you do not wish for your photograph and/or video to be used in our website, brochures, flyers or any other publication, please submit your request in writing.

Residency

Please note that, persons residing outside of the North Berwyn Park District have different registration dates. North Berwyn boundaries are: north of Cermak between Harlem and Lombard. You are an in-district resident of the Park District if you live in Berwyn. Everyone is welcome to participate in our programs, although sometimes higher fees may apply to people living outside of Berwyn.

Parking

Park District participants must utilize the south end of the Sokol Tabor parking lot. The lot is located directly behind (east) of the Community Center. Please note that Wesley Ave is reserved for resident parking only. NBPD has 15 minute parking as well as handicap parking directly in front of the building on Wesley Ave, however, cars parked on Wesley Ave for more than 15 minutes will be ticketed.

Board Meetings

We value your opinions and suggestions. Berwyn residents are invited to attend board meetings held every second Thursday of the month at the Community Center @ 7 pm.

Pets

Take your dog for a walk through the dog-friendly, Berwyn Gardens. Don't forget to keep him/her on a leash. No pets allowed at all other North Berwyn Park District parks.

Lost & Found

The North Berwyn Park District is not responsible for any lost or stolen items. Lost and found items are kept for a limited time only. If you have lost something, please contact the front desk immediately.

Celebrate Your Party with Us!

Room Rentals

Reserve a room for your special event, rooms include tables, chairs, and clean-up. Arrive 30 minutes prior to rental time to add your own personal touch by decorating the room as you please. Room rentals are from 3:30-7:30 pm on Saturdays and 1:30-5:30 pm on Sundays.

Fee: \$125 Resident/\$150 Non-Resident

Refundable Security Deposit: \$50

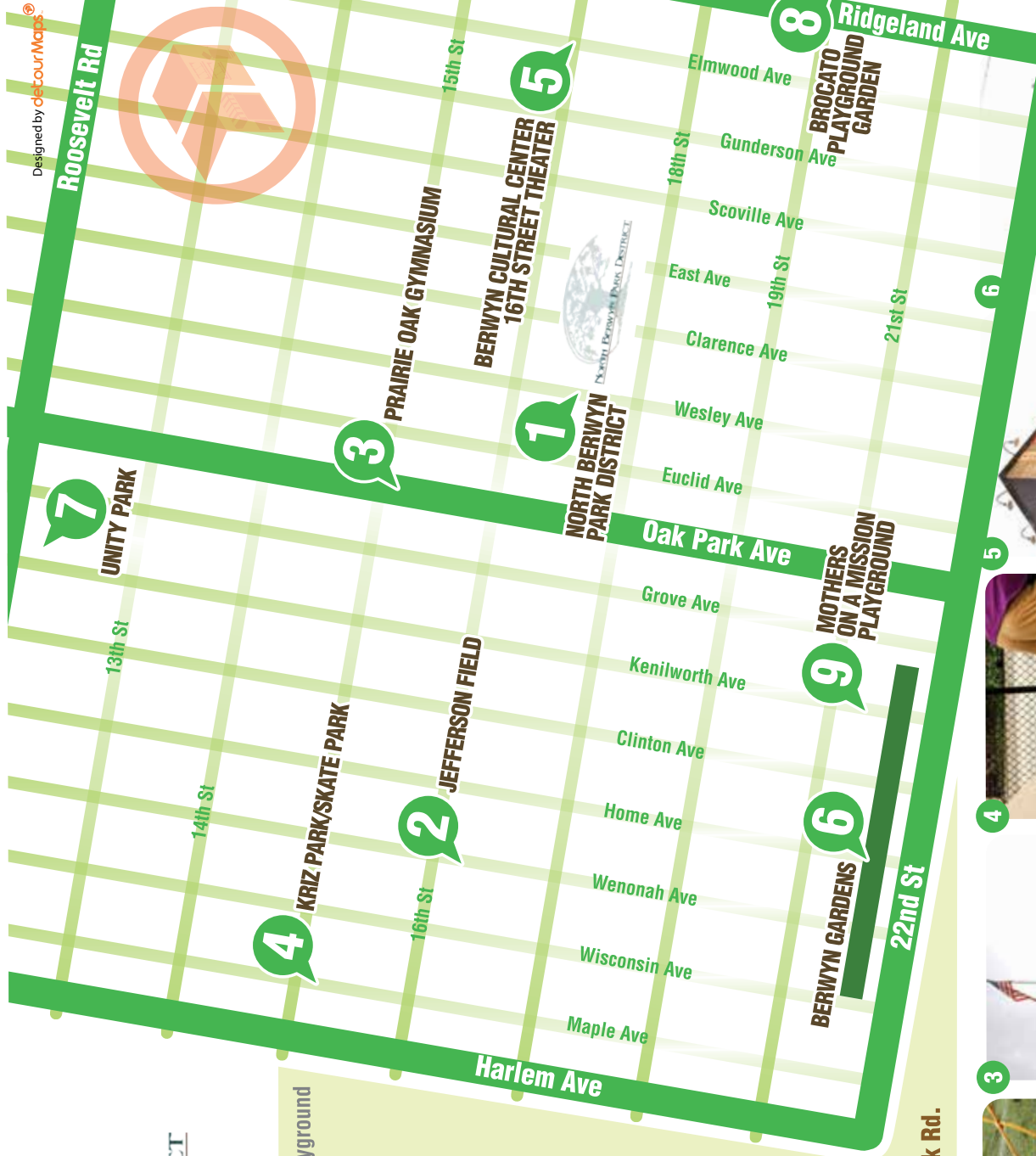
Extended room rental hours 5:30-7:30pm: \$50/hr. Sundays only

1. All Berwyn residents are eligible to participate in the rental program.
2. All renters must fill out an application.
3. A valid driver's license or state I.D. is required to rent a facility or equipment.
4. All rental deposits may be paid with a check or cash. Checks must have preprinted address that matches address of the driver's license or state I.D. No starter checks may be used for the deposit.
5. All rental fees and deposits must be paid at the time rental application is processed. No dates will be reserved until the application is processed.
6. All renters must be 18 years of age.
7. Rental applications must be processed at least ten days in advance for facility rentals, and five days in advance for equipment rentals.
8. All rented facilities or equipment must be in reasonable condition after use, determination of the condition of the facility or equipment will be determined by the North Berwyn Park District. All renters agree to these terms by completing the application form for consideration of renting a facility or equipment from the North Berwyn Park District. Potential renters that do not agree to these terms should not submit a rental application.
9. The North Berwyn Park District reserves the right to deny any request for rental of a facility or equipment for reasons that may remain confidential. All park programs take precedence over any other event.
10. Rentals may be denied or cancelled at the discretion of the Executive Director without reason or explanation.
11. Any rules not specifically mentioned may be instituted at any time for the good of the North Berwyn Park District.

NORTH BERWYN PARK DISTRICT

Parks and Facilities

- 1 Events • Variety of Classes • Spray Pool • Playground
1619 South Wesley Avenue
- 2 Soccer • Flag Football
16th and Wenonah Avenue
- 3 Soccer • Volleyball • Basketball
Gymnasium • After School Programs
15th and Oak Park Avenue
- 4 Playground • Skate Park
15th and Maple Avenue
- 5 Art Center • Year-round 16th Street Theater
6420 West 16th Street
- 6 Gazebo • Playground • Gardens • Playsets
Grove Ave thru Wisconsin Ave
just north of Cermak Road
- 7 Playground
1227 Kenilworth Avenue
- 8 Playground • Garden • Dance Studio
19th & Cuyler Avenue
- 9 Playground
Kenilworth Avenue just north of Cermak Rd.





Berwyn Township Farmers' Market

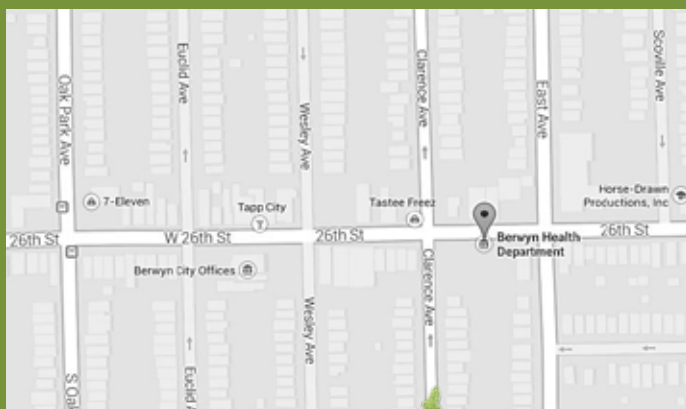
A summer festival series presented by the Berwyn Public Health District

Location

Lesak Park

Next to:

The Berwyn Public Health District
6600 26th Street, Berwyn, IL 60402



- ✓ Fresh Fruits
- ✓ Vegetables
- ✓ Flowers
- ✓ Artisan Crafts
- ✓ Entertainment

1st Sunday of the Month
from
June to October

8am to 1pm

