

north berwyn

www.nbpd4fun.org

p a r k d i s t r i c t

think GREEN!

pg. 4

Hop on over
to our Fun

EASTER EVENTS!

pgs. 2-3

It's time for

**SPRING BREAK
CAMP!**

pg. 8

Dance & Fitness

the Studio

pgs. 20-22, 26

2014 Spring

REGISTRATION North Berwyn - March 17 Open - March 24



*North Berwyn Park District's
Inaugural*

Easter PARADE

SATURDAY, APRIL 19
10:30 am

Parade Route:

Hop down 16th St. from Jefferson Field to
NBPD Community Center 1619 Wesley Ave.
for our
Easter Eggstravaganza

Join the
Parade or
just watch!

Put on
your best
Bonnet!

To enter a
float or a group
call
(708) 749-4900



weather permitting

HOPPY EASTER EVENTS



Saturday, April 19

NBPD Easter Egg Hunt

All Ages

10:00 am Sharp!

Jefferson Field, 16th & Wenonah

FREE!

NBPD Easter Parade

All Ages

10:30 am

Parade Route: Down 16th St. from Jefferson Field to Community Center, 1619 Wesley Ave.

Easter EGGstravaganza

Egg Painting, Cookie Decorating, Crafts,
Photos with the Easter Bunny

All Ages

11:00 am - 1:00 pm

Community Center

FREE!

Easter Basket Delivery

Sign up today and bring your personalized basket to the Community Center between April 16 - 18 during normal business hours (on April 18, before 11 am). All baskets will be delivered on Saturday, April 19 between the hours of 1:30-3:30 pm.

All Ages

1:30 - 3:30 pm

\$5 Per Basket Delivered

Community Center

252103A All North Berwyn Residents Eligible

Friday, April 18

Annual City Easter Egg Hunt

Ages 1-10

10:00 am Sharp!

Morton West High School Football Field

FREE!

Rain Location: Field House



think
GREEN

North Berwyn Park District

Saturday, April 12
9:00 am - 12:00 pm

Clean Up Sites

Parks

Schools

16th Street

Cermak Road

Roosevelt Road

You can help your planet!

To register call
(708) 749-4900
by Monday, March 31

2014

North Berwyn Park District

Best of Berwyn

Junior Citizen Recognition Program

The annual Best of Berwyn Junior Citizen Program recognizes the top 8th grade students in the City of Berwyn, nominated students should be well-rounded citizens that reside in Berwyn.



Mayor Robert J. Lovero, 2013 Best of Berwyn Samantha Torres,
Executive Director Joseph C. Vallez

MONDAY, MARCH 3

**Applications are Distributed
to Community Partners**

MONDAY, MARCH 24, 8:00 pm SHARP!

**Applications Due to
North Berwyn Park District**

MONDAY, APRIL 7

Judging Begins

WEDNESDAY, MAY 7

Best of Berwyn Banquet

If you know an extraordinary student who fits the qualifications, please inform one of our following community partners:

- Berwyn North School District 98
- Elementary School District 100
- The Berwyn Library
- Pav YMCA
- St. Leonard School
- St. Odilo School
- Police Explorers
- Berwyn Park District
- Berwyn Recreation Department
- North Berwyn Park District

Student Qualifications:

Community Service Experience
Extra Curricular Activities
Future Potential for Success

Academic Excellence
High Moral and Ethical Values
Resides in Berwyn

Sponsored By:



Hello Neighbors!

This brochure has many classes for your health - physical, mental and social! Journey through it and mark your calendar for your favorites.

Hurry and register, spaces are limited and fill up fast.

Spring is not only a season but also a directive to Action!

Sincerely,

Ann Mackin, President
Board of Commissioners

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Board of Commissioners

Ann Mackin
President

Jeanmarie Hajer-O'Connor
Vice President

Mark Sladek
Treasurer

Jim Kearns, Jr
Commissioner

Jack Lopez
Commissioner

Executive Director
Joseph C. Vallez



Registration Hours

Monday-Friday
8:30 am - 8:00 pm

Saturday
9:00 am - 12 noon

Community Center

1619 Wesley Avenue
Berwyn, IL 60402
(708) 749-4900

www.nbpd4fun.org

www.nbpd4fun.org

Volunteering & Community Service Opportunities

VOLUNTEERS

Volunteer for the North Berwyn Park District where you will benefit in many ways...

You can serve your community and make new friends as well as be of service to others! Take this opportunity to develop skills and build up your resume! If you are interested in a career in the recreation field, you can gain experience and knowledge that will help you in the future.

Volunteer positions available: Grant Writer/Researcher, Records Retention, Clerical, Classroom Aide, Gardener, Special Events, Instructor, Maintenance, 16th Street Theater Production Assistant and Sports Aide!

If you are interested in any position - please pick up a Volunteer Handbook at the North Berwyn Park District, 1619 Wesley Avenue, Berwyn – if you have a skill that is not listed, please let us know!

COMMUNITY SERVICE

Are you looking to fill your Community Service requirements? We might be able to help you out, while you help us! Just stop in at the North Berwyn Park District, 1619 Wesley Avenue, Berwyn for your Volunteer Handbook.

QUESTIONS

Contact Nancy Woods at 708-749-4900 x11 or nwoods@nbpd4fun.org



708-749-4900

Kids Garage Sale

Hey kids, do you have way too many toys you don't play with anymore and you just don't want to throw them away? Give other children the opportunity to have as much fun with them as you did. Come and sell your old toys at the North Berwyn Park District's annual kids garage sale. You might even find a new toy or two for yourself!

NOTE: Tables will be provided as a spot.

Ages: 6-13 with parent

Saturday, May 10

9:00 am-2:00 pm

\$10 (\$5 refund at the end of the day)

16th St & Wesley Avenue (Outdoors)

Register By: 5/9

#252102A

Min 10/Max 25

Spring Flea Market

Can't finish your spring cleaning because you have way too much stuff and you just don't know what to do with it all? Sell it at our annual spring Flea Market and make a few bucks off of what you no longer need. If you're not a seller, stop by and you might find that one item that you have been looking for. Many hidden treasures are waiting to be discovered! NOTE: Vendors will not be allowed to set up earlier than 8:00 am. 8x10 spot, no tables provided.

All Ages

Saturday, May 17

9:00 am-2:00 pm

R/NR: \$13/\$15

16th St & Wesley Avenue (Outdoors)

Register By: 5/16

#252101A

Min 10/Max 25





Spring Break

Before Camp

7:00-9:00 am

\$20R/\$25NR #212301A

Get an early start on the fun. Children must be registered for Spring Break Camp to participate in the Before Camp program.

After Camp

3:00-6:00 pm

\$30R/\$35NR #212302A

Not ready to go home and miss out on fun and games? Stay a little longer. Children must be registered for Spring Break Camp to participate in the After Camp program.

Ages: 6-12

Camp Location: Prairie Oak Gym

Register By: Wednesday, March 26
Min 10/Max 50

Spring Break Camp

9:00 am-3:00 pm

\$60R/\$65NR #212305A

Who needs to go on vacation when you can jump into action at our Spring Break Camp! Forget about video games and television for a week and pick up the keys to your creativity. Fun is the name of the game and we will be having lots of it at this camp!

March 31
thru
April 4

www.nbpd4fun.org

How you can receive **FREE** or Discounted after SCHOOL Care & summer **Camp** for your child...

You may qualify for ASSISTANCE from the Department of Human Services for Child Care!

- 1) Who is eligible for child care assistance from the state?
 - Low-income working families
 - TANF clients in education, training, or other work-related activities approved by their caseworkers
 - Teen parents (under age 20) in elementary or high school, or a GED program
 - Low income families who are in school or training and are not receiving TANF cash assistance. (Must work at least 10 hours per week if they are in a college degree program.) Occupational vocational training, GED, ABE, ESL, and other below post-secondary education programs do not have a work requirement for the first 24 months. High school does not have a work requirement.
- 2) What does "low income" mean?
Your family's countable income must be below the following guidelines

<u>Family Size</u>	<u>Monthly Income Must Be Below</u>
2	\$2,334
3	\$2,934
4	\$3,534
5	\$4,134
6	\$4,734
7	\$5,334
8	\$5,934

To determine your countable income, the gross wages paid by an employer are added to your other income (such as any government benefits, child support you receive, or self employment income.) Any child support you pay is subtracted from your income.

- 3) Must I be the child's parent to qualify for the program?
No. A child's legal guardian or other relatives caring for the child are also eligible and should fill out an application form. Foster parents can receive child care assistance from the Department of Children and Family Services.
- 4) How old can the child be?
All children under age 13 are eligible. Children 13 or older are eligible if they are under court supervision or have written documentation from a medical provider stating that they are physically or mentally incapable of caring for themselves.

If you think you may qualify please ask for an application, or if you have any additional questions call Inara Canino 708/749-4900 x18.



Summer Camp!

Arts & Crafts

Fitness Games

Board Games

Movies

Swimming

Field Trips

Fun, fun, & more fun!

Field Trips
every
week!

BOYS & GIRLS
3-12 YEARS

SUMMER CAMP 2014

Are you ready for some fun?

10 Fun-Packed Weeks!

Week 1 : June 9 - 13

Week 2 : June 16 - 20

Week 3 : June 23 - 27

Week 4 : June 30 - July 3

Week 5 : July 7 - 11

Week 6 : July 14 - 18

Week 7 : July 21 - 25

Week 8 : July 28 - August 1

Week 9 : August 4 - 8

Week 10 : August 11 - 15



Fun in the Sun!

Ages: 6-8 & 9-12

Summer Camp, a place to learn, grow, make friends, and have fun! Feel the excitement of adventure on our Dynamic Field Trips. Exhibit your competitive spirit in our Organized Sports. Feeling creative? Express yourself through our Performing and Visual Arts. Like to take risks, or just need to cool off? Take a dip in the Swimming Pool. Come experience the endless activities with our qualified staff, develop friendships and lifelong memories. Simply put- the experience of a lifetime.

Monday-Friday

A: June 9 - 13
B: June 16 - 20
C: June 23 - 27
D: June 30 - July 3
E: July 7 - 11
F: July 14 - 18
G: July 21 - 25
H: July 28 - Aug 1
I: Aug 4 - 8
J: Aug 11-15

Time: 9:00 am - 3:00 pm
Location: Prairie Oak
R/NR Fee: \$93/\$99 weekly

Code: 213303 A-J **Ages:** 6-8
Code: 213303 K-T **Ages:** 9-12
Min 15

After Camp

Not ready to go home and miss out on fun and games? Stay a little longer. Children must be registered for Summer Camp Fun in the Sun to participate in the After Camp program.

NOTE: Snack will be provided

Age: 6-12
Days: Monday - Friday
Time: 3:00-6:00 pm
Location: Prairie Oak
Fee: \$30R/\$35NR

*See Camp Session A- J for dates
Code: 213302 A-J
Min 15

Before Camp

Get an early start on the fun. Children must be registered for Summer Camp Fun in the Sun to participate in the Before Camp program.

Age: 6-12
Days: Monday-Friday
Time: 7:00-9:00 am
Location: Prairie Oak
Fee: \$23R/\$28NR

*See Camp Session A-J for dates
Code: 213301 A-J
Min 15

Play Camp

Ages: 3-5

Summer Camp, a place to learn by experimentation and exploration. Children benefit from the feel, sight, and smell of natural materials; they learn concentration, interest, and a love of learning through dress-up, singing, art projects, story time, community field trips, playing in the zero depth water park and other activities. Allow your child's spirit and imagination to soar!

Monday-Friday

A: June 9 - 13
B: June 16 - 20
C: June 23 - 27
D: June 30 - July 3
E: July 7 - 11
F: July 14 - 18
G: July 21 - 25
H: July 28 - Aug 1
I: Aug 4 - 8
J: Aug 11-15

Time: 9:30 am-1:30 pm
Location: Community Center
R/NR Fee: \$60/\$66 weekly

Code: 213104 A-J
Min 10

DISCOUNTS

Multi-child family discount
1st child full price
2nd child 10% DISCOUNT!

REGISTRATION

To be eligible for the Fun in the Sun Program children must be 6 by June 1, 2014 and not older than 12 by August 1, 2014.

To be eligible for the Play Camp Program children must be 3 by June 1, 2014 and not older than 5 by August 1, 2014.

NOTES

Fee includes Camp T-shirt, Lunch bag and a Backpack. Please supply your camper with a lunch and drink daily.

**SAVE
\$100**
When you Sign up
for
10 WEEKS!



2 Day
Classes

PRESCHOOL

Our philosophy is learning through play. Play was once considered to be the opposite of education, but is now regarded by early childhood specialists as the extraordinary educational process by which preschool children become introduced to a world filled with new and exciting discoveries. We encourage creative expression, socialization, interaction with peers, and the development of a positive self-image. We are devoted to leading your child through this exciting and important period of their lives.

The New Kids 1

Offering your child an early social awareness of others, building self-confidence in a nurturing environment. Your child will explore important concepts including letters, numbers, shapes and colors. Classes are fun-filled with music, songs, wonderful stories and art projects. All concepts are presented through hands-on learning with the emphasis being fun and discovery! NOTE: Child must be 3 years old by child's first day of school.

The New Kids 1

Ages: 3-4

Day: Mondays, Tuesdays

Dates: 1/6-5/20

Time: 9:15-12:00 pm

Location: Community Center

R/NR Fee: \$82/\$98 monthly

Min 6/Max 20

Code: 124101A

The Rookies 1&2

Exposing your child to an array of activities including art projects, games, dancing and music! Your child will socialize with new friends, while also learning the basics of colors, shapes, numbers and the alphabet! Watch your child discover and grow! NOTE: Child must be 3 years old by child's first day of school.

The Rookies 1

Ages: 3-4
Day: Wednesdays-Fridays
Dates: 1/8-5/23
Time: 9:15-12:00 pm
Location: Community Center
R/NR Fee: \$108/\$134 monthly
 Min 6/Max 20
 Code: 124102A

3 Day
Classes



The Rookies 2

Day: Wednesdays-Fridays
Dates: 1/8-5/23
Time: 1:15-4:00 pm
Location: Community Center
R/NR Fee: \$108/\$134 monthly
 Min 6/Max 20
 Code: 124102B

The Major Leagues 1&2

Encouraging your child to explore on their own as much as possible, they'll do their own drawing, painting, experimenting, buttoning, etc. Through fun and educational activities, we take every opportunity to help each child develop responsibility and self-esteem. NOTE: Child must be 4 years old by child's first day of school.

The Major Leagues 1


Ages: 4-5
Day: Mondays-Thursdays
Dates: 1/6-5/22
Time: 9:15-12:00 pm
Location: Community Center
R/NR Fee: \$139/\$154 monthly
 Min 6/Max 20
 Code: 124103A

4 Day
Classes



The Major Leagues 2

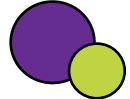
Day: Mondays-Thursdays
Dates: 1/6-5/22
Time: 1:15-4:00 pm
Location: Community Center
R/NR Fee: \$139/\$154 monthly
 Min 6/Max 20
 Code: 124103B



Before and **A**fter **S**chool **E**xperience provides the perfect combination of recreational and educational activities for a well-balanced out-of-school experience. Children end each day excited about the broad range of engaging hands-on activities that allow them to develop their interests and skills, as well as having the opportunity to spend time on homework so that they can enjoy more quality time at home.



Before School Experience



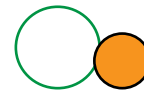
Currently Enrolled in K-8th Grade
Monday-Friday (according to School District 98 calendar)

Code	Date	Time	Fee
221301A-Z	1/6-6/3	7:00-8:30 am	\$20/5 days
Location: Prairie Oak Gym			

After School Experience

Currently Enrolled in K-8th Grade
Monday-Friday (according to School District 98 calendar)

School	Code	Date	Time	Fee
Lincoln	221302A-Z	1/6-6/3	3:00-6:00 pm	\$50/5 days
Havlicek	221303A-Z	1/6-6/3	3:00-6:00 pm	\$50/5 days
Prairie Oak	221304A-Z	1/6-6/3	3:00-6:00 pm	\$50/5 days
Jefferson	221305A-Z	1/6-6/3	3:00-6:00 pm	\$50/5 days
Location: Prairie Oak Gym				



When School's Out, We're In!

You have a day off from school, but nothing to do? Join us for an exciting day of fun with familiar friends! The day will consist of sports, art, games, and fun, fun, fun! All outdoor activities are weather permitting. Make sure you bring a lunch each day.

Full Days Off

Course	Date	Time	R/NR Fee
222306B	04/18	7:00 am-6:00 pm	\$25/per day
222306C	04/21	7:00 am-6:00 pm	\$25/per day

Location: Prairie Oak Gym

Register By: At least one week prior to day off.
Min.10



Want to know how you can receive this SERVICE
for FREE or at a DISCOUNTED price...pg. 9

art is a powerful way to learn

Preschool Art by Young Rembrandts

April showers bring May flowers and springtime is the right time to sign up your pre-schooler for a Young Rembrandts class! We will begin our adventure with an imaginary trip to the hardware store as we illustrate and learn about different tools. We'll continue to stomp away springtime boredom as we draw and color a mighty dinosaur. The sky is the limit as we draw a colorful, patterned butterfly. And we'll soar to new heights with our fantastic kite drawing. There's no better time than now to enroll your student!

Instructor: Young Rembrandts

6 weeks

Ages: 3-5

Day: Saturdays

Dates: 4/26-5/31

Time: 10:30-11:15 am

Location: Community Center

R/NR Fee: \$49/\$59

Register By: 4/19

Min 6/Max 10

Code: 152101A

Elementary Art by Young Rembrandts

Its spring time and that can mean only one thing: SPRINGTIME DRAWING WITH YOUNG REMBRANDTS! If your children are baseball fans, they will love our baseball still life lesson. Learning about warm colors and cool colors will be the focus as our artists draw a detailed exterior of a house. We'll also learn about legendary artist Edward Hopper as we recreate one of his masterpieces. Finally, we'll take an imaginary trip to Japan and learn about the artistry of the kimono. Sign up for classes today!

Instructor: Young Rembrandts

6 weeks

Ages: 6-8

Day: Saturdays

Dates: 4/26-5/31

Time: 11:30 am-12:15 pm

Location: Community Center

R/NR Fee: \$49/\$59

Register By: 4/19

Min 8/Max 20

Code: 152102A

6 weeks

Ages: 9-11

Day: Saturdays

Dates: 4/26-5/31

Time: 12:30-1:15 pm

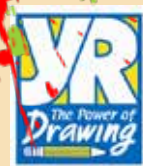
Location: Community Center

R/NR Fee: \$49/\$59

Register By: 4/19

Min 8/Max 20

Code: 152102B





Drawing From Nature

This hands-on and experimental drawing class is designed to engage the imagination and foster the creative expression of young artists. Projects might include self-portrait, landscapes, exploring and magnifying plants, as well as abstract drawings and realistic creatures like favorite pets. Motor skills will be enhanced with a variety of kid-friendly themed projects.

Instructor: Jose Saenz

Jr. Artists

Ages: 5-8

Day: Mondays

Dates: 4/7-6/2*

Time: 4:00-5:00 pm

Location: Cultural Center

R/NR Fee: \$25/\$35

Register By: 3/31

Min 5/Max 10

Code: 152703A

*No Class 5/26

Sr. Artists

Ages: 9-12

Day: Mondays

Dates: 4/7-6/2*

Time: 5:15-6:15 pm

Location: Cultural Center

R/NR Fee: \$25/\$35

Register By: 3/31

Min 5/Max 10

Code: 152703B

*No Class 5/26

Beginner Poetry

In this class, you'll learn what poetry is and how it varies. Find your own poetic voice and have the opportunity to recite at our open mics.

Instructor: Adrian Del Toro

8 weeks

Ages: 12-16

Day: Fridays

Dates: 4/11-6/6*

Time: 5:30-6:30 pm

Location: Community Center

R/NR Fee: \$35/\$45

Register By: 4/4

Min 5/Max 10

Code: 142101A

*No Class 4/18

Voice

Everyone has a voice to share, learn to raise your own and find out what it takes to be known as a good singer. We will also analyze different styles and techniques to find what works best for you.

Instructor: Adrian Del Toro

8 weeks

Ages: 12-16

Day: Fridays

Dates: 4/11-6/6*

Time: 8:00-9:00 pm

Location: Community Center

R/NR Fee: \$35/\$45

Register By: 4/4

Min 5/Max 10

Code: 142102A

*No Class 4/18

Kids/Teens

Art Explorations

In this class, Jr. Explorers will be exposed to famous artwork, artist techniques, and different mediums such as watercolor, pastels, charcoal and acrylic. Sr. Explorers will receive advanced instruction and will create their own artwork while developing their own style of art making.

Instructor: Jose Saenz

8 weeks

Jr. Explorers

Ages: 7-10

Day: Tuesdays

Dates: 4/8-5/27

Time: 4:00-5:00 pm

Location: Cultural Center

R/NR Fee: \$25/\$35

Register By: 4/1

Min 5/Max 10

Code: 152710A

Sr. Explorers

Ages: 11-14

Day: Tuesdays

Dates: 4/8-5/27

Time: 5:15-6:15 pm

Location: Cultural Center

R/NR Fee: \$25/\$35

Register By: 4/1

Min 5/Max 10

Code: 152710B

Beginner Piano

Start the magical journey right now and add a new positive dimension to your child's life. Note reading, keyboard technique and musical terminology are just the start of a wonderful experience that adds so much to becoming a well-rounded student. Keyboards are provided.

Instructor: Nicholas Davio

8 weeks

Ages: 7-13

Day: Wednesdays

Dates: 4/9-5/28

Time: 5:30-6:30 pm

Location: Community Center

R/NR Fee: \$89/\$109

Register By: 4/2

Min 5/Max 7

Code: 182106A

Song Writing

Students in this class will learn the essential foundation to building a song, including styles, inspirations and structures. We will also look at some of the greatest songs ever written and how great written songs mix in with instruments, melodies and harmonies.

Instructor: Adrian Del Toro

8 weeks

Ages: 12-16

Day: Fridays

Dates: 4/11-6/6*

Time: 6:45-7:45 pm

Location: Community Center

R/NR Fee: \$35/\$45

Register By: 4/4

Min 5/Max 10

Code: 142103A

*No Class 4/18

Guitar 1A

Here is where it all begins! No requirements needed except a desire to see if you can make music a fun part of your life! Make your dream come true and play guitar in no time! You'll learn to read notes, strum chords, and even how to care for your instrument. Limited number of guitars available for use. Advanced instruction will be given to students with moderate experience.

Instructor: Nicholas Davio

8 weeks

Ages: 7-13

Day: Wednesdays

Dates: 4/9-5/28

Time: 4:15-5:15 pm

Location: Community Center

R/NR Fee: \$89/\$109

Register By: 4/2

Min 5/Max 10

Code: 182101A



Dance Kids/Teens

Ballet

Stimulate your child's creativity and energy through ballet! In this class, your little one will be taught through exercise, movements, mime, arm carriage and free expression. Stretching and beginning ballet steps will be learned as well as complete ballet dance! Remember parents, dance promotes discipline, coordination, memory, stamina, and many other positive characteristics which can be very beneficial to your child's future.

8 weeks

Baby Ballet

Ages: 3-4

Day: Saturdays

Dates: 4/12-6/7*

Time: 12:00-12:30 pm

Location: Community Center

R/NR Fee: \$39/\$49

Register By: 4/5

Min 6/Max 15

Code: 192101B

*No Class 4/19

Instructor: Ms. Marilyn

Ballet

Ages: 4-6

Day: Saturdays

Dates: 4/12-6/7*

Time: 10:00-10:35 am

Location: Community Center

R/NR Fee: \$39/\$49

Register By: 4/5

Min 6/Max 15

Code: 192101A

*No Class 4/19

Tiny Tappers

TAP, TAP, TAP! Boys and girls will love the excitement of TAPPING! The art of tap dance is energetic, fun and a great way to develop rhythm and coordination as well as basic motor skills. Your toddler will learn beginning tap steps and eventually a routine! Best of all, your child will begin to build up a positive self esteem at a very early age.

Instructor: Ms. Marilyn

8 weeks

Ages: 3-6

Day: Tuesdays

Dates: 4/8-5/27

Time: 5:15-5:50 pm

Location: Community Center

R/NR Fee: \$39/\$49

Register By: 4/1

Min 6/Max 15

Code: 192102A

Ballet/Tap Beginner

How much fun it is to dance! In this combination class, your child will begin to learn the art of ballet along with the musical steps of tap. Learning new ways of expressing themselves in an artistic, physical way will make their experience fun and exciting.

Instructor: Ms. Marilyn

8 weeks

Ages: 4-6

Day: Saturdays

Dates: 4/12-6/7*

Time: 10:50-11:45 am

Location: Community Center

R/NR Fee: \$49/\$59

Register By: 4/5

Min 6/Max 15

Code: 192103A

*No Class 4/19

Ballet/Tap Intermediate

Keep the fun going! During this class, your child will learn new and advanced ballet movements that will help them increase their strength and grace in movement. (½ hr. ballet & ½ hr. tap)

Instructor: Ms. Marilyn

8 weeks

Ages: 7-12

Day: Tuesdays

Dates: 4/8-5/27

Time: 6:00-7:00 pm

Location: Community Center

R/NR Fee: \$49/\$59

Register By: 4/1

Min 6/Max 15

Code: 192104A



You & Me Dance

You & Me Dance is a creative dance class for toddlers and an adult. Toddlers and adults will explore movement through fun activities and games. You & Me Dance is a great way for toddlers to develop listening, movement, and social skills and for adults to have an active share in the process.

Instructor: Ms. Marilyn

8 weeks

Ages: 2-4 with Adult
Day: Tuesdays
Dates: 4/8-5/27
Time: 4:30-5:00 pm
Location: Community Center
R/NR Fee: \$39/\$49
Register By: 4/1
Min 6/Max 12
Code: 272116A



Lil' Latin Dance

This class will get your child moving to Latin-inspired sounds. Their hips will be swinging and their feet will be stomping while they get fun exercise, improve coordination and gain a sense of rhythm.

Instructor: Adrian Del Toro

8 weeks

Ages: 6-9
Day: Tuesdays
Dates: 4/8-5/27
Time: 5:15-6:00 pm
Location: Community Center
R/NR Fee: \$29/\$39
Register By: 4/1
Min 8/Max 12
Code: 192112A

Breakdancing

This class will walk you through the basics of uprock, footwork and transitions. Each class starts with a warm up which includes stretching and some basic figures and footwork needed to complete the lesson for the day. Children will be introduced to "old school" movements made popular in the 1980's which will allow students to develop his or her own sense of style during the freestyle part of the session. Our talented, energetic, and friendly instructor, will safely teach the techniques and skills needed to move forward to the next level.

Instructor: Chris Courtney

8 weeks

Jr. Breakers

Ages: 6-8
Day: Fridays
Dates: 4/11-6/6*
Time: 4:00-5:00 pm
Location: Community Center
R/NR Fee: \$29/\$39
Register By: 4/4
Min 8/Max 15
Code: 192107A
 *No Class 4/18

Sr. Breakers

Ages: 9-11
Day: Fridays
Dates: 4/11-6/6*
Time: 5:15-6:15 pm
Location: Community Center
R/NR Fee: \$29/\$39
Register By: 4/4
Min 8/Max 15
Code: 192107B
 *No Class 4/18



Kids/Teens

Classical Ballet

This class emphasizes creative expressive response to music and the development of strength, poise, and group interaction skills. Special attention is given to the physical, emotional and mental developmental needs of our youngest students. As the students move on to the next level, the primary focus becomes developing technique, musicality, proper placement, strength and poise. Students will build the foundation that is crucial to further development and a lifelong love and appreciation of dance.

Instructor: Raquel Bautista

Classical Tap

This high-spirited class is filled with happy feet! It introduces students to the playfulness of rhythm and motion by incorporating exciting rhythmic dance movements and percussive sounds. By studying the fundamentals of tap technique, students develop a love for rhythm. Students will begin their training with basic Shuffles, Time Steps, Shim Sham Shimmy and more. Once the young tappers have tapped their way up to the next level of complexity, students will explore intricate footwork and more complex rhythms. Class will focus on quickening the students' footwork while building clean and rhythmically accurate sounds. Concurrent ballet training with NBPD is recommended but not required.

Instructor: Raquel Bautista

8 weeks

Jr. Ballerinas

Ages: 5-7

Day: Saturdays

Dates: 4/12-5/31

Time: 12:00-12:45 pm

Location: the Studio

R/NR Fee: \$59/\$69

Register By: 4/5

Min 8/Max 12

Code: 192110A

Sr. Ballerinas

Ages: 8-11

Day: Saturdays

Dates: 4/12-5/31

Time: 9:30-10:30 am

Location: the Studio

R/NR Fee: \$59/\$69

Register By: 4/5

Min 8/Max 12

Code: 192110B

8 weeks

Jr. Tappers

Ages: 5-7

Day: Saturdays

Dates: 4/12-5/31

Time: 1:00-1:45 pm

Location: the Studio

R/NR Fee: \$49/\$59

Register By: 4/5

Min 8/Max 12

Code: 192111A

Sr. Tappers

Ages: 8-11

Day: Saturdays

Dates: 4/12-5/31

Time: 10:45-11:45 am

Location: the Studio

R/NR Fee: \$49/\$59

Register By: 4/5

Min 8/Max 12

Code: 192111B



Tap/Jazz Combo

Learn the basic technique of tap and jazz dance in this high energy class. From pirouettes to shuffle ball-change, dancers will learn the skills needed to progress in both styles of dance.

Instructor: Raquel Bautista

8 weeks

Ages: 5-7

Day: Tuesdays

Dates: 4/8-5/27

Time: 6:15-7:00 pm

Location: the Studio

R/NR Fee: \$29/\$39

Register By: 4/1

Min 8/Max 12

Code: 192605A

Music and Rhythm

Combine the use of musical instruments (maracas, tambourines & drum sticks) with the exciting movement of dance! Students will learn to count and play different tempos while learning groovy dance moves.

Instructor: Raquel Bautista

8 weeks

Ages: 7-10

Day: Tuesdays

Dates: 4/8-5/27

Time: 5:15-6:00 pm

Location: the Studio

R/NR Fee: \$29/\$39

Register By: 4/1

Min 8/Max 12

Code: 192602A

Fairytales Dance

With a new movie theme each week, children will have the opportunity to dress up and learn dances to several of their favorite fairytales songs.

Instructor: Raquel Bautista

8 weeks

Ages: 4-7

Day: Tuesdays

Dates: 4/8-5/27

Time: 4:15-5:00 pm

Location: the Studio

R/NR Fee: \$35/\$45

Register By: 4/1

Min 8/Max 12

Code: 192603A

Teen Latin Dance

Learn the basic steps to the most popular Latin dance styles, such as Salsa, Merengue and Bachata. Don't wait another minute and register today!

Instructor: Adrian Del Toro

8 weeks

Ages: 12-15

Day: Fridays

Dates: 4/12-5/31

Time: 4:15-5:15 pm

Location: the Studio

R/NR Fee: \$29/\$39

Register By: 4/5

Min 8/Max 16

Code: 192114A

Hip Hop Level 1 & 2

This introductory level class is designed to teach students all aspects of hip-hop dance. It provides a structured method of learning various dance moves in a fun-filled and vibrant class environment. Level 2 will focus more on choreography.

Instructor: Adrian Del Toro

8 weeks

Level 1

Ages: 6-11

Day: Saturdays

Dates: 4/12-5/31

Time: 2:00-2:45 pm

Location: the Studio

R/NR Fee: \$29/\$39

Register By: 4/5

Min 8/Max 15

Code: 192113A

Level 2

Ages: 12-15

Day: Saturdays

Dates: 4/12-5/31

Time: 3:00-4:00 pm

Location: the Studio

R/NR Fee: \$29/\$39

Register By: 4/5

Min 8/Max 15

Code: 192113B



Kids/Teens

Zumbatomic

Sure, chillin' out is cool. But rockin' out is a blast! That's why you're gonna love the Zumbatomic fitness program for kids. It's a fast-forward fusion of the Zumba program's moves (salsa, cumbia, reggaeton, hip-hop and more) and high-octane workouts designed to let kids ages 4-11 max out on fun and fitness all at the same time. Safe and effective, kids can't wait to get into the Zumbatomic groove. Watch their energy and fitness levels soar as they get the groove.

Instructor: Raquel Bautista

8 weeks

Mini Starz

Ages: 4-6

Day: Mondays

Dates: 4/7-6/2*

Time: 5:00-5:30 pm

Location: the Studio

R/NR Fee: \$29/\$39

Register By: 3/31

Min 8/Max 12

Code: 172114A

***No Class 5/26**

Jr. Starz

Ages: 7-11

Day: Mondays

Dates: 4/7-6/2*

Time: 5:45-6:30 pm

Location: the Studio

R/NR Fee: \$29/\$39

Register By: 3/31

Min 8/Max 15

Code: 172114B

***No Class 5/26**

Tumbling

Learn the fundamentals of gymnastics. Tumbling will focus on the tools needed for dance, cheerleading and overall fitness. A hands-on approach is taken to ensure the safety of your child.

Instructor: Raquel Bautista

8 weeks

Mini Tumbling

Ages: 5-7

Day: Thursdays

Dates: 4/10-5/29

Time: 4:00-4:45 pm

Location: the Studio

R/NR Fee: \$35/\$45

Register By: 4/3

Min 8/Max 15

Code: 172601A

Jr. Tumbling

Ages: 8-11

Day: Thursdays

Dates: 4/10-5/29

Time: 5:00-5:45 pm

Location: the Studio

R/NR Fee: \$35/\$45

Register By: 4/3

Min 8/Max 15

Code: 172601B

Poms

This energetic class will introduce young children to dance using pom-poms. Class consists of fun warm-ups followed by stretch and strength exercises.

Instructor: Raquel Bautista

8 weeks

Mini Poms

Ages: 5-7

Day: Wednesdays

Dates: 4/9-5/28

Time: 5:00-5:45 pm

Location: the Studio

R/NR Fee: \$29/\$39

Register By: 4/2

Min 8/Max 15

Code: 192117A

Jr. Poms

Ages: 8-11

Day: Wednesdays

Dates: 4/9-5/28

Time: 6:00-7:00 pm

Location: the Studio

R/NR Fee: \$29/\$39

Register By: 4/2

Min 8/Max 15

Code: 192117B

Stretch and Strengthen

Focusing on conditioning a dancers body, this class gives students the tools needed to increase flexibility, as well as exercises to tone the body using elements of yoga and pilates. Skills learned will assist in creating a strong conditioned body.

Instructor: Raquel Bautista

8 weeks

Ages: 7-13

Day: Mondays

Dates: 4/7-6/2*

Time: 6:45-7:45 pm

Location: the Studio

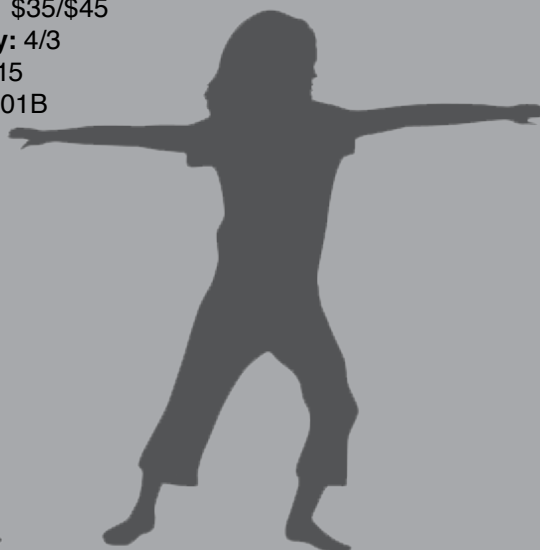
R/NR Fee: \$29/\$39

Register By: 3/31

Min 8/Max 12

Code: 172602A

***No Class 5/26**



Tae Kwon Do for Beginners

Learn the basic fundamentals of the Korean art of self-defense, including kicks, blocks, and punches! No martial arts experience needed for this class. Here's the opportunity for you to take a self-defense course and move up the belt ranking ladder. If you are a returning student, you may qualify for the next belt level. Great for developing self-esteem and self-confidence!

Instructor: Randy Dittman

8 weeks

Ages: 5-12

Day: Tuesdays, Thursdays

Dates: 4/8-5/29

Time: 6:30-7:20 pm

Location: Lincoln School Gym

R/NR Fee: \$59/\$69

Register By: 4/1

Min 6/Max 30

Code: 172402A

Intermediate/Advanced Tae Kwon Do

Students holding a rank of Green Belt or higher will receive advanced instruction. Sparring and advanced form practice will be emphasized. Beginners need instructor's permission to enroll in this class.

Instructor: Randy Dittman

8 weeks

Ages: 6-15

Day: Mondays, Wednesdays

Date: 4/7-6/4*

Time: 6:45-7:45 pm

Location: Lincoln School Gym

R/NR Fee: \$59/\$69

Register By: 3/31

Min 6/Max 30

Code: 172401A

*No Class 4/16, 4/21 & 5/26

Fitness Boot Camp 4 Kids

This high-energy class will introduce boys and girls to fitness in a friendly and collaborative environment. Your child will improve his or her agility, coordination, flexibility and endurance. Boot Camp 4 Kids will also help develop confidence and teamwork skills.

Instructor: Michel Richmond

8 weeks

Ages: 7-13

Day: Thursdays

Dates: 4/10-5/29

Time: 6:00-6:45 pm

Location: Community Center

R/NR Fee: \$29/\$39

Register By: 4/3

Min 8/Max 15

Code: 172119A

Cardio Box 4 Kids

The dynamic combination of martial arts and aerobics makes this a unique class for youngsters who want to learn traditional boxing skills and self-defense techniques. This class will enhance cardiovascular fitness, agility and confidence.

Instructor: Michel Richmond

8 weeks

Ages: 7-13

Day: Tuesdays

Dates: 4/8-5/27

Time: 6:00-6:45 pm

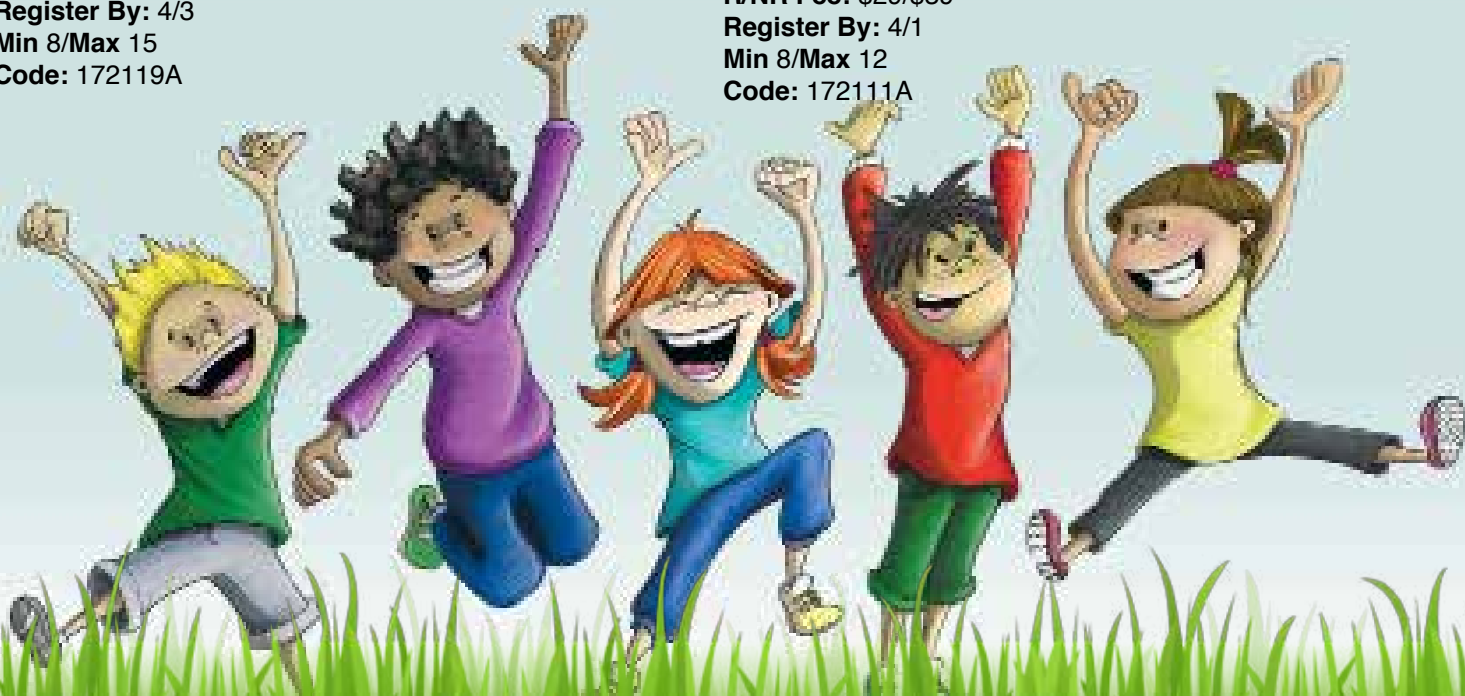
Location: Community Center

R/NR Fee: \$29/\$39

Register By: 4/1

Min 8/Max 12

Code: 172111A



Kids/Teens

Nature's Playground

Celebrate Spring with this creative nature class for toddlers. Class will include sensory play, creative projects, and garden-themed story time. Plant seeds, build bird feeders, make mud pies and much, much more! Weather permitting, class will be held outdoors.

Instructor: Kelly Calvillo

4 weeks

Ages: 1-5 with Adult

Day: Thursdays

Date: 4/10-5/1

Time: 10:00-11:00 am

Location: Community Center

R/NR Fee: \$25/\$35

Register By: 4/3

Min 6/Max 12

Code: 282103A



Wildchild Art

Does your child love art projects? Interested in learning about nature? Explore the world of art with nature and recycled materials in this fun afternoon class. Students will use a variety of found and re-purposed materials to make unique projects. Projects include planting seeds in recycled containers, wind chimes, stepping stones and painting with plant pigments.

Instructor: Kelly Calvillo

4 weeks

Ages: 6-12

Day: Mondays

Dates: 4/7-4/28

Time: 4:00-5:30 pm

Location: Community Center

R/NR Fee: \$35/\$45

Register By: 3/31

Min 6/Max 12

Code: 282104A

It starts with a seed

Are you ready to get dirty? In this 100% hands-on class, students will learn how to mend the soil to prepare for seeds at Brocato Playground/Garden. After carefully sectioning off the garden to conform with "garden plans" for crop rotation, we will begin the planting of cool weather crops. Weather permitting, class will be held at Brocato Playground/Garden.

Instructor: Marlene Comella

8 weeks

Ages: 6-12

Day: Tuesdays

Date: 4/8-5/27

Time: 4:00-5:00 pm

Location: Brocato Playground/Garden

Rain Location: Community Center

R/NR Fee: \$5/\$15

Register By: 4/1

Min 6/Max 12

Code: 282101A



Spring Youth Soccer Training Program

This instructional training program will be for both beginners and advanced. Kids' all around safety will come first! Hands on safety instruction will be taught to participants where you'll learn proper body position of feet, knees, arms, neck and head. Fundamental soccer methods and techniques will also be taught at all skill levels. Participants will learn body balance, first step directional movements, header, goalie positioning, ball handling, sportsmanship and much more!

9 weeks

Ages: 4-7

Day: Tuesdays,Thursdays

Dates: 4/8-5/29

Time: 4:00-5:00 pm

Location: Jefferson Field

R/NR Fee: \$50/\$55

Register By: 3/29

Min 40/Max 60

Code: 202906A

Ages: 8-11

Day: Tuesdays,Thursdays

Dates: 4/8-5/29

Time: 6:00-7:00 pm

Location: Jefferson Field

R/NR Fee: \$50/\$55

Register By: 3/29

Min 40/Max 60

Code: 202906B

Ages: 12-14

Day: Tuesdays,Thursdays

Dates: 4/8-5/29

Time: 7:00-8:00 pm

Location: Jefferson Field

R/NR Fee: \$50/\$55

Register By: 3/29

Min 40/Max 60

Code: 202906C

Spring Youth Soccer League

Calling all soccer enthusiasts! Don't wait another minute and register today to the North Berwyn Park District's Spring Soccer League. This league will be for kids of all skill levels from ages 4-14. Games will be played in the evenings and weekends. No team, no worries; we will find the right fit for you. All participants will receive awards at the end of the season.

***NOTE:** Game schedules TBA

9 weeks

Ages: 4-14

Day: Wednesdays, Fridays, Saturdays

Dates: 4/7-5/31

Time: TBA

Location: Jefferson Field

R/NR Fee Team: \$300/\$350

R/NR Fee Individual: \$45/\$55

Register By: 3/29

Min 40/Max 60

Code: 202903



Adults



Salsa & Merengue

The name "Salsa" correctly describes the name of this dance: HOT!, danced correctly, there's a lot of shakin', shimmying and hip action going on. In Merengue, the old saying is that if you can walk, you can dance. With one step taken to each beat of music, dancing Merengue is like marching. Add "Cuban motion" hip action, and these dance styles become sexy. Don't be deterred, you too can learn how to achieve all of this action.

Instructor: Adrian Del Toro

8 weeks

Ages: 16-Adult

Day: Tuesdays

Date: 4/8-5/27

Time: 7:15-8:15 pm

Location: the Studio

R/NR Fee: \$29/\$39

Register By: 4/1

Min 8/Max 16

Code: 192115A



Cumbia

Cumbia is an upbeat, fun and energetic dance style to learn. At the beginning of this class, you will be taught basic footwork and lead/follow techniques. In the latter part, we will continue the fundamentals as well as teach more advanced turn combinations. This class will have you WOW-ing in no time!

Instructor: Adrian Del Toro

8 weeks

Beginner

Ages: 16-Adult

Day: Wednesdays

Date: 4/9-5/28

Time: 7:15-8:15 pm

Location: the Studio

R/NR Fee: \$29/\$39

Register By: 4/2

Min 8/Max 16

Code: 192120A

Bachata

Sway your hips side to side and learn Bachata's fun and sexy moves! You'll learn the four-beat basic step plus turns and partnering techniques. No dance experience required. Fancier footwork patterns, body isolations and turn combinations will also be taught for those individuals who know the basics.

Instructor: Adrian Del Toro

8 weeks

Beginner

Ages: 16-Adult

Day: Thursdays

Date: 4/10-5/29

Time: 7:15-8:15 pm

Location: the Studio

R/NR Fee: \$29/\$39

Register By: 4/3

Min 8/Max 16

Code: 192116A

Cardio Box Martial Arts

Come float like a butterfly and sting like a bee! This class is a boxing-style workout with a martial arts influence, incorporating calisthenics and pad work to build stamina and confidence, as well as enhancing cardiovascular fitness and agility.

Instructor: Michel Richmond

8 weeks

Ages: 16-Adult

Day: Saturdays

Dates: 4/12-6/7*

Time: 10:15-11:15 am

Location: Community Center

R/NR Fee: \$29/\$39

Register By: 4/5

Min 8/Max 12

Code: 171111B

*No Class 4/19

Self-Defense for Women

Don't be a victim! Learn to protect yourself through this four-week program in which participants will be taught practical, yet effective prevention, escape and striking techniques. Take home materials are included and a certificate of completion will be awarded at the last class. NOTE: Please wear loose and comfortable clothing.

Instructor: Randy Dittman

4 weeks

Ages: 15-Adult

Day: Thursdays

Dates: 5/8-5/29

Time: 7:30-8:30 pm

Location: Lincoln School Gym

R/NR Fee: \$35/\$45

Register By: 5/1

Min 6/Max 20

Code: 172404A

Yoga

Ideal for the beginner or intermediate student, this class will help you develop strength, stamina, flexibility and balance control. You will also be introduced to basic postures and stretches. Mats are provided or you may bring your own.

Instructor: Carol Olsen

8 weeks

Ages: 16-Adult

Day: Tuesdays

Dates: 4/8-5/27

Time: 7:15-8:15 pm

Location: Community Center

R/NR Fee: \$45/\$55

Register By: 4/1

Min 6/Max 12

Code: 172115A

Boot Camp

An intense cardiovascular and strength class designed to increase stamina, strength and muscle tone. This effective workout for men and women will help you reach your fitness goals!

Instructor: Michel Richmond

8 weeks

Ages: 16-Adult

Day: Thursdays

Dates: 4/10-5/29

Time: 7:15-8:15 pm

Location: Community Center

R/NR Fee: \$29/\$39

Register By: 4/3

Min 8/Max 12

Code: 172116A

Ages: 16-Adult

Day: Saturdays

Dates: 4/12-6/7*

Time: 9:00-10:00 am

Location: Community Center

R/NR Fee: \$29/\$39

Register By: 4/5

Min 8/Max 12

Code: 172116B

*No Class 4/19

Beginner/Intermediate Pilates

Imagine taking a deep breath and feeling your body filled with energy, moving fluidly without stiffness or pain. Pilates can deepen your breathing, increase your energy level, strengthen your spine and reduce or eliminate back pain and stiffness. It is a low impact exercise method that both strengthens and stretches all the muscles of the body. This class will cover the beginning and intermediate mat series of exercises, incorporating the key Pilates principles, and is suitable for both beginning and experienced students. Please bring a towel for head/back support and wear comfortable clothing. Mats are provided or you may bring your own.

Instructor: Len Palombi, PMA-CPT

8 weeks

Ages: 16-Adult

Day: Mondays

Date: 4/7-6/2*

Time: 7:30-8:30 pm

Location: Community Center

R/NR Fee: \$45/\$55

Register By: 3/31

Min 8/Max 12

Code: 172122A

*No Class 5/26



Adults

Zumba

Zumba fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic fitness program to blow you away. Zumba workouts achieve long term benefits while experiencing an absolute blast in one exhilarating hour of caloric-burning, body-energizing, inspiring movements meant to engage and captivate for life! Routines feature interval training sessions where fast and slow rhythms, and resistance training are combined to tone and sculpt your body while burning fat. It's the most fun you'll have working out. Come join the party!

8 weeks

Instructor: Christine DeAlba

Ages: 16-Adult

Day: Mondays

Dates: 4/7-6/2*

Time: 9:30-10:30 am

Location: Community Center

R/NR Fee: \$35/\$45

Register By: 3/31

Min 10/Max 20

Code: 172113A

*No Class 5/26

8 weeks

Instructor: Oneyda

Ages: 16-Adult

Day: Tuesdays

Dates: 4/8-5/27

Time: 7:00-8:00 pm

Location: Community Center

R/NR Fee: \$35/\$45

Register By: 4/1

Min 10/Max 20

Code: 172113B

8 weeks

Instructor: Christine DeAlba

Ages: 16-Adult

Day: Wednesdays

Dates: 4/9-5/28

Time: 9:30-10:30 am

Location: Community Center

R/NR Fee: \$35/\$45

Register By: 4/2

Min 10/Max 20

Code: 172113C

Step Fit

Are you looking for a solid all-around workout with very little stress on your joints? This low impact aerobics class can do just that, burn unwanted fat while toning and building muscle. Get that healthy body you've been wishing for, you owe it to yourself! Remember to bring a water bottle and towel to class.

Instructor: Nancy Fitz

8 weeks

Ages: 16-Adult

Day: Mondays, Wednesdays

Dates: 4/7-6/2*

Time: 6:45-7:45 pm

Location: Community Center

R/NR Fee: \$49/\$59

Register By: 3/31

Min 8/Max 15

Code: 172106A *No Class 5/26

Tae Kwon Do for Adults

Beginning students will learn the fundamentals of the Korean art of self-defense. Returning students will receive advanced instruction and will have the opportunity for promotion to the next belt level. This class also serves as a great work out!

Instructor: Randy Dittman

8 weeks

Ages: 13-Adult

Day: Mondays, Wednesdays

Dates: 4/7-6/4*

Time: 7:45-8:45 pm

Location: Lincoln School Gym

R/NR Fee: \$59/\$69

Register By: 3/31

Min 6/Max 25

Code: 172403A *No Class 4/16, 4/21 & 5/26

Zumba Step

Take lower body workouts and calorie burning to new heights with Zumba Step! Tone and strengthen glutes and legs with a gravity-defying blend of Zumba routines and step aerobics. This class will give you maximum results without losing the easy-to-follow fitness party!

Instructor: Rosemary Spizzirri

8 weeks

Ages: 16-Adult

Day: Thursdays

Dates: 4/10-5/29

Time: 7:00-8:00 pm

Location: Community Center

R/NR Fee: \$39/\$49

Register By: 4/3

Min 8/Max 15

Code: 172113D



Cardio Dance

This dance-based cardio class is for those who want to listen to great music and learn basic movements. Cardio Dance will incorporate a variety of low to medium impact moves to a wide range of high-energy beats.

Instructor: Christine DeAlba

8 weeks

Ages: 55+

Day: Mondays

Dates: 4/7-6/2*

Time: 10:45-11:30 am

Location: Community Center

R/NR Fee: \$25/\$35

Register By: 1/20

Min 8/Max 16

Code: 162110A *No Class 5/26

Tai Chi

This ancient exercise system is being widely recognized to support wellness by releasing stagnation, improving energy awareness and relieving stress through mindful movements and proper breathing. The first half hour of the class you will be learning Chi Gong and the second, you will be focusing on Tai Chi.

Instructor: Beatrice DeFranco

8 weeks

Ages: 55+

Day: Tuesdays

Dates: 4/8-5/27

Time: 11:30 am-12:30 pm

Location: Community Center

R/NR Fee: \$25/\$35

Register By: 4/1

Min 12/Max 20

Code: 162109A

Zumba Gold

Zumba Gold is a fun and exciting class especially designed for active older adults. You can improve your muscle endurance, strength, flexibility, balance and agility all while dancing to vibrant music! Don't miss your chance to be part of the hottest dance-fitness trend around!

Instructor: Rosemary Spizzirri

8 weeks

Ages: 55+

Day: Fridays

Dates: 4/11-6/6*

Time: 10:00-10:45 am

Location: Community Center

R/NR Fee: \$25/\$35

Register By: 4/4

Min 10/Max 20

Code: 162108A *No Class 4/18

Gentle Yoga

Stretch the spine, strengthen the core, relax your joints and deepen your breath? Relieve stress and balance your body. This class is for anyone who wants to practice yoga but is uncomfortable with the traditional mat class. Do not underestimate the ability to access the benefits of yoga from a chair. As the class advances, mat work will be introduced and modified to satisfy the level of the participants. If you have a strap please bring it to class. Everyone please bring a blanket. Yoga blocks and mats are provided.

Instructor: Beatrice DeFranco

8 weeks

Ages: 55+

Day: Thursdays

Dates: 4/10-5/29

Time: 11:30 am-12:30 pm

Location: Community Center

R/NR Fee: \$25/\$35

Register By: 4/3

Min 12/Max 20

Code: 162107A



Adults

Female Spring/Summer Soccer League

Female soccer league is very popular amongst young girls and even moms! It's a great fitness sport for those females who enjoy a group workout, we encourage you to organize a team, but if you don't have a team we can place you in one.

14 weeks

Ages: 18-Adult

Day: Sundays

Dates: 4/27-7/13

Time: 9:00 am-5:00 pm

Location: Jefferson Field

R/NR Fee: \$300/\$350 per team

R/NR Individual Fee: \$45/\$50

Register By: 4/22

Min 30/Max 50

Code: 202904A

Adult Spring/Summer Soccer League

Register your team for the Spring 2014 Tournament - This is the year of the World Cup so let's see your talent. This is a very popular sport and you'll compete against the best teams from the city and nearby suburbs. You will compete 9 vs. 9 under turf grass. Space is very limited for this league, reserve your spot today. 12 teams allowed.

14 weeks

Ages: 18-Adult

Day: Sundays

Dates: 4/27-7/13

Time: 9:00 am-5:00 pm

Location: Jefferson Field

R/NR Fee: \$300/\$350 per team

Register By: 4/22

Min 8/Max 12

Code: 202905A



Acting Techniques

This class is designed to explore the art of the actor. Students will study basic principles of acting and character analysis and will explore the use of objectives, obstacles and choices. You'll learn basic stage and rehearsal terms, as well as theatre etiquette. Students will prepare a two person short acting scene for presentation on the last day of class.

Instructor: Michele DiMaso

8 weeks

Ages: 18+

Day: Thursdays

Dates: 4/10-5/29

Time: 6:00-6:50 pm

Location: Cultural Center/
16th Street Theater

R/NR Fee: \$85/\$95

Register By: 1/25

Min 5/Max 10

Code: 262810A

Intro to Acting

Always wanted to be on stage? Now you can learn the skills to get you there. Each student will learn a short piece - the same one - and through that learn what makes us different and what makes us alike. This 8 week class will end with a performance of your work.

Instructor: Michele DiMaso

8 weeks

Ages: 8-10

Day: Saturdays

Dates: 4/12-5/31

Time: 10:00-10:50 am

Location: Cultural Center/
16th Street Theater

R/NR Fee: \$65/\$75

Register By: 4/5

Min 5/Max 10

Code: 262811A

Ages: 11-13

Day: Thursdays

Dates: 4/10-5/29

Time: 4:00-4:50 pm

Location: Cultural Center/
16th Street Theater

R/NR Fee: \$65/\$75

Register By: 4/3

Min 5/Max 10

Code: 262811B

Basic Acting

This class is for those who wish to take it to the next level and gain an understanding of basic acting principles and techniques. Students will learn basic voice and movement skills and will explore the creative aspects of character development. You'll learn to work in an ensemble environment. Finally, students will demonstrate and apply their understanding of the acting process through the experiential performance of scenes and/or monologues.

Instructor: Michele DiMaso

8 weeks

Ages: 14-18

Day: Thursdays

Dates: 4/10-5/29

Time: 5:00-5:50 pm

Location: Cultural Center/
16th Street Theater

R/NR Fee: \$75/\$85

Register By: 4/3

Min 5/Max 10

Code: 262811C

North Berwyn
Park District's

16th STREET THEATER

HOW TO BE GOOD SeasonSeven2014



BY ANDREA THOME DIRECTED BY ANN FILMER

APRIL 3 - MAY 10

Exiled from Chile to the strange land of Reagan-era Wisconsin, two young sisters must create imaginary worlds to uncover the story of their family's past. Traveling through fantasies of glaciers, talking bears and Nazi-fighting revolutionaries, **Pinkolandia** is a play about growing up - because sometimes, when you lose your country, you have to invent your own.

A rolling premiere in collaboration with New York's Lark Play Development Center.

www.16thstreettheater.org



Movies in the Afternoon

NOW on a BIG screen! Don't miss out and join us for Movie Fridays at the Community Center! It's a great way to get away from your daily routine and enjoy a flick with other seniors in the community.

No registration is necessary, walk-ins are always welcome.

Fridays

1:30 pm

Community Center

FREE!

APRIL 4

Enough Said, 2013, Comedy, PG-13, 93 min.

MAY 2

The Book Thief, 2013, Drama, PG-13, 131 min.

JUNE 6

Delivery Man, 2013, Comedy, PG-13, 103 min.

JULY 11

Last Vegas, 2013, Comedy, PG-13, 105 min.

AUGUST 1

Philomena, 2013, Drama, PG-13, 94 min.

Pick up movie descriptions at the Community Center, 1619 Wesley Ave.



B I N G O

Mondays

1:30-3:00 pm

Join our fun bingo group
for snacks and prizes.
No registration
necessary.

Gala Celebrations

Come socialize and have a good time with other seniors in the community! These special socials always include a delicious lunch and great entertainment. Bring a friend or come alone, our friendly group of seniors are always happy to welcome new comers. Space is limited so make sure you register soon.

Tuesday, April 8

Spring & Shout

11:00 am - 1:00 pm

Fee \$13

Community Center

Entertainer:

Bob Kalal

162101A

Tuesday, June 10

Summer Fun

11:00 am - 1:00 pm

Fee \$13

Community Center

Entertainer:

Nora Drysch

163101A



Join a Friendly Bunch!

Club 55

Breakfast/Lunch

These trips are NBPd's most popular outings and are sure to **fill up fast**...So what are you waiting for? GO REGISTER! If there's a restaurant you've always wanted to go to, drop off your suggestions at the front desk. Lunch or breakfast is on your own. Lunches & breakfasts are once a month and sometimes a flat fee is required at registration vs. paying at the restaurant.

Breakfast Club

Chicago

Hashbrowns

Cuisine: American

Code	Day	Date	Time	Fee
161103C	Th	3/27	9:00-11:30 am	\$5

Fee includes transportation & escort.

Lyons

Egg Beater Cafe

Cuisine: American

Code	Day	Date	Time	Fee
162103A	Th	4/24	9:00-11:30 am	\$5

Fee includes transportation & escort.

LaGrange

Blueberry Hill Breakfast Cafe

Cuisine: American

Code	Day	Date	Time	Fee
162103B	Th	5/29	9:00-11:30 am	\$5

Fee includes transportation & escort.

Chicago

Ann Sather

Cuisine: Swedish

Code	Day	Date	Time	Fee
163103A	Th	7/24	9:00-11:30 am	\$22

Fee includes transportation, breakfast & escort.

Let's Do Lunch!

Chicago

Wait List Only Russian Tea Time

Cuisine: Russian & Ukrainian

Code	Day	Date	Time	Fee
162102A	M	4/14	11:30 am-2:30 pm	\$45

Fee includes transportation, lunch & escort.

Chicago

Wait List Only Berghoff Restaurant

Cuisine: Austrian

Code	Day	Date	Time	Fee
162102B	M	5/12	11:30 am-2:30 pm	\$42

Fee includes transportation, lunch & escort.

Chicago

90 Miles Cuban Cafe

Cuisine: Cuban

Code	Day	Date	Time	Fee
163102A	M	6/9	11:30 am-2:30 pm	\$8

Fee includes transportation & escort.

Chicago

Emperor's Choice

Cuisine: Chinese

Code	Day	Date	Time	Fee
163102B	M	7/14	11:30 am-2:30 pm	\$22

Fee includes transportation, lunch & escort.



Includes meal in fee.

Oh no! The Trip is Canceled!

Registration Deadlines - It is very important that you register BEFORE the deadline - otherwise the trip may be canceled if we do not meet our minimum.

Important!

Please note that by law, the State of Illinois requires every passenger of a motor vehicle to wear a seat safety belt. NBPd has the right to refuse transportation to anyone who does not abide by this law.



Tips Adults

Drury Lane Theatre, Oakbrook Terrace

Les Miserables



Drury Lane will begin its 30th anniversary season with one of the world's most iconic musical classics. Based on Victor Hugo's novel, *Les Misérables* travels through three turbulent decades of 19th century France. Convict Jean Valjean is on the run, hunted relentlessly by Javert for breaking his parole. With revolution in the air and Javert closing in, Valjean has no choice but to fight for his life and sacrifice everything to protect the people he loves. *Please make your entrée selection of Tilapia or Chicken Asiago at time of registration.* Fee includes transportation, lunch, admission and escort.

Code	Day	Date	Time	Fee
LESM	W	4/16	10:30 am-5:00 pm	\$65
Min 18/Max 20			Register By: 3/21	

Lyric Opera, Chicago

Sound of Music

Enjoy the most popular family musical ever now on the opera stage! Maria leaves the convent to take over as governess for the seven children of Captain von Trapp. She captures their hearts - and the rest is history. The family's narrow escape from Austria on the eve of WWII is thrilling, inspirational and true. Fee includes transportation, Main Floor seats and escort.

Code	Day	Date	Time	Fee
SOUND	W	4/30	12:30-5:00 pm	\$69
Min 18/Max 19			Register By: 3/21	

Cadillac Palace, Chicago

Wizard of Oz

Click your heels together and join Scarecrow, Tin Man, Lion, Dorothy and her beloved dog Toto, as they journey through the magical Land of Oz. Re-discover the real story of Oz in this fantastic musical treat for all! Enjoy all the classics plus new songs by Tim Rice and Andrew Lloyd Webber. Fee includes transportation, Dress Circle seats and escort.

Code	Day	Date	Time	Fee
WIZA	W	5/7	1:00-5:00 pm	\$85
Min 18/Max 24			Register By: 4/11	

Oh no! The Trip is Canceled!

Registration Deadlines - It is very important that you register BEFORE the deadline - otherwise the trip may be canceled if we do not meet our minimum.

Shipshewana, IN

Shipshewana Flea Market

The small community comes alive with travelers from all over to visit this "do not miss" Hoosier tradition. Shipshewana will take you back in time to a friendly community in Indiana's Amish Country. Home to the Largest Flea Market in the Midwest, you can find hundreds of vendors selling everything from fresh fruit to handcrafted furniture. Don't forget to stop at one of the several restaurants serving delicious home-style Amish cooking! Fee includes transportation and escort.

Code	Day	Date	Time	Fee
SHIP	W	5/21	8:00 am-7:00 pm	\$25
Min 18/Max 24			Register By: 4/11	

Oriental Theater, Chicago

Motown, The Musical

The only show that lifts you out of your seat and into music history. *Motown, The Musical* is the true American dream story of Motown founder Berry Gordy's journey from featherweight boxer to the heavyweight music mogul who launched the careers of Diana Ross, Michael Jackson, Smokey Robinson and many more. Motown shattered barriers, shaped our lives and made us all move to the same beat. Now, experience it live on stage! Fee includes transportation, Dress Circle seats and escort.

Code	Day	Date	Time	Fee
MOTO	W	6/18	12:45-5:30 pm	\$95
Min 9/Max 24			Register By: 5/16	



Pheasant Run Resort, St. Charles

Sisters of Swing



This musical follows sisters LaVerne, Maxene and Patty Andrews from their early days on the road, through their rise as recording stars, to entertaining American GI's overseas, and finally dissembling over differences. The score intermingles over twenty hit songs like "Bei Mir Bist Du Schon," "Don't Sit Under the Apple Tree" and "Boogie Woogie Bugle Boy." *Please make your entrée selection of* **Pan Seared Chicken, Baked Salmon or Spinach Gnocchi** *at time of registration.* Fee includes transportation, lunch, admission and escort.

Code	Day	Date	Time	Fee
SWING	Th	6/26	10:30 am-5:30 pm	\$59
Min 18/Max 24				Register By: 5/23

Theatre at the Center, Munster, IN

The Beverly Hillbillies, The Musical



Granny, Jed, Jethro, Elly May, Mr. Drysdale and Jane Hathaway, all your favorites from the beloved 60's TV comedy, are back and this time they're singing! See this uproarious world premiere musical before anyone else. *Please make your entrée selection of* **Roast Loin of Pork or Chicken Epicurean** *at time of registration.* Fee includes transportation, lunch, admission and escort.

Code	Day	Date	Time	Fee
BEVE	W	7/16	10:30 am-6:00 pm	\$65
Min 18/Max 24				Register By: 6/20

White Fence Farm, Romeoville

Legacy Girls



Lace up your saddle shoes and get ready for those jukebox gems of the 50's and 60's! Join us as the Legacy Girls offer an energetic display of the musical varieties that captured the attention of teenagers across the nation. Get ready to reminisce with "Jailhouse Rock," "It's My Party," "Chapel of Love," and more! Prior to performance enjoy White Fence Farm's delicious fried chicken meal. Fee includes transportation, admission, lunch and escort.

Code	Day	Date	Time	Fee
LEGA	F	7/25	10:30 am-3:30 pm	\$49
Min 18/Max 24				Register By: 6/27



Includes Lunch in fee.

Chicago

Little Italy Tour



Enjoy this great Chicago neighborhood tour as you visit "Little Italy." Stops will include Our Lady of Pompei Church, Tuscany on Taylor for lunch and the National Italian Sports Hall of Fame. The tour will end downtown at the spectacular new "Eataly Chicago!" Eataly is the exciting Italian Marketplace of restaurants, food counters and retail shopping intertwined in a 62,000-foot wonderland. Fee includes transportation, tour and lunch.

Code	Day	Date	Time	Fee
ITAL	W	8/6	9:30 am-3:30 pm	\$79
Min 30/Max 40				Register By: 7/11

Navy Pier, Chicago

Odyssey Lunch Cruise



Join us aboard the Odyssey at Navy Pier for a delightful and entertaining lunchtime experience. Dance to live music or sit back and relax as Chicago's breathtaking skyline drifts past your table (boarding begins at 11:00 am). Fee includes transportation, admission, lunch and escort.

Code	Day	Date	Time	Fee
ODYS	W	8/20	10:00 am-3:00 pm	\$69
Min 18/Max 19				Register By: 7/11

Paramount Theater, Aurora

Donny & Marie

America's most celebrated brother and sister duo share the stage at the Paramount for a high-energy extravaganza with live music, dancing and singing. From their chart-topping hits including "Puppy Love," "Paper Roses" and "Leavin' it Up to You," to their sizzling choreography, to the gleaming costumes and their warm and playful personalities, this is the show you'll want to be a part of. Don't miss your chance to see how Donny and Marie light up the stage with a show that surpasses all other headliners in Las Vegas! Fee includes transportation, Main Floor seats and escort.

Code	Day	Date	Time	Fee
DONN	SU	8/31	11:45 am-3:30 pm	\$79
Min 18/Max 24				Register By: 7/25

Important!

Please note that by law, the State of Illinois requires every passenger of a motor vehicle to wear a seat safety belt. NBPD has the right to refuse transportation to anyone who does not abide by this law.

WSSRA

West Suburban Special Recreation Association

We've got a message for you!

As an extension of the North Berwyn Park District, WSSRA offers our residents therapeutic recreation programs. Persons with disabilities, of all ages and ability levels are served by WSSRA.

WSSRA programs are designed and supervised by Recreation Specialists who have educational backgrounds in working with persons with disabilities.

WSSRA offers a variety of seasonal recreational programs for people with disabilities of all ages. Programs include:

- Yoga
- Bowling
- Overnight Camping Trips
- Swimming Lessons
- Zumba
- Movie Nights
- Special Olympics
- Day Camp
- ... and much more



Day Camp 2014

Be on the lookout for our day camp registration form in the 2014 winter-spring program brochure. Registration begins in January and the spots fill up fast!



For more information about joining a WSSRA program call 847.455.2100 or visit wssra.net.
Para mas informacion, por favor llame a Noelia a 847.455.2100

Don't Wait...

Don't wait to the last minute to register for your favorite classes and programs! If the class/program is not at its minimum by the "Register by" date, the class/program runs the risk of being cancelled.

Refunds & Credits

The North Berwyn Park District will grant refunds/credits for classes/programs as follows:

Prior to the first scheduled meeting.....Total fee
Before the second scheduled meeting...75% of fee
Before the third scheduled meeting.....50% of fee
After the third scheduled meeting.....No
refunds/credits

For TRIPS, refunds/credits will not be given after the "Register by" date or unless a replacement can be found.

Equal Access

No participant shall, on the basis of race, sex, creed, national origin or disability, be denied equal access to programs, activities, services or benefits, or be limited in the exercise of any right, privilege, advantage or opportunity. For special accommodations on a trip, please inform NBPDP before the trip's registration deadline.

Waiting List

We encourage you to place your name on the waiting list for a program or trip with no more open spaces, because we will always try our very best to accommodate a larger group if possible. No payment is required to be placed on the waiting list.

Bad Weather?

Programs may be cancelled due to severe or prohibitive weather. If a program is cancelled, all participants will be notified and a maximum of one session per program will be rescheduled if possible. Note that for special events a rain date may or may not be scheduled. If you have any questions please contact us at (708) 749-4900.

Volunteer Opportunities

We're always looking for volunteers! If you love working with people then we want you! Take fun trips or lead a social group! For more information on how you can be a volunteer, please contact Nancy Woods at (708) 749-4900 x11.

Gifts Certificates Available!

Give the gift of FUN! Gift certificates are available for all occasions, year-round, for any amount! Gift certificates may be used for any program or trip.

Photo Disclaimer

NBPDP may take photos and/or video coverage of its programs, special events and their participants. If you do not wish for your photograph and/or video to be used in our website, brochures, flyers or any other publication, please submit your request in writing.

Residency

Please note that persons residing outside of North Berwyn have different registration dates. North Berwyn boundaries are: north of Cermak between Harlem and Lombard. You are considered an in-district resident of the park district if you live in Berwyn. Everyone is welcome to participate in our programs, although sometimes higher fees may apply to people living outside of Berwyn.

Parking

Park District participants must utilize the south end of the Sokol Tabor parking lot. The lot is located directly behind (east) of the Community Center. Please note that Wesley Ave is reserved for resident parking only. NBPDP has 15 minute parking as well as handicap parking directly in front of the building on Wesley Ave, however, cars parked on Wesley Ave for more than 15 minutes will be ticketed.

Board Meetings

We value your opinions and suggestions. Berwyn residents are invited to attend board meetings held every second Thursday of the month at the Community Center @ 7 pm.

Pets

Take your dog for a walk through the dog-friendly, Berwyn Gardens. Don't forget to keep him/her on a leash. No pets allowed at all other North Berwyn Park District parks.

Lost & Found

The North Berwyn Park District is not responsible for any lost or stolen items. Lost and found items are kept for a limited time only. If you have lost something, please contact the front desk immediately.

Celebrate Your Party with Us!

Room Rentals

Reserve a room for your special event, rooms include tables, chairs, and clean-up. Arrive 30 minutes prior to rental time to add your own personal touch by decorating the room as you please. Room rentals are from 3:30-7:30 pm on Saturdays and 1:30-5:30 pm on Sundays.

Fee: \$125 Resident/\$150 Non-Resident

Refundable Security Deposit: \$50

Extended room rental hours 5:30-7:30pm: \$50/hr. Sundays only

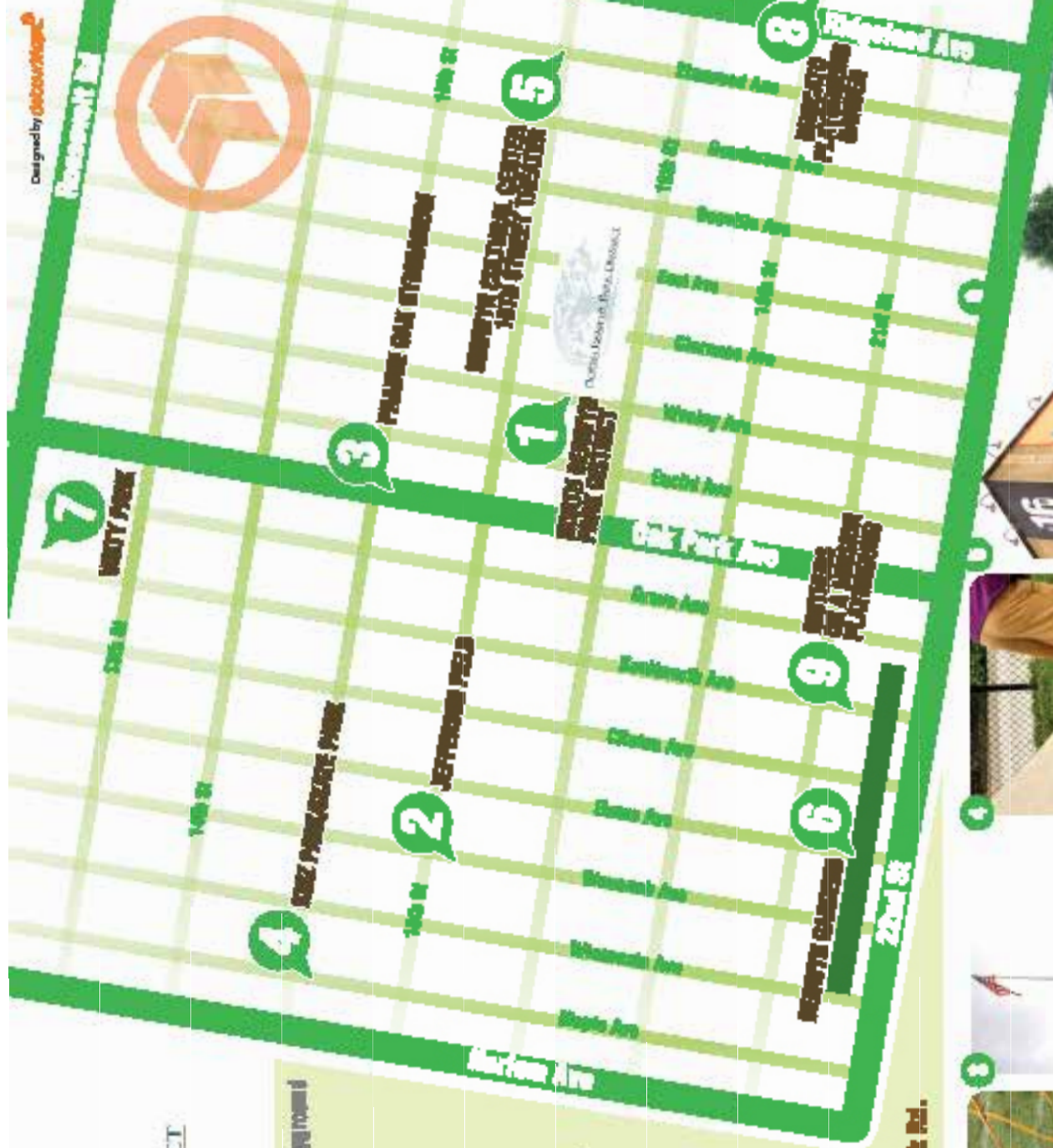
1. All Berwyn Residents Are Eligible to participate in the rental program.
2. All renters must fill out an application.
3. A valid driver's license or state I.D. is required to rent a facility or equipment.
4. All rental deposits may be paid with a check or cash. Checks must have preprinted address that matches address of the driver's license or state I.D. No starter checks may be used for the deposit.
5. All rental fees and deposits must be paid at the time rental application is processed. No dates will be reserved until the application is processed.
6. All renters must be 18 years of age.
7. Rental applications must be processed at least ten days in advance for facility rentals, and five days in advance for equipment rentals.
8. All rented facilities or equipment must be in reasonable condition after use, determination of the condition of the facility or equipment will be determined by the North Berwyn Park District. All renters agree to these terms by completing the application form for consideration of renting a facility or equipment from the North Berwyn Park District. Potential renters that do not agree to these terms should not submit a rental application.
9. The North Berwyn Park District reserves the right to deny any request for rental of a facility or equipment for reasons that may remain confidential. All park programs take precedence over any other event.
10. Rentals may be denied or cancelled at the discretion of the Executive Director without reason or explanation.
11. Any rules not specifically mentioned may be instituted at any time for the good of the North Berwyn Park District.



NORTH BERWYN PARK DISTRICT

Parks and Facilities

- 1 Events • Variety of Classes • Spray Pool • Playground
1818 South Wesley Avenue
- 2 Soccer • Flag Football
18th and Wisconsin Avenue
- 3 Soccer • Volleyball • Basketball
Tennis • After School Programs
14th and Oak Park Avenue
- 4 Playground • Skate Park
15th and Maple Avenue
- 5 Art Center • Year-round 18th Street Theater
8430 West 18th Street
- 6 Gardens • Playground • Gardens • Playsets
Brown Ave thru Wisconsin Ave
just north of Carmack Road
- 7 Playground
1227 Kenilworth Avenue
- 8 Playground • Garden • Dance Studio
18th & Cuyler Avenue
- 9 Playground
Kenilworth Avenue just north of Carmack Rd.



Time to think GREEN!

Saturday, April 12
9:00 am-12:00 pm



PICK A PROJECT!

Beautify your block or community,

you make the choice, **You make a difference!**
Register your team for a chance to win a prize. Call (708)749-4900
or visit www.nbpd4fun.org to download our registration form.
Register by March 31st.

ELECTRONIC RECYCLING

Drive by and drop off your items at Berwyn Gardens
located between Clinton & Home Avenues
just North of Cermak Road, between 9 am-12 pm.
For a list of accepted items visit www.nlerinc.com

GARDEN & PLAYGROUND

Prepare Brocato Garden for planting, add mulch to
the playground or participate in a nature activity.

Friends, Family and Neighbors
Volunteer. Recycle. Participate.
You make a DIFFERENCE!

