

COVID-19 Community Message

The health and safety of the community visiting the tennis facilities we manage and the health of our staff are our number one concern and priority. We are following the latest advice from the Australian Government and NSW Health to keep the community and our staff safe.

We understand how important it is to exercise and get fresh air. Please continue to use the tennis facilities for your health and enjoyment but make sure to follow the latest guidelines on hygiene and social distancing (staying at least 1.5 metres away from anyone) which are provided by NSW Health and the Australian Government.

We are currently able to provide tennis court hire for a maximum of 2 players per tennis court and private lessons (1 player plus a City Community Tennis coach). Social tennis, competitions and other group lessons are temporarily unavailable.

Please stay home if you or your children have a

- fever
- cough
- sore throat
- runny nose
- difficulty breathing

Staff are advised not to come to work if they have any symptoms of a respiratory illness. We implemented many additional cleaning practises and procedures to our normal operations and are following them diligently.

Should you, a family member or your child(ren) suspect you have symptoms of COVID-19 please contact a doctor or call Healthdirect on 1800 022 222 immediately and also let us know.











Please also note

- We do not hire tennis racquets, please bring your own
- We are not accepting cash at the Pro Shop in Surry Hills
- We do not re-fill water bottles from our staff sink
- Please do not enter our work space areas
- Wear a glove or use a tissue to enter your PIN code into the security gate
- Only the tennis players permitted on the courts, no bystanders or parents
- Please exit at your scheduled time
- Do not enter the courts until the previous players have exited
- Maintain a social distance of 1.5 metres between others at all times

Thank you for following the directions of our coaches and staff who have all received training in COVID-19 health information and are advised daily on the latest health alerts from NSW Health to keep themselves and you safe.

IMPORTANT HOME ISOLATION INFORMATION

- If you have been overseas recently do NOT come to the tennis centre, you need to be in quarantine for 14 days from the day you returned
- If you have been in contact with a person with a COVID-19 infection while they were ill, you need to be isolated for 14 days after you last saw that person
- This applies to everyone, even if you have no symptoms
- People undergoing 14 home isolation must separate themselves from other people in the home
- If anyone in the home develops symptoms, wear a surgical mask while in the presence of other household members

<h3>COVID-19</h3> <h4>Identifying the symptoms</h4>				
Symptoms	Covid-19 Symptoms range from mild to severe	Cold Gradual onset of symptoms	Flu Abrupt onset of symptoms	
 Fever	Common	Rare	Common	
 Cough	Common (usually dry)	Mild	Common (usually dry)	
 Fatigue	Sometimes	Sometimes	Common	
 Aches and pains	Sometimes	Common	Common	
 Sore throat	Sometimes	Common	Sometimes	
 Headaches	Sometimes	Rare	Common	
 Shortness of breath	Sometimes	No	No	
 Runny or stuffy nose	Rare	Common	Sometimes	
 Diarrhoea	Rare	No	Sometimes for children	
 Sneezing	No	Common	No	

Source: WHO, Centers for Disease Control and Prevention

For more information on COVID-19 or home isolation consult the NSW Health Website Factsheets or call the National Coronavirus Health Information line on 1800 020 080

If you have any concerns, please feel free to contact our Member Protection Officer, Marita Morgan via E: marita@citycommunitytennis.com.au.

For the latest Tennis Australia and Tennis NSW updates on COVID please visit the websites below or copy and paste these URLs into your browser:

<https://www.tennis.com.au/nsw/files/2020/04/TNSW-COVID-19-Community-Tennis-Guidelines-for-Continued-Play-9-April.pdf>

<https://www.tennis.com.au/nsw/clubs/health-alert>

Please also visit the Australian Government and NSW Health websites for the most up to date health information so that you can continue to enjoy your tennis and stay well!

<https://www.nsw.gov.au/covid-19>



Protect yourself from viruses



Clean your hands with soap and water, or hand sanitiser.



Cover your nose and mouth when you cough or sneeze.



Avoid close contact with anyone with cold or flu-like symptoms.

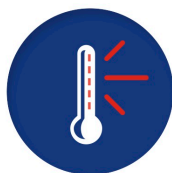


Stay home if you are sick.



Find the facts

health.nsw.gov.au/coronavirus



If you have a
**fever, cough,
sore throat
or shortness
of breath** and
you have been
overseas in the
last 14 days



Please **call your doctor** or
healthdirect (1800 022 222)