

# May

# 1

## Pajamas all Day!

# Virtual

## Kids

# Activities



### Craft - Make our own Starry Night like Vincent Van Gogh

Starry Night is one of the most recognized pieces of art in the world. It is absolutely everywhere, too. It can be seen on coffee, mugs, t-shirts, towels, magnets, etc. Honestly, it sometimes feels as if the painting's fame has exceeded that of its creator. It is a magnificent piece of art. That Starry Night resonates with so many people is a testament to how its beauty is timeless and universal. Take a picture of your painting and add it to our comments!!

To learn more about the Starry Night and Vincent Van Gogh follow the link

<https://www.vangoghgallery.com/painting/starry-night.html>

#### Materials:

- Watercolor Paper
- Crayons or Oil Pastels
- Watercolors (liquid, pan or tube watercolors)
- Salt
- Paint Brush

#### Directions:

1. Using a piece of watercolor paper, yellow and white oil pastels or crayons, mimic the swirls that you see in Van Gogh's Starry Night. You can also use a black oil pastel to draw the town at the bottom of the painting. This painting focuses a lot on the flow and direction of the paint strokes to create a sense of movement in the painting, so you will want to keep that in mind. Use yellow oil pastels to create the stars and moon, and feel free to add in any other elements to your painting to personalize it. Keep in mind that anywhere you put your oil pastel will repel any watercolor paint that you put on top.
1. Now start painting with your watercolors! Keep in mind that the more water you use the lighter your color will be. It is best to start painting in your light blue color first. Try to avoid the areas where you will want to put in other colors. After you get your light blue put in, begin to add in some darker blue by using less water. Then you can go over some areas with purple to create a little dimension.
2. Then you can paint in your stars or any other elements you added to your painting. If desired, and while the painting is still wet, you might want to sprinkle some table salt onto the sky part of your painting, it will create a starry looking bursting effect as the salt melts into the paint- just don't put too much!



## Virtual Exploration - Secret Agent 23 PILLOW FORT PILLOW FIGHT

Check out this cool video, then grab a pillow and join in the fun!

[https://www.youtube.com/watch?v=KJ\\_fwMST3LM](https://www.youtube.com/watch?v=KJ_fwMST3LM)



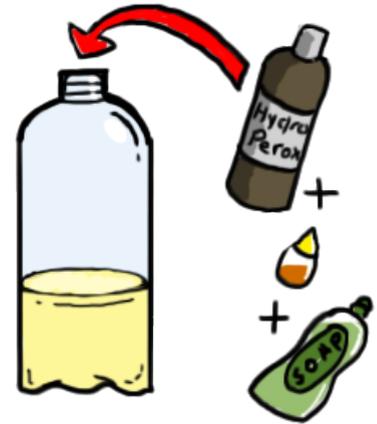
## Science Activity - Elephant Toothpaste

Put on your lab coats, gloves and safety glasses to observe this amazing reaction that produces a lot of foam and a bit of heat too. Science is awesome!

Take a picture of your results and add them to our comments!!

Follow the link for the recipe

<https://sciencebob.com/fantastic-foamy-fountain/>



## Daily Challenge - Create a Blanket Fort

Learn how to make a blanket fort and see creative blanket fort ideas. Whether you've never learned how to build a blanket fort, or you're just looking for blanket fort ideas, this guide to building blanket forts has everything you need.

[https://www.realsimple.com/work-life/family/kids-parenting/blanket-fort?utm\\_source](https://www.realsimple.com/work-life/family/kids-parenting/blanket-fort?utm_source)

Show us your fort - use items you have around your house - be creative!

Take a picture when you're done then add them to our comments!!

## Let's Stay Active - Calm Kids: Full Body Stretch

This video is a great selection of stretches that will help your whole body feel relaxed.

<https://www.youtube.com/watch?v=xELgfiXSw-s&feature=youtu.be>

