



# Adare Bord na nÓg Newsletter



**Willie Griffin  
Senior Hurler**

## Welcome



As the 2020 season kicks off, we would like to take this opportunity to thank our sponsors, coaches, parents, volunteers and most important of all, the children for their commitment and support of Adare Bord na nÓg last year.

This year we have already invested time in creating a Code of Conduct and Ethos which is committed to supporting your child in developing valuable skills through Gaelic games such as teamwork, communication, leadership and life-long friendship. Parents will have received this at registration and you can also find it on the Adare GAA Website.

Our vision is that every member of our club is welcomed to take part in our games, to participate fully, to grow and develop and to be inspired to keep a lifelong engagement with our club.

Our mission is to provide a safe, holistic and nurturing environment for all our young people to enjoy Gaelic Games. We aim to encourage our young people to develop and achieve their full potential in our games through enjoyment and mutual respect.

As the Spring training season kicks off, we look forward to seeing you pitch side.

**Q1. Biggest influence on your sporting life?**  
My parents Andrew and Mary.

**Q2. What advice would you give your 12 year old self?**  
Practise as much as possible and enjoy playing.

**Q3. What is the biggest learning you had during your under age years?**  
You will achieve much more by working in a team than as an individual and to encourage all teammates.

**Q4. What's the most important skill?**  
First touch and being able to strike off both sides.

**Q5. What does it take to be a great team player?**  
Practise to be the best you can be and then help and encourage your teammates to do the same. Lead by example for your teammates in your attitude how you practise.

**Q6. Which one of your team mates has the smelliest socks?**  
Sean Hogan since I sit beside him in the dressing room. 😂

**Q7. Which one of your team mates is the best dancer?**  
Jody Hannon, just for the energy he has alone. 😂

**Q8. Which team mate is the ref's favourite?**  
David O'Mahoney, charmer!!!

**Q9. What is the one thing people wouldn't know about you?**  
My favourite singer is Christy Moore 🎧



# Noticeboard



Social Media is a very important resource in promoting our Club and communicating with parents and the wider Community.

We would much appreciate if you could follow, like, share all posts on our Facebook, Instagram and Twitter on **Adare GAA**.



## Picking The Correct Hurley

1. Stand straight with your hands by your side.
2. Measure from the ground to your wrist bone and this will determine the correct size.
3. If your child can lift the hurley and use it like a pretend sword, it is the right weight

Too small is better than too big!!

Luke and Daniel Madden & Shane and Darragh Gleeson competed in the County Finals on Sat 22<sup>nd</sup> Feb.

Darragh, Luke & Shane will represent Limerick in the Munster Championships

WELL DONE EVERYONE



## Training

Cappagh Handball Alley  
Tuesdays - 6pm

All Underage Welcome

# HANDBALL



Adare GAA Kit is available in Kids and Adult sizes on [www.oneills.com](http://www.oneills.com)

# A BIG Thanks to our Sponsors!



Adare Carpet & Upholstery  
(087) 2791260



## Adare Bord na nÓg Spring Training Manor Fields All-Weather

### Hurling

6 week Spring Hurling started on Friday the 21<sup>st</sup> February.

7-8pm: U6, U8 & U10

8-9pm: U12 & U14

€15 each / €25 per family

### Football

Wednesday 4th March from 6:30 - 7:30pm

U6/U8: 6 weeks start 18th March

U10: 6 weeks start 4th March

U12: 4 weeks start 4th March

€10 for 4 weeks & €15 for 6 weeks / €25 per family max

New members always welcome at any stage.

Please bring your own water and wear warm clothes.

Registration forms will be available for those who were unable to make registration.



U6 Hurling Manager: Aidan Barrett (086-4007202)

U8 Hurling Manager Ed Joyce (086-3790862)

U10 Hurling Manager John Duggan (087-2556012)

U12 Hurling Manager Marcus Doran (087-8275459)

U14 Hurling Manager Billy Heffernan (087-6574673)

U16 Hurling Manager Joey Hickey

U6 Football Manager Declan Quaid (087-7191528)

U8 Football Manager Shane Russell (087-6741354)

U10 Football Manager Myles Kane (087-6540002)

U12 Football Manager Joe McCarthy (087-9031339)

U14 Football Manager Don Ryan (087-2618145)

U16 Football Manager Bill Supple (087-9780649)

Child Liaison/Welfare Officer: Louise O'Mara (087-9528099)