



VOUS KIDS LESSON

September 13th, 2020

THIS MONTH'S HERO OF THE BIBLE: **JONAH**

Hi parents!

Thank you so much for checking out our Heroes Lesson! We are so excited to share another week of VOUS Kids Online! We miss getting to see you, but are so excited for what God is doing in your homes.

*This month we will be teaching your Heroes about the incredible life of **OUR BIBLE HERO: JONAH**. We are so thankful we are able to provide you with everything you continue teaching the story of Jonah to your Heroes. We love you and are praying for your family today!*

Love,

The VOUS Kids Team

OVERVIEW OF TODAY'S LESSON:

BIBLE HERO: Jonah

MAIN POINT: God tells me where to go.

BIBLE STORY: **Jonah 2:1-10** Jonah Gets Swallowed By A Big Fish

WATCH VOUS KIDS ONLINE

Let's make this Sunday special! We want our Heroes to know church is so much fun. We have a FULL Heroes service prepared for your VOUS Kid. Check it out on our VOUS Church website or our VOUS Kids Youtube.

[VOUS KIDS ONLINE](#)



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DIVE IN! | BIBLE LESSON

Today our Bible Story is from **Jonah 2:1-10, Jonah Gets Swallowed By A Big Fish.**

Ways to dive in deeper to today's lesson:

1. Read **Jonah 2:1-10** together.
2. Discuss the story or the lesson videos and talk about what Jonah's story means to each of YOU!
3. Practice this month's memory verse together.

"God's way is perfect." **2 Samuel 22:31**

WRAP UP DISCUSSION

Lets see what our Heroes learned from today's lesson?

Choose from any of the following questions as a we wrap up our lesson

1. Who is our bible hero this month?
2. What is something we learned at church today?
3. What is something he did to serve Jesus this week?

Celebrate what your child shares about this Sunday!

PRAY TOGETHER AS A FAMILY

Be sure to finish today's lesson in prayer.

Dear God,

Thank you for everything you have done for us. Thank you for sending Jesus to save us. We trust you and we know that you are always with us no matter what! We declare today that "We are the Church." We are praying for anyone who may need your help right now. We love you!

In Jesus' name, Amen.



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RESOURCES FROM TODAY'S LESSON VIDEO:

WORSHIP

We loved getting to worship with you at VOUS Kids Online today. Worshipping Jesus is so much fun. Here are the songs we used today to worship. You can use them all week long to worship Jesus.

[REAL LOVE](#)

[ONLY WANNA SING](#)

MEMORY VERSE:

The Memory Verse is a great opportunity to pour into the lives of your Heroes. Let's continue practicing this verse all week long and encourage our VOUS Kids to love the word of God. This month our Memory Verse is from **2 Samuel 22:31**.

"God's way is perfect."

VIDEO ABOUT JONAH:

Here are some additional videos about Jonah's life. You can use them to continue teaching and discussing Jonah's life throughout the week.

[SADDLEBACK KIDS- JONAH](#)

ADDITIONAL PARENT RESOURCES:

Extra Worship Songs

[READY, SET, GO](#)

[GOOD, GOOD, FATHER](#)

[JESUS LOVES ME](#)



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Practice the Scriptures

Use these fun songs to help teaching your kids scripture:

[PROVERBS 3:5-6](#)

[JOHN 3:16](#)

Fun Game Ideas

[INDOOR GAMES TO PLAY AT HOME](#)

[KIDS GAMES FOR THE FAMILY](#)

Health and Safety

For more information about how to stay safe, check out these resources:

[CDC HOME & WORKPLACE GUIDANCE](#)

[WHAT TO DO IF YOU ARE SICK](#)

[MENTAL HEALTH & COPING WITH COVID-19](#)

How to Talk to your Kids about COVID 19

[SESAME STREET CARING FOR EACH OTHER](#)

[TALKING TO CHILDREN ABOUT COVID 19](#)

[COVID 19 ACTIVITY BOOK](#)