



# What to expect in hospital

Tips for when your loved one is  
hospitalised with brain injury.

# What might happen in hospital?

Hospitals are high stress, busy places and can be overwhelming. When your loved one sustains a brain injury, it is natural for family members and friends to feel lost and confused. You may find it difficult to make decisions or ask questions about treatment or care.

**These tips can help your family get the information you need:**

- **You have rights:** families are entitled to request meetings with the treatment team
- **Find out who is the best person to answer your questions:** it is perfectly OK to ask the health care team what is happening
- **You don't have to make decisions alone:** the hospital staff can help you find information and make decisions
- **Ask for an interpreter:** if English is your second language

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